

PARISH STAFF

Pastor

Rev. Joseph Wamala 757- 622-1120 (Office) 757- 627-1723 (Rectory) frwamala@christthekingnorfolk.org

Deacon

Rev. Mr. Michael Brown michael.brown@christthekingnorfolk.org 757-622-1120 – By Appointment

Coordinator of Faith Formation & Youth Ministry

Janet Ficca 757-622-1120, ext. 15 faith@christthekingnorfolk.org

Minister of Music

B. J. Atkinson music@christthekingnorfolk.org

Office

Cindy Nettleton, Administrative Assistant 757-622-1120

office@christthekingnorfolk.org

Parish Council Chair

Sandra Butterfield samiam1964@cox.net

Principal, CTK School & Extended Care

Mrs. Kim V. Callahan, Ed.S 757-625-4951 kcallahan@ctkparish.org

Columbarium Manager Linda Francis, 757-625-0548

PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m. Friday, 9:00 a.m.-12:00 noon Bulletin deadline: Thursday by 3:00 p.m.

PARISH REGISTRATION

Welcome to Christ the King Parish. We register new parishioners after every Sunday Mass in the Commons. Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs. Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment.

ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

Please consider your Parish Family and/or School in your last will and testament.

EUCHARIST IS CELEBRATED

WEEKENDS

Saturday – 5:30 p.m. Sunday – 8:30 and 11:00 a.m.

WEEKDAYS

According to Mass Schedule inside.

CTK VISION: To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

CTK MISSION: To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives.

CTK GOAL: Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

MASS INTENTIONS

FOR THE WEEK OF FEBRUARY 12th TO 18th

Monday, 2/19		No Mass	
Tuesday, 2/20	8:30 a.m.	Arlene Eyeler (L)	
Wednesday, 2/21	8:30 a.m.		
Thursday, 2/22	8:30 a.m.	Francesca & Mary (D)	
Friday, 2/23	8:30 a.m.	Gabriel Franco (D)	
Saturday, 2/24	8:30 a.m. 5:30 p.m.	Vi G. Aguda (D)	
	8:30 a.m.	Intentions of Parishioners	
Sunday, 2/25	11:00 a.m. (Livestream)	Marie Elena Lubrano (D)	

Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$100 to \$175, but we have other options.

St. Columba Ecumenical Ministries

is a nonprofit organization dedicated to helping those who are homeless and low-income.

 During the Month of February, we will be collecting: coffee and beef jerky sticks
 For more information, please contact Alicia at 757-627-6748 or visit their website:

www.stcolumbaministries.com

NEXT WEEK'S READINGS

2nd Sunday in Lent February 25th, 2024

Genesis 22:1-2,9a, 10-13, 15-18 Psalm 116: 10, 15, 16-17, 18-19 Romans 8:31b-34 Mark 9:2-10

Scriptures are #1020 in the Hymnal.

Vocations Awareness

"I establish My covenant with you."

If in your listening to the Lord you are sensing the invitation to follow Christ as a priest, sister, or brother, talk to your priest or reach out to the Office of Vocations at (804) 359-5661 or via email: vocations@richmonddiocese.org.

Legacy Giving

Please remember Christ the King Church in your estate planning. Your gift will help us to continue to fulfill our mission to be disciples of Jesus Christ.



11:00 AM Mass

for ages 3 to 7

One additional team is needed for the 5th Sunday of each month for the 11 AM Mass. Please contact the church office for more info and / or to volunteer.

	Liturgical Ministers for 2 nd Sunday of Lent			
	Saturday, 2/24	Sunday, February 25 th		
	5:30 PM	8:30 AM	11:00 AM	
Altar Serv.1	R. Vicente	S. Okobi	E. Luettel	
Altar Serv. 2	Х	A. Gutierrez	H. Geronilla	
Altar Serv. 3	Х	х	х	
Child. Lit. 1	Х	X	K. Rivera	
Child. Lit. 2	Х	X	A. Webb	
EMHC	M. Agnese	T. Wright	A. Vitug	
Reader 1	R. Trent	J. Ficca	C. Goodwyn	
Reader 2	C. Burch	Reader Needed	Reader Needed	
Usher 1	C. Rannigan	T. Duncan	K. Brink	
Usher 2	J. Fellowes	G. Duncan	T. Womack	
Livestream	Х	Х	H. Luettel	

Families with Young Children

Welcome to Christ the King!
Children are especially close to the heart of Jesus so don't feel you have to stifle those wiggles and giggles.
Children learn liturgical behavior by

Children learn liturgical behavior by copying you, so please participate and try to sit where they can see what is happening.

If your child should become verbally or physically restless, please quietly step out and utilize the chairs that have been placed in the Commons just for you. When your child has calmed, please return to your pew.

Do not give up! You are welcome here, always.



THIS WEEK AT CTK

Faith Formation Class for Pre-K – Grade 8	2/18	9:45 AM	Ashland House
Faith Formation Class for Grades 9 – 12	2/18	12:15 PM	Ashland House
Inurnment of Greta Hovik	2/18	12:15 PM	Columbarium
Rite of Election	2/18	3:00 PM	St. Pius
President's Day – Office closed	2/19	All Day	
Cub Scouts / Boy Scouts	2/19	6:30 PM / 7:00 PM	Ashland House / School
Cleaning Team #2	2/20	9:00 AM	Church
Book Study Beautiful Eucharist	2/20	9:15 AM	Ashland House
Legion of Mary	2/20	7:15 PM	Ashland House
Virginia Pro-Life Day	2/21	All morning	Richmond
Adoration	2/21	6:00 PM - Midnight	Church
First Reconciliation	2/22	6:00 PM	Church
Virtual Rosary	2/22	7:00 PM	via phone (757)551-6414
Adoration / Vespers (5:30 PM)	2/23	9:00 AM - 6:00 PM	Church
Stations of the Cross	2/23	6:00 PM	Church
Soup Supper	2/23	6:45 PM	Church Commons
That Man Is You (TMIY)	2/24	6:00 AM	Church Commons
Faith Formation Class for Pre-K – Grade 8	2/25	9:45 AM	Ashland House
Confirmation Class	2/25	12:15 PM – 2:30 PM	Church Commons



Adoration during Lent Wednesdays 6 PM to Midnight & Fridays 9 AM – 6 PM

Every Friday during Lent, we will have Mass at 8:30 a.m. followed by Adoration throughout the day. At 5:30 PM, we will have Vespers with Benediction followed by Stations of the Cross.

We will also have evening hours every Wednesday from 6 PM to midnight.



YOUR GIFTS TO GOD AND PARISH

Number of families contributing to the operating income during the month of January: 123 out of 322

Month of January 2024

Monthly Budget Needed \$ 30,411.85
Actual Receipts Received \$ 22,494.54
Monthly Budget Deficit \$ (7,917.31)

 Year-To-Date Budget Needed
 \$ 228,088.87

 YTD Actual Receipts Received
 199,422.28

 YTD Budget Deficit
 \$ (28,666.59)

Capital Improvement Collection for January - \$997.00



February Special Collections:

Capital Improvements and Budget Deficit

All Online Giving (including special collections) can be done by scanning the QR code above or by going directly to:

https://osvhub.com/christthekingnorfolk/giving/funds



February 18, 2024 | First Sunday of Lent

Gn 9:8-15 | 1 Pt 3:18-22 | Mk 1:12-15

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Today is the first day of Lent! It is the beginning of a new liturgical season in the Church, a season of prayer, service and self-sacrifice. It is a time of preparation, culminating in the holiest day of the year: Easter. As we embark on our Lenten journey, we hear a reading from Genesis in which God makes a covenant with Noah where he promises, "the waters shall never again become a flood to destroy all mortal beings." The Lord has said that no matter our disobedience, sin and rebellion, he will never destroy us! Saint Peter explains how the story of Noah, "in which a few persons ... were saved through water," prefigures baptism, and baptism, as we know, marks us as the Lord's own forever. We are sealed with a sign that can never be relinquished. So, just as the great flood signaled a rebirth for the world, our baptism is a rebirth of our soul in Christ. We are washed clean of our original sin, and the door to salvation is opened for us. It is fitting that at the beginning of our Lenten journey we hear the story of the beginning of our eternal covenant with the Lord. Both the covenant, and Lent, will be fulfilled in the death and resurrection of Jesus Christ.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

As a child, Lent meant lentils for dinner, Stations of the Cross on Fridays, and no TV ever. For a 10-year-old, it was a time to be endured. Now, as an adult, Lent can still be hard, but I recognize it as a time of opportunity as well. It is a chance to strip away all the excess in my life and focus on what matters most. While I am not exactly jumping for joy at the thought of fasting, I can't deny that it is easier for me to spend time in prayer when I'm not mindlessly grazing on chips and chocolate all day long. I may grumble at times, but with God's grace I have grown in understanding of the Church's wisdom in encouraging us to fast, pray and give alms during Lent. All three practices invite us to reflect on the great sacrifice of the Lord and prepare our hearts to receive him each Sunday in the Eucharist, as well as on our final judgment day.

PRAY Lent is the perfect time to take stock of your current spiritual practices and add new ones to your daily routine. Remember the words we heard from Jesus today: "The kingdom of God is at hand. Repent, and believe in the gospel." Start off your Lenten season right by taking time to receive the sacrament of reconciliation and designating a time each day to pray. If you aren't sure what to say to God during this time, choose a verse or two of Psalm 6 and let your heart take it from there.



Recently, many of you received a letter from Bishop Knestout asking for your support of the 2024 Diocesan Appeal. We hope you will prayerfully consider this request.

Our parish goal this year is \$15,280.

For those of you who did not receive a mailing or have not had time to respond to it, we will conduct our **In-Pew Process** at all Masses during the weekends of February 18th and 25th.

LENT 2024

Wednesdays during Lent

February 21st, 28th March 6th, 13th, 20th, 27th

ADORATION OF THE BLESSED SACRAMENT - 6:00 PM to Midnight

Fridays during Lent

February 16^{th} , 23^{rd} March 1^{st} , 8^{th} , 15^{th} , 22^{nd}

ADORATION OF THE BLESSED SACRAMENT - 9:00 AM to 6:00 PM VESPERS & BENEDICTION - 5:30 PM STATIONS OF THE CROSS - 6:00 PM

LENTEN SOUP SUPPER - 6:45 PM

LENT 2024

MARDI GRAS PANCAKE SUPPER - February 13th @ 6 p.m.

ASH WEDNESDAY - February 14th

Mass with Distribution of Ashes for everyone at 8:30 a.m. and 7:00 p.m. The evening Mass will be live-streamed.

DAILY MASS - Tuesday through Saturday at 8:30 a.m.

All Daily Masses on Fridays will continue to be livestreamed.

RECONCILIATION - Saturdays from 3:30 to 5:00 p.m.

CELEBRATION OF FIRST RECONCILIATION – Thursday, February 22nd at 6:00 p.m. DEANERY 1 DAY OF RECONCILIATION – Wednesday, March 13th



ADORATION OF THE BLESSED SACRAMENT

- Wednesdays from 6 p.m. to midnight
- Fridays from 9 a.m. to 6 p.m.

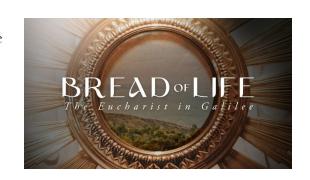
VESPERS & BENEDICTION - Fridays at 5:30 p.m.

STATIONS OF THE CROSS - Fridays at 6 p.m.



LENTEN SOUP SUPPER – Fridays at 6:45 p.m. – Join us for a simple meal of soup and bread, fellowship and a teaching on the Eucharist. Volunteers are needed to make a meatless soup each week. See sign-up sheets in the Church Commons after Mass or contact the Church Office.

VIRTUAL ROSARY – Thursdays at 7 p.m. via telephone 757-551-6414



CELEBRATION OF CONFIRMATION - Friday, March 15th at 7 p.m. at St. Pius X

RITE OF SENDING - Sunday, March 10th at 11 a.m.

LENTEN RESOURCES

Ascension Press – featuring Fr. Mike and Fr. Josh https://media.ascensionpress.com

Dynamic Catholic - featuring *Best Lent Ever*https://www.dynamiccatholic.com

Formed – a subscription service paid for by the parish with something for all ages.

See bulletin for specific programs.

https://formed.org

RITES WITH OUR CATECHUMENS

RITE OF SENDING

Sunday, February 18th @ 8:30 a.m.

RITE OF ELECTION

Sunday, February 18th @ 3 p.m. at St. Pius X

SCRUTINIES

March 2nd @ 5:30 p.m. March 10th @ 8:30 a.m.

March 17th @ 11:00 a.m.

SACRAMENTS OF INITIATION

Saturday, March 30th @ 8 p.m.

Greetings, Parishioners, Families, and Friends,

I hope this message finds you well. I wanted to take a moment to update you on the latest happenings at our school this week. It's been a bustling time with various activities and events. From engaging classroom discussions to exciting extracurriculars, our students have been actively participating in learning and growing.

I want to remind parents that if your child is feeling unwell, we highly encourage them to stay home and rest. We prioritize the health and well-being of our students and want to ensure a safe and healthy environment for everyone. Additionally, as the weather continues to fluctuate, it's important for students to come prepared with a jacket. We want to ensure they stay comfortable and protected from the elements while on campus. Lastly, I want to mention that there are still several items in the lost and found. If your child is missing something, please feel free to stop by and look.

Furthermore, keep an eye out for announcements in the coming weeks regarding how to donate to our annual Run 2 Fund CTK event. Your support is greatly appreciated in helping us continue to provide quality education and opportunities for our students.

Thank you for your constant support and prayers for our school. I encourage you to continue to support our work as we advance our mission to elevate, educate and empower our deserving students. There is no greater investment for forming our future saints than a Catholic education!

Pax Ominbus, Kim Versprille Callahan, Ed.S. Principal Christ the King Catholic School



Becoming Catholic is a program for adults and older teens who are thinking about becoming Catholic and for Catholic adults who never received the Sacraments of Holy Communion and Confirmation.

Classes meet on most **Wednesdays** from **6:30 to 8 PM** in Ashland House. All are welcome!

Contact Janet Ficca for more info at

faith@christthekingnorfolk.org



Rise Against Hunger Service Project at DYC



PreSchool Assistants Needed

Christ the King School in Norfolk has openings for two enthusiastic **Instructional Assistants**, one full-time and one part-time, who will provide care, supervision, and learning activities to children in a preschool and elementary environment.

Responsibilities:

- Assist the lead teacher in imparting classroom instruction based on a predefined curriculum
- Ensure the development of positive relationships with students with a view to promoting self-esteem and selfdiscipline.
- Maintain a safe and organized classroom environment.
- Assist the lead teacher in ensuring the physical, social, cognitive, and educational excellence of children
- Must demonstrate success in working as a member of a team.

Qualifications:

• A minimum of a High School Diploma or equivalent with experience working with preschool-aged children.

Interested applicants for Preschool Aide are invited to send a cover letter, resume, and Diocesan application to Kim Callahan, Principal, at kcallahan@ctkparish.org.



Join us this Summer in Steubenville!

We have reserved 5 spots of which 2 are already taken. Contact Mrs. Ficca as soon as possible if interested.

All students currently in **Grades 8 to 12** are invited to participate in this year's Steubenville Youth Conference. We will be traveling by bus on Thursday, July 11th and will return late on Sunday, July 14th.

The total cost which includes the conference fee, transportation (bus), lodging and meals will be about \$500 per person. We have several fundraisers planned so we should be able to get the cost down to \$250 -\$300 per person.







PreK to Grade 8: Sundays, 9:45 to 10:45 AM February 4, 18 & 25 March 3, 10, 17

Grades 9 to 12: Sundays, 12:15 to 1:30 PM February 18th (bring your lunch) March 3rd & 17th

Youth Group Events:

12:15 to 2:30 PM (lunch provided)
February 25th – Confirmation Class
March 10th – Mass & Youth Group



Montagna's SHOES

Comfort and Fashion Shoes for Men and Women LUCIAN F. MONTAGNA, JR., C. Ped, O.S.T. Board Certified Pedorthist, Parishioner

752 Independence Boulevard • 490-2034
Pembroke Meadows Shopping Center (Across from Red Lobster)



757-456-5018

marian-manor.com 5345 Marian Lane Virginia Beach, VA 23462

Sponsored by the Catholic Diocese of Richmond.



Our Ludy of Berpetual Help Memory Care Extensive Assisted Living Nursing Care 757-495-4211

ourladyperpetualhelp.com 4560 Princess Anne Rd. Virginia Beach, VA 23462







NURTURE INTELLECT SHAPE CHARACTER FORM CHRISTIAN VALUES

Catholic High School 4552 Princess Anne Rd. Virginia Beach, VA 23462

(757) 467-2881





4701 Columbus Street, Suite 200 757.277.8487 Virginia Beach, VA 23462 Eric@EricHovik.com



Dr. Peluso
Orthodontics for Children & Adults

302 E. Little Creek Rd., Ste 300, Norfolk

Office: **757-583-2333** Fax: **757-420-4010 EasternVirginiaOrthodontics.com**

COLONIALWEBB

COMPORTUSA COMPANY

• Service

- Construction
- Refrigeration Manufacturing/Fabrication
- Green Energy Solutions

Our values – Integrity, Commitment, Respect, Quality, Safety, Speed and Hard Work – reflect everything we do.

3719 E. Virginia Beach Blvd., Norfolk, VA Main 757-855-3006 • Service 800-899-3006 • Fax 757-857-4952

www.colonialwebb.com



Your Funeral Home for Quality and Savings

James E. Altmeyer, Sr., James E. Altmeyer, Jr. – Owners & Directors 5033 Rouse Dri ve, Virginia Beach, VA 23462 • 422-4000 Chesapeake • Norfolk • Portsmouth • VA Beach



350 Seating Capacity, Tables, Chairs, Commercial Catering Kitchen & Unstocked GRAND BAR MAKE YOUR RESERVATION!!! Call O.J.@ (757) 735-2086 www.K of C367.org

Mı Hogar

MEXICAN RESTAURANT



5401 Tidewater Drive (757) 640-1002 www.goldenpizzeria.us

15% OFF

ENTIRE LUNCH OR DINNER

WITH THIS COUPON

4201 Granby Street, Norfolk

757-640-7705

NORTH SHORE PEDIATRICS

Joseph Toland, M.D. Maria Torraba, M.D. Melissa Estrada, F.N.P.C. Oneica Barker, C.P.N.P.

924 W. Little Creek Road, Norfolk

northshorepediatricsva.com

AS PART OF OUR NEARLY 90-YEAR CATHOLIC HERITAGE, WE ARE EXPANDING OUR SPIRITUAL LIFE PROGRAM!

Are you interested in a missiondriven career dedicated to improving the lives of children and their families?

Email
HR@BARRYROBINSON.ORG
to learn more!

A culture of competency, kindness, and fun!







CHARLES W. GERLOFF CO., INC. WELDING CONTRACTORS JOSEPH "JOE" GERLOFF

Since 1904

757-853-5232 2622 Cromwell Road, Norfolk Don't Fuss, Call Us!
MITCH'S BRAKE & MUFFLER

Complete Brake & Exhaust Work 2801 LaFayette Boulevard Norfolk, VA 23509 BUS. 757-857-5734

BECK ROOFING CORPORATION



Serving the Catholics of Tidewater since 1865 CHESAPEAKE CHAPEL 548-2200 LASKIN ROAD CHAPEL 428-7880

NORFOLK CHAPEL 622-7353

Martin V. Oliver, Owner

Willowwood Service Center

State Inspection, Oil Changes, Brakes, Etc. For all your automotive needs!

627-9704 • 5421 Tidewater Drive



TO ADVERTISE HERE, CALL DEE PRINTING AT 614-777-8700



Marian Shortt-Schutts Realtor®





· Certified Military and Relocation Specialist

Direct: 757.679.2471 realtybiz123@cox.net

440 Monticello Avenue, Suite 1800 Norfolk, VA 23510 | 757.354.4080





Wirdinia-#

Cremation Society of Virginia

Serving all of Hampton Roads & Northeast North Carolina 757-474-9409 • vacremationsociety.com