

LENT

Pray + Fast + Give

REND YOUR HEARTS, NOT YOUR GARMENTS,
AND RETURN TO THE LORD, YOUR GOD.

JOEL 2:13



CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue
Norfolk, VA 23509

(757) 622-1120

FAX (757) 627-8808

Email: office@christthekingnorfolk.org

Website: www.christthekingnorfolk.org

PARISH STAFF

Pastor

Rev. Matthias Lusembo
757-622-1120 (office), 804-497-0876 (cell)
757-627-1723 (rectory)
frmatthias@christthekingnorfolk.org

Deacon

Rev. Mr. Michael Brown
michael.brown@christthekingnorfolk.org
757-622-1120 – By Appointment

Coordinator of Faith Formation & Youth Ministry

Janet Ficca
757-622-1120, ext. 15
faith@christthekingnorfolk.org

Minister of Music

B. J. Atkinson
music@christthekingnorfolk.org

Office

Cindy Nettleton, Secretary
Ann Hart, Accountant
757-622-1120
office@christthekingnorfolk.org

Parish Council Chair

Sandra Butterfield
samiam1964@cox.net

Principal, CTK School and Extended Care

Mrs. Kim V. Callahan, Ed.S
757-625-4951
kcallahan@ctkparish.org

Columbarium Manager

Linda Francis, 757-625-0548

PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.

Closed Friday

Closed daily for lunch: 12:00 noon-12:30 p.m.

Bulletin deadline Monday 10:00 a.m.

PARISH REGISTRATION

Welcome to Christ the King Parish.
We register new parishioners after every Sunday Mass in the Commons.
Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs.
Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister.
For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony.
Marriage Preparation for the couple is a requirement.

SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m.
in the church or by appointment

ANOIDING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

**Please consider your Parish Family
and/or School in your last will
and testament.**

EUCCHARIST IS CELEBRATED

WEEKENDS

Saturday – 5:30 p.m.

Sunday – 8:30, 11:00 a.m. and 5:00 p.m.

WEEKDAYS

According to Mass Schedule inside.

CTK VISION: To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

CTK MISSION: To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives.

CTK GOAL: Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

MASS INTENTIONS

FOR THE WEEK OF MARCH 8th TO 14th

Monday, 3/8	8:30 a.m.	O'Quinn Family (L)
Tuesday, 3/9	8:30 a.m.	
Wednesday, 3/10 (CTK School Only)	8:30 a.m.	Winifred Okobi (L)
Thursday, 3/11	8:30 a.m.	
Friday, 3/12		No Mass
Saturday, 3/13	8:30 a.m. 5:30 p.m.	Archie Duncan, Jr. (L) Catherine Okobi-Chiedu (L)
Sunday, 3/14	8:30 a.m. 11:00 a.m. (Livestream) 5:00 p.m.	Ben & Lou Vicente Anniversary Mariano Acevedo (D) Intentions of Parishioners



Please keep our sick & homebound parishioners in your prayers. If you know someone in need, please contact our office.

Register with CTK Parish:

Please remember that it is necessary to register with the parish for the pastor to recommend you or a dear one for Sacraments or Scholarships. Otherwise, the Pastor will have no authority to recommend you. Also, the use of your offertory envelopes indicates to the Parish that you may be eligible for reduced tuition at CTK School.

Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10 for a daily Mass & \$20 for a Sunday Mass.

Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$75 to \$125 but other options include cut flowers and plants.

The 11 a.m. Sunday Mass and all daily Masses are live streamed on CTK's Facebook page:

<https://www.facebook.com/ctknorfolkva>

NEXT SUNDAY'S READINGS

4th Sunday of Lent

March 14^h, 2021

1 Samuel 16:1b, 6-7, 10-13a

Psalms 23:1-6

Ephesians 5:8-14

John 9:1-41 or 9:1, 6-9, 13-17, 34-38

"That we may have faithful priests and consecrated religious to guide us just as Jesus was the light that came into the world, we pray to the Lord."

The **Office of Vocations** will be hosting discernment gatherings for young men who would like to discern the call to priesthood.

If you would like to attend, please email

vocations@richmonddiocese.org or

call (804)-359-5661.

Informal Discernment gatherings

are held the 1st Saturday of every month. They usually begin with Mass at 10:00 AM followed by a social event and lunch.



Our **Church Cleaning Teams** save the parish hundreds of dollars every month!

We have 3 teams that clean once a month. If you can spare 2 to 3 hours a month, please call **Germaine Wilson (853-6531)** as soon as possible.



CTK's *Legion of Mary*

meets on

Saturdays at 1:30 PM

in the Church Commons

For more details, contact Tess Rozelle
theroze0305@aol.com

New members are always welcome!



Adoration during Lent

Wednesdays

9:15 AM to 7:00 PM

Fridays

8:30 AM to 7:00 PM

Sign-Up Today!



THIS WEEK AT CTK

Cleaning Team 3	3/9	9:30 AM	Church
Virtual Rosary	3/9	7:00 PM	via phone (757-551-6414)
Bible Study - Hebrews	3/9	7:30 PM	Ashland House
Adoration & Vespers	3/10	9:15 AM – 7:00 PM	Church
Divorce Care	3/10	7:00 PM	via Zoom
Faith Formation: RCIA	3/10	7:00 PM	via Zoom
Spirit of God Prayer Group	3/11	7:00 PM	Church Commons
Virtual Rosary	3/11	7:00 PM	via phone (757-551-6414)
Lauds, Adoration & Vespers	3/12	8:30 AM – 7:00 PM	Church
Stations of the Cross	3/12	7:00 PM	Church
Legion of Mary	3/13	1:30 PM	Church Commons
Children's Church	3/14	10:45 AM	Ashland House

This weekend, we celebrate the 1st of the 3 scrutinies. The readings are taken from Cycle A.

Q What are the scrutinies and exorcisms in the Rite of Christian Initiation of Adults, and what is their purpose?



A The scrutinies, celebrated on the Third, Fourth, and Fifth Sundays of Lent, invite the elect, along with the assembly, into prayerful contemplation and repentance. The scrutinies help “uncover, then heal all that is weak, defective, or sinful in the hearts of the elect; to bring out, then strengthen all that is upright, strong, and good.” The rituals help purify the heart and mind. They protect the elect from the power of sin, strengthen them against temptations, and orient them toward the saving waters of Baptism (*Rite of Christian Initiation of Adults*, 141). Each scrutiny concludes with a prayer of exorcism over the elect, through which they “are freed from the effects of sin” and the influence of evil (RCIA, 144). Unlike exorcisms depicted in popular films, these are beautiful prayers that speak of Christ’s saving power over sin and death.

IF YOU KNEW THE GIFT OF GOD,
YOU WOULD HAVE ASKED HIM,
AND HE WOULD HAVE GIVEN
YOU LIVING WATER.

JOHN 4:10

Congratulations on your Confirmation:



Audrey Litkowski
Dymphine Ngabonziza
Tresor Satchivi

A basket is in the Church Commons for cards and notes.



Join us on **Tuesdays & Thursdays** at **7 p.m.** in praying the **Rosary** virtually. Stephanie Brown will lead us. Please dial 757-551-6414. No PIN number required.

YOUR GIFTS TO GOD AND PARISH

Number of families contributing to operating income during the month of February: 161 out of 343

February 28, 2021

Weekly Budget Needed	\$ 7,122.92
Actual Receipts Received	<u>4,659.50</u>
Weekly Budget Deficit	<u>\$ (2,463.42)</u>

Year-To-Date Budget Needed	\$ 249,302.31
YTD Actual Receipts Received	<u>222,376.64</u>
YTD Budget Deficit	<u>\$ (26,925.67)</u>

Capital Improvement Collection for February:
\$1,831.01

Online Giving can be done directly at
<https://www.osvonlinegiving.com/408>



March 7, 2021 | Third Sunday of Lent

Ex 20:1-17 or Ex 20:1-3, 7-8, 12-17 | 1 Cor 1:22-25 | Jn 2:13-25

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

We have rules in our house. Every family does. “No back talk. Do your chores. Bedtime. Curfews. Respect one another. Be kind.” Rules bring order out of chaos, forge a shared identity, and set standards to which everyone is held. Not surprisingly, life in God’s family has rules, too. Hence the Ten Commandments, which we hear today. They begin with these words: “I, the Lord, am your God.” If we miss that line, we miss the point of the rules – of the law. God’s law is about God’s love. Through his laws, God taught the Israelites a new way to live based on God’s values: humility, justice, love, sacrifice, simplicity, kindness, and mercy – values they rarely saw when enslaved in Egypt. This Lent, we give thanks to God for the law of love and we pray to grow in this love, and be strengthened in virtue.

ACTION Read the Ten Commandments this week and imagine God giving you all the wisdom you could ever want in those rules. Think about the chaos those rules have protected you from in your life. Imagine telling your loved ones how to find happiness by following the way God guarantees will lead to joy. (Read John 3:16)

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

Today’s Gospel reminds me of the time my older son helped his younger brother understand the rules of a game we were playing. He did so by showing his own cards, which meant he would lose that round. While not done under the same circumstances, or with the same anger with which Jesus cleansed the temple, my older son did what he did for the same reason and with the same effect: love. When Jesus cleansed the temple, he did so out of love: love for God the Father, and love for those being exploited by the marketers. We have an opportunity this Lent to witness to this same love of Christ by putting the needs of others first. Sure, our kids demand our time, energy, and resources. Our spouses and parents sometimes do, too. To follow Christ means to choose to sacrifice for others with love, not simply because it has to be done. Christ infused the world with love through his sacrifice. We have the opportunity to be Christ today when we make our sacrifices out of love.

Training is currently
being held online!



As we prepare to resume in-person meetings, please remember that **ALL** adults who work with our children (including volunteers) must be VIRTUS certified. Contact Janet Ficca to register for the class.



Spirit of God Prayer Group

Thursdays @ 7 p.m. in the Church Commons
All are welcome!

St. Columba Ecumenical Ministries

is a nonprofit organization dedicated to helping those who are homeless and low-income.

Current Needs:

Pine Sol, Travel Size Soap, Dental Floss, Bathroom Cleaner, Travel Size Hygiene Products, Disinfecting Cleaners / Sprays, Nonperishable Food Items, Winter Hats and Gloves

Please bring donations to the church. The collection box is inside the TV cabinet in the Church Commons.

For more information, please contact Alicia at 757-627-6748 or visit their website:
www.stcolumbaministries.com

Ushers are Needed at All Daily & Weekend Masses!

Our Ushers serve two very important functions at Mass – **hospitality & safety**:

- They are the first ones to greet you as you enter & to wish you a blessed day as you leave.
- They help direct traffic throughout the liturgy.
- They ensure that all safety precautions are taken before, during and after Mass.

If you would like to become a part of this very important ministry, please contact Ken Brink (757) 285-3178.

Family Faith Formation for Grades 1 to 6

In-Person Classes - Sundays @ 9:30 a.m.

March 21st - Unit 4

April 25th - Unit 5

May 23rd - Year End Celebration

NO MORE ZOOM MEETINGS!

If you can't meet face to face, contact Mrs. Ficca and your child's catechist will work with you and your child one on one. Here is the link to the

Loyola Press Family Resources:

<https://www.loyolapress.com/faith-formation/finding-god/finding-god-2013/parents-and-students/>



Baptismal Preparation for Infants & Children up to age 7

Classes are being held online. Please contact Mrs. Ficca at least **3 weeks** before the desired date.



Grades 6 to 12 Youth Group is Back! Sundays @ 6:15 p.m.

All middle & high school students are invited to participate in **Youth Group** on the **2nd Sunday** of the month.

March 14th - Mini Retreat

April 11th - Divine Mercy Sunday

June 21-25 - Diocesan Work Camp

July 19-23 - CTK VBS



Preparation for First Communion

In Church - Parents & Children

Tues, March 16th & April 20th @ 6:30 PM

Before the March meeting:

Parents - Watch **Presence** Episodes 1 & 2

Children - Do **Blessed** Sessions 1 & 2

Presence is on <https://formed.org>

Blessed videos can be found at

<https://www.dynamiccatholic.com/blessed.html>



THE GREAT ADVENTURE

Hebrews

The New and Eternal Covenant

Tuesdays @ 7:30 PM in Ashland House

ANDREW SWAFFORD and JEFF CAVINS

Rosary Call for Revival

March 19, 2021
2 PM EDT

Fr. John Riccardo

Lisa Brenninkmeyer

Many thanks to all who've supported the Diocesan Appeal so far.

MY Peace I GIVE YOU

John 14:27
2021 National Catholic Women's Conference
MARCH 12-14, 2021

Hosting 50+ Incredible Catholic Presenters



<https://richmondcatholicfoundation.org/appeal>

<h2>Montagna's SHOES</h2> <p>Comfort and Fashion Shoes for Men and Women LUCIAN F. MONTAGNA, JR., C. Ped, O.S.T. Board Certified Pedorthist, Parishioner 752 Independence Boulevard • 490-2034 Pembroke Meadows Shopping Center (Across from Red Lobster)</p>	 <h2>SUNSET GRILL</h2> <p><i>Celebrating Life Daily</i> Fresh Seafood • Live Music • Microbrews 4027 Bowdens Ferry Rd, Norfolk VA 757-937-8158</p>	<h2>THE DECKER LAW FIRM</h2> <p><i>Decker, Cardon, Thomas, Weintraub, & Neskes, P.C.</i> 109 East Main Street, Suite 200, Norfolk • 622-3317 • petedecker.com</p> 					
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 <p>757-456-5018 marian-manor.com 5345 Marian Lane Virginia Beach, VA 23462 Sponsored by the Catholic Diocese of Richmond.</p>  <p>757-495-4211 ourladyperpetualhelp.com 4560 Princess Anne Rd. Virginia Beach, VA 23462</p> <p><i>Our Lady of Perpetual Help Memory Care Extensive Assisted Living Nursing Care</i></p> 	<p>"OUR BUSINESS IS TO KEEP YOUR BUSINESS GOING!"</p> <h2>CHAMPS</h2> <p>SMALL ENGINE REPAIR John W. Bonney 3008 Cromwell Rd, Norfolk, VA 23509 757-761-6660</p>	<p>Honoring traditions, strengthening faith.</p> <p>Rosewood - Kellum Funeral Home & Memorial Park 601 N. Witchduck Road Virginia Beach 757-671-1717 www.kellumfuneralhome.com</p> <p>Smith & Williams Funeral Home - Kempsville Chapel 4889 Princess Anne Road Virginia Beach 757-490-1097 www.smithandwilliamskempsville.com</p> <p>Woodlawn Funeral Home & Memorial Gardens 6329 E. Virginia Beach Blvd. Norfolk 757-455-2838 www.woodlawnnorfolk.com</p> <p>Princess Anne Memorial Park 1110 N. Great Neck Road Virginia Beach 757-481-1097 www.princessannememorialpark.com</p> <p>Dignity LIFE WELL CELEBRATED®</p>					
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<h2>Catholic Funeral & Cemetery Services</h2> <p>Deacon Ed Handel Director of Cemeteries</p> <p>3686 Ironbound Road, Williamsburg, VA 23185 ehandel@cfcsmission.org</p> <p>cfcs Living Our Mission</p> <p>(757) 255-5699</p>	<p>DISCOVER THE CATHOLIC DIFFERENCE</p> <p>Rely on the Knights of Columbus to protect your family's future.</p> <p>Raymond Selg Field Agent 757-717-4348 2500 Alameda Ave., Suite 111 Norfolk, VA 23513 • selgofficemail@kofc.org</p> <p>LIFE INSURANCE • DISABILITY INCOME INSURANCE • LONG-TERM CARE INSURANCE • RETIREMENT ANNUITIES</p> <p>Marian Shortt Schutts REALTOR® • Member HRRA Circle of Excellence • Certified Military and Relocation Specialist 500 W 21st Street, Suite 250, Norfolk, VA 23517 757.679.2471 • Realtybiz123@cox.net</p> <p>PROVINCE PLACE OF DEPAUL A Bon Secours Assisted Living 6403 Granby Street Norfolk, VA 23505 757-451-2400</p> <p>Sponsored by the Sisters of Bon Secours. Affiliated with Bon Secours Health Systems, Inc. Developed and managed by Life Care Systems LLC.</p>	<p>Gerloff Since 1904 CHARLES W. GERLOFF CO., INC. WELDING CONTRACTORS JOSEPH "JOE" GERLOFF 757-853-5232 2622 Cromwell Road, Norfolk</p>					
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CHESAPEAKE CHAPEL	LASKIN ROAD CHAPEL	NORFOLK CHAPEL					
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 <p>Drs. Shivar & Peluso Orthodontics for Children & Adults 302 E. Little Creek Rd., Ste 300, Norfolk Office: 757-583-2333 Fax: 757-420-4010 EasternVirginiaOrthodontics.com</p>	<h2>Cookie's Cakes & More</h2> <p>725 E. Little Creek Rd, Unit 509, Norfolk, VA (757) 321-8432 • CookiescakesVA.com Order Pick up – Order Delivery</p>						
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