



# CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue Norfolk, VA 23509 (757) 622-1120 FAX (757) 627-8808  
 Email: [office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org) Website: [www.christthekingnorfolk.org](http://www.christthekingnorfolk.org)



## PARISH STAFF

### Pastor

*Rev. Joseph Wamala*  
 757- 622-1120 (Office)  
 757- 627-1723 (Rectory)  
[frwamala@christthekingnorfolk.org](mailto:frwamala@christthekingnorfolk.org)

### Deacon

*Rev. Mr. Michael Brown*  
[michael.brown@christthekingnorfolk.org](mailto:michael.brown@christthekingnorfolk.org)  
 757-622-1120 – By Appointment

### Coordinator of Faith Formation & Youth Ministry

*Janet Ficca*  
 757-622-1120, ext. 15  
[faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)

### Minister of Music

*B. J. Atkinson*  
[music@christthekingnorfolk.org](mailto:music@christthekingnorfolk.org)

### Office

*Cindy Nettleton, Administrative Assistant*  
 757-622-1120  
[office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org)

### Parish Council Chair

*Jeff Radford*  
[pc@christthekingnorfolk.org](mailto:pc@christthekingnorfolk.org)

### Principal, CTK School and Extended Care

*Mrs. Kim V. Callahan, Ed.S*  
 757-625-4951  
[kcallahan@ctkparish.org](mailto:kcallahan@ctkparish.org)

### Columbarium Manager

*Linda Francis, 757-625-0548*

## PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.  
 Friday, 9:00 a.m.-12:00 noon  
 Bulletin deadline: Thursday by 3:00 p.m.

## PARISH REGISTRATION

Welcome to Christ the King Parish. We register new parishioners after every Sunday Mass in the Commons. Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs. Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

## BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

## SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

## SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

## SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

## ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

**Please consider your Parish Family and/or School in your last will and testament.**

## EUCCHARIST IS CELEBRATED

### WEEKENDS

Saturday – 5:30 p.m.  
 Sunday – 8:30 and 11:00 a.m.

### WEEKDAYS

According to Mass Schedule inside.

**CTK VISION:** To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

**CTK MISSION:** To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives

**CTK GOAL:** Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

## MASS INTENTIONS

**FOR THE WEEK OF APRIL 29<sup>th</sup> TO May 5<sup>th</sup>**

Monday, 4/29		No Mass
Tuesday, 4/30	8:30 a.m.	
Wednesday, 5/1	8:30 a.m.	Bob & Mary Boss (D)
Thursday, 5/2	8:30 a.m.	Josephine Hageman (D)
Friday, 5/3	8:30 a.m.	John & Ginny Grosso (D)
Saturday, 5/4	8:30 a.m.	<b>First Communion</b> Intention of Parishioners
	<b>10:00 a.m.</b> 5:30 p.m.	
Sunday, 5/5	8:30 a.m.	Emily Hermanson (L)
	11:00 a.m. (Livestream)	Tom Hillemeier (D)

### Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

### Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn at (757) 544-8915. Full arrangements range from \$100 to \$175, but we have other options.

## *St. Columba Ecumenical Ministries*

is a nonprofit organization dedicated to helping those who are homeless and low-income. During the **Month of May**, we will be collecting: **spray deodorant and travel size hygiene products**  
For more information, please contact Alicia at 757-627-6748 or visit their website: [www.stcolumbaministries.com](http://www.stcolumbaministries.com)

## NEXT WEEK'S READINGS

### Sixth Sunday of Easter

**May 5<sup>th</sup>, 2024**

Acts 10:25 – 26, 34 – 35, 44 – 48  
Psalm 98:1 – 4  
1 John 4:7 – 10  
John 15:9 – 17

**Scriptures are #1077 in the Hymnal.**

### Vocations Awareness

"He had spoken out boldly in the name of Jesus."

Pray for those who God is boldly calling forth to serve Him and His people as religious brothers.

If you are considering this joy-filled vocation, talk to your priest or reach out to the Office of Vocations at (804) 359-5661 or via email:

[vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

### *Mass Intentions*

Mother's Day is in 2 weeks! Why not honor your mother with a Mass Intention on her birthday? Call the office for details.

## *CTK's Legion of Mary*



Meets on **Tuesdays @ 7:15 PM**  
in Ashland House.

For more details, contact Tess Rozelle at [theroze0305@aol.com](mailto:theroze0305@aol.com)  
New members are always welcome!

	<b>Liturgical Ministers for Sixth Sunday of Easter</b>		
	Saturday, 5/4	Sunday, May 5 <sup>th</sup>	
	5:30 PM	8:30 AM	11:00 AM
<b>Altar Serv.1</b>	B. Clark	B. Okobi	G. Satchivi
<b>Altar Serv. 2</b>	E. Luettel	x	D. Satchivi
<b>Child. Lit. 1</b>	x	x	P. Brink
<b>Child. Lit. 2</b>	x	x	B. Stamps
<b>EMHC</b>	x	G. Duncan	A. Vitug
<b>Reader 1</b>	C. Burch	K. Okobi	C. Goodwyn
<b>Reader 2</b>	J. Ficca	S. Okobi	S. Brown
<b>Usher 1</b>	C. Rannigan	T. Duncan	T. Womack
<b>Usher 2</b>	J. Fellowes	G. Duncan	S. Matrosky
<b>Livestream</b>	x	x	E. Hunley

## **Families with Young Children**

Welcome to Christ the King!

Children are especially close to the heart of Jesus so don't feel you have to stifle those wiggles and giggles.

Children learn liturgical behavior by copying you, so please participate and try to sit where they can see what is happening.

If your child should become verbally or physically restless, please quietly step out and utilize the chairs that have been placed in the Commons just for you.

When your child has calmed, please return to your pew.

Do not give up!

You are welcome here, always.



## THIS WEEK AT CTK

Faith Formation (PK – GR 8)	4/28	9:45 AM	Ashland House
Faith Formation (Gr. 9 – 12)	4/28	12:15 PM	Ashland House
Cub Scouts / Boy Scouts	4/29	6:30 PM / 7:00 PM	Ashland House / School
Cleaning Team #2	4/30	9:00 AM	Church
Legion of Mary	4/30	7:15 PM	Ashland House
Divorce Care	5/1	6:30 PM	Conference Room
Virtual Rosary	5/2	7:00 PM	via phone (757)551-6414
Adoration / Vespers (5:30 PM)	5/3	9:00 AM – 6:00 PM	Church
<b>First Communion</b>	<b>5/4</b>	<b>10:00 AM</b>	<b>Church</b>
<b>May Crowning</b>	<b>5/5</b>	<b>10:00 AM</b>	<b>Church</b>
Faith Formation End of Year Party- All Grades	5/5	12:15 PM	Ashland House

### CTK 75<sup>th</sup> Anniversary Kick-Off



We will be kicking off our anniversary celebrations on **Sunday, June 2<sup>nd</sup>** with our **Annual Corpus Christi Procession** after the **11 AM Mass** followed by an **Ice Cream Social!** Many thanks to TMIY who have volunteered to scoop the ice cream.

Watch for the full list of celebrations next week! If you would like to help with one or more events, please contact the church office.

### Save the Date!

**Altar Server Training** will be held on **Sunday, May 19<sup>th</sup> at 9:30 a.m.** for all current and new servers. Contact the office or Chad Luettel for more details.

### YOUR GIFTS TO GOD AND PARISH



#### May Special Collections:

Vacation Bible School, Diocesan Home Missions, Budget Deficit and Capital Improvement

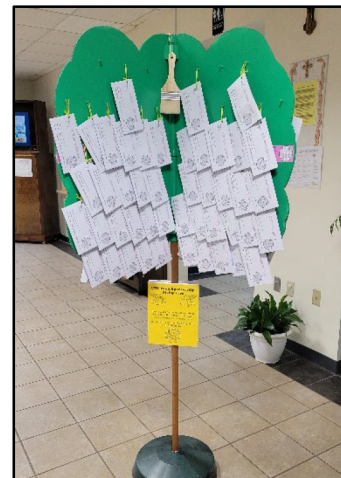
**All Online Giving** (including special collections) can be done by scanning the **QR code** above or by going directly to:

<https://osvhub.com/christthekingnorfolk/giving/funds>

### Paint Sponsorship Campaign

As we celebrate our **Parish's 75th Anniversary**, there is a concerted effort to ensure our building and grounds are maintained to provide a welcoming atmosphere and reverent environment for worship. The first project planned is painting the interior of the Church's worship space. This is a significant undertaking given the large area, height of the walls and ceilings, and overall intricacy of the Sanctuary.

To cover the cost of painting and other improvements, we are initiating a fund-raising campaign. This **Paint Sponsorship** campaign will offer the opportunity to sponsor the painting project through envelopes on our **Paint Sponsorship Giving Tree** or through online giving. There are also links and QR codes to take you directly to the online giving option. Please consider donating to this important effort to beautify our Church. Your donation will help us maintain our budget while we improve our worship space.







April 28, 2024 | Fifth Sunday of Easter

Acts 9:26-31 | 1 Jn 3:18-24 | Jn 15:1-8

Written by  
THE  
FAITHFUL  
DISCIPLE

**GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE**

“Where do they get their energy!” Maybe you’ve said that about your children as they run around the yard while you’re trying to wrangle them inside for bedtime. Jokes abound about how sugar and caffeine are what keep most adults going, but we know it’s proper nutrition, exercise, and rest that enable us to do well whatever it is we do. That is all relevant to us physically. What about spiritually? Bishop Barron, writing on the Gospel, says, “Jesus declares that he is the vine and we are the branches. He is the power and energy source in which we live.” (*Word on Fire Bible*, 548) Just as we see the effects of sugar and caffeine on people, we see the supernatural effects of Jesus’ love on, and in, people. As he nurtures us with his perfect love, and that flows into us who are grafted onto him, it changes us. It transforms us and converts us away from sin and toward God. We fill up on that spiritual fuel in the sacramental life of the Church and become a witness to it in how we go about our days – loving one another.

**GO EVANGELIZE**

**PRAYER, INVITATION, WITNESS, ACCOMPANIMENT**

“Children, let us love not in word or speech but in deed and truth.” These words from John in our second reading provide the perfect bridge between the ministry of Paul, about whom we heard in the first reading, and Christ’s message in the Gospel. With Jesus as “the power and energy source in which we live,” we not only can profess the truth, but live it. We not only give our own account of Christ working in us, as Paul did, who came to them speaking out “boldly in the name of the Lord,” but we stand beside one another, as Barnabas did, vouching for Paul to the Apostles. We are united in baptism, in love, in profession of faith, and in communion with one another. When we consistently act in a Christian manner toward others and keep God’s commandments, John says, we “remain in him, and he in [us], and the way we know that he remains in us is from the Spirit he gave us.” In other words, those who remain in Christ “will bear much fruit” – a tangible sign that easily answers the question, “where does he/she get her energy?”

**PRAY** Is there anything in your life that is an obstacle to Jesus being the power and energy source in which you live? Are your days fueled more by anger, frustration, or ambition than his love? Pray this week in thanksgiving to God for where he has given you conversion of heart, and ask him for the grace to see where improvement is needed and the will to make it happen.

## Annual Diocesan Appeal Update

### *Sharing His Love with Others*

The purpose of the 2024 Annual Diocesan Appeal is to fund ministries which one parish cannot support alone. When we come together, we are able to educate all our seminarians, provide hundreds of thousands of dollars in grants to help those in need with basic necessities, and conduct the programs designed to build the next generation of Catholics. If you haven’t donated yet, it’s not too late! Everyone’s participation is needed.



*Remember, we get 50% back of everything we take in that is over our goal! Donate today by scanning the QR code to the right or go to:*

<https://richmondcatholicfoundation.org/appeal-2/>

## Curious about the Catholic Faith?

**Becoming Catholic (RCIA)** is a program for adults and older teens who are thinking about becoming Catholic and for adults who never received the Sacraments of Confirmation and Holy Eucharist.

Join us **Wednesdays @ 6:30 PM in Ashland House**

Contact Mrs. Ficca for more info at  
[faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)

## Photographers Needed

As part of our 75<sup>th</sup> Anniversary Celebrations, we would like to redo our Parish Directory! We know **many of you take beautiful pictures with your cell phones** and we are looking for a few people who would be willing to take pictures of our parish families after all Masses on the weekends of May 4 & 5, 11 & 12, and 18 & 19. You do not have to do all 3 weekends and / or all 3 Masses!

If you can help, please contact the church office as soon as possible for full details.

## Volunteer Maintenance Coordinator Needed

We are looking for a volunteer to serve as **maintenance coordinator** to be the point of contact for all maintenance issues.

This person would be expected to do:

- routine walk throughs of the parish property to look for and evaluate potential problems,
- coordinate with the church office to have repairs made when needed,
- and be a point of contact for emergencies outside of normal business hours.

If interested in learning more, please contact the church office. School families can earn volunteer hours.



# May 2024

## Christ the King Catholic Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Special Collections:</i> Vacation Bible School, Diocesan Home Missions, Capital Improvement, and Budget Deficit <i>St. Columba's Collection for May:</i> spray deodorant and travel size hygiene products</p>			<p><b>1</b> <i>St. Joseph the Worker</i></p> <p>8:30 AM Mass 6:30 PM Divorce Care</p>	<p><b>2</b> <i>St. Athanasius</i></p> <p>8:30 AM Mass 7:00 PM Virtual Rosary</p>	<p><b>3</b> <i>First Friday</i> <i>Sts. Philip &amp; James</i></p> <p>8:30 AM Mass 9 AM – 6 PM Adoration 5:30 Vespers</p>	<p><b>4</b></p> <p>8:30 AM Mass <b>10:00 First Communion</b> 3:30 PM Reconciliation 4:00 Children's Choir Practice 5:30 Vigil Mass</p>
<p><b>5</b> <i>6<sup>th</sup> Sunday of Easter</i></p> <p>8:30 AM Mass <b>10:00 May Crowning</b> 11:00 Mass 12:15 PM End of Year Party for Faith Formation</p>	<p><b>6</b></p> <p>6:00 PM 75<sup>th</sup> Ann. Comm. 6:30 Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off</p>	<p><b>7</b></p> <p>8:30 AM Mass 6:30 PM Liturgy Comm. 7:15 Legion of Mary</p>	<p><b>8</b></p> <p>8:30 AM Mass 6:30 PM RCIA Mystagogy</p>	<p><b>9</b></p> <p>8:30 AM Mass 7:00 PM Virtual Rosary</p>	<p><b>10</b> <i>St. John of Avila</i></p> <p>8:30 AM School Mass</p> <p><b>School Day of Faith</b></p>	<p><b>11</b></p> <p>8:30 AM Mass 3:30 PM Reconciliation 4:00 Children's Choir Practice 5:30 Vigil Mass</p>
<p><b>12</b> <i>Ascension of the Lord</i></p> <p>8:30 AM Mass 11:00 Mass</p> <p><b>Mother's Day</b></p>	<p><b>13</b> <i>Our Lady of Fatima</i></p> <p>6:00 PM Baptism Class 6:30 Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off</p>	<p><b>14</b> <i>St. Matthias</i></p> <p>8:30 AM Mass 12:00 PM Sr. Luncheon 6:00 VBS Meeting 7:15 Legion of Mary</p>	<p><b>15</b> <i>St. Isidore</i></p> <p>8:30 AM Mass 6:30 PM RCIA Mystagogy</p>	<p><b>16</b></p> <p>8:30 AM Mass 7:00 PM Virtual Rosary</p>	<p><b>17</b></p> <p>8:30 AM Mass</p>	<p><b>18</b> <i>Pope St. John I</i></p> <p>8:30 AM <b>No Mass</b> 9:00 Parish Workday 3:30 PM Reconciliation 4:00 Children's Choir Practice 5:30 Vigil Mass</p>
<p><b>19</b> <i>Pentecost Sunday</i></p> <p>8:30 AM Mass 9:30 Altar Server Training 11:00 Youth Mass 12:15 PM Youth Group</p>	<p><b>20</b> <i>Blessed Mother Mary, Mother of the Church</i></p> <p>6:30 PM Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off</p>	<p><b>21</b> <i>St. Christopher Magallanes</i></p> <p>8:30 AM Mass 7:00 PM Finance Comm. 7:15 Legion of Mary</p>	<p><b>22</b> <i>St. Rita of Cascia</i></p> <p>8:30 AM Communion Service 6:30 PM RCIA Mystagogy</p>	<p><b>23</b></p> <p>8:30 AM Mass 6:00 PM CTK School Awards Night 7:00 Virtual Rosary</p>	<p><b>24</b></p> <p>8:30 AM Mass</p>	<p><b>25</b> <i>Sts. Bede, Gregory, and Mary Magdalene</i></p> <p>8:30 AM Mass 3:30 PM Reconciliation 4:00 Children's Choir Practice 5:30 Vigil Mass</p>
<p><b>26</b> <i>The Most Holy Trinity</i></p> <p>8:30 AM Mass 11:00 Mass</p>	<p><b>27</b> <i>St. Augustine</i></p> <p>6:30 PM Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off <b>Memorial Day</b> <b>Office Closed</b></p>	<p><b>28</b></p> <p>8:30 AM Mass 6:00 PM 8<sup>th</sup> Grade Graduation 7:15 Legion of Mary</p>	<p><b>29</b> <i>Pope St. Paul VI</i></p> <p>8:30 AM Mass 6:00 PM Parish Council</p>	<p><b>30</b></p> <p>8:30 AM Mass 7:00 PM Virtual Rosary</p>	<p><b>31</b> <i>Visitation of the Blessed Virgin Mary</i></p> <p>8:30 AM Mass</p>	



***“I give you a new commandment, says the Lord: love one another as I have loved you.”***

*(John 10:27)*

Greetings Parishioners, Parents, Friends,

May has arrived, bringing with it a host of significant events for our school community. We invite you to mark your calendars and join us in these enriching experiences. Please take a moment to review the calendar below!

Excitement is in the air as the upcoming book fair at CTK draws near! Prepare to embark on a literary adventure like no other, where imagination knows no bounds, and every page holds a new possibility. From thrilling tales of adventure to heartwarming stories of love and friendship, there's something for everyone at this eagerly anticipated event, so mark your calendars and bookworms, and get ready to immerse yourself in the magic of reading at the CTK book fair. See below for dates and hours. All are welcome!

We are grateful for your unwavering support and prayers for our school. Your continued involvement is crucial as we strive to elevate, educate, and empower our students. Together, we are investing in forming future saints through Catholic education, a mission at the heart of our school community.

Pax Omnibus,

Kim Versprille Callahan, Ed.S., Principal  
Christ the King Catholic School



### MAY EVENTS

Monday, April 29<sup>th</sup> – May 3<sup>rd</sup> – Book Fair,  
School Library

Monday, May 6-10<sup>th</sup> – Teacher Appreciation Week

Thursday, May 9<sup>th</sup>

An Evening of the Arts, 6 PM, CTK

Tuesday, May 14<sup>th</sup> and Wednesday, May 15<sup>th</sup> after

Mass – MAPS testing

Thursday, May 23<sup>rd</sup>

8<sup>th</sup> Grade Awards Ceremony, church

Tuesday, May 28<sup>th</sup> – 8<sup>th</sup> Grade Graduation



**St. Joseph's Villa, Richmond**

**August 3, 2024 – 11 a.m. to 7 p.m.**

Calling ALL rising 6<sup>th</sup> to 8<sup>th</sup> Graders!

Join us for this high-energy day that is focused:  
(1) building community & friendships with other Catholic middle school youth, and (2) encouraging zeal for our Catholic faith.

To learn more, talk to Mrs. Ficca or go to:

<https://evangelizerichmond.org/events/epic-3/>

**Christ the King Catholic School**

# ANNUAL BOOK FAIR

Prepare to embark on a literary adventure like no other, where imagination knows no bounds, and every page holds a new possibility. From thrilling tales of adventure to heartwarming stories of love and friendship, there's something for everyone at this eagerly anticipated event!

**Monday, April 29 - Friday, May 3**

**Monday & Tuesday - 7:30 a.m. to 3:30 p.m.**

**Wednesday - 10 a.m. to 6 p.m.**

**Thursday - 7:30 a.m. to 6 p.m.**

**Friday - 10 a.m. to 2 p.m.**



**First Communion** will be celebrated on  
**Saturday, May 4<sup>th</sup> @ 10 AM**

**Year End Party for Pre-K to Grade 12**  
**Sunday, May 5<sup>th</sup> @ 12:15 PM**



**June 28<sup>th</sup> – 30<sup>th</sup>**  
**Richmond**

### Quo Vadis – Young Men’s Camp

is a retreat for rising 10<sup>th</sup> to 12<sup>th</sup> graders desiring to discern God’s will for their lives. The retreat involves daily Mass, Adoration, celebration of the Divine Office, and reflections provided by seminarians of the Diocese of Richmond.

If you are interested in learning more, please talk to Mrs. Ficca or Fr. Joe as soon as possible. Space is limited and registration is open now!



### Baptismal Preparation for Infants & Children up to Age 7

Our next class is scheduled for  
**Monday, May 13<sup>th</sup> @ 6:00 PM.**

Please contact Janet Ficca by May 10<sup>th</sup> to register.  
[faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)

### Baptism Coordinator Needed

We are looking for an individual or couple to assist with this ministry. Duties would include meeting with families prior to the class, running the class approximately 6 times a year and assisting at the baptisms when possible. If interested, contact Janet Ficca at the above email address.

### ENROLL NOW FOR 2024-2025

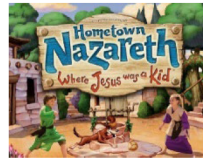
Open Enrollment at **Christ the King School** for the 2024-2025 school year has begun! Please contact Katy Rock at [krock@ctkparish.org](mailto:krock@ctkparish.org) for a tour and for full details.

Financial assistance is available.

Elevate, Educate, and Empower  
(757) 625-4951



### CTK’s Annual Vacation Bible School



**Monday, July 22<sup>nd</sup>**  
**- Friday, July 26<sup>th</sup>**  
**9:15 AM to 12 noon**

Open to those entering Preschool 4 to Grade 6  
Register here: <https://www.myvbs.org/CTK2024>

Our next **VBS planning meeting** for ALL volunteers will be held on **Tuesday, May 14<sup>th</sup> at 6 PM** in Ashland House. Please let Mrs. Ficca know if you will be able to help this year as soon as possible. We need help before, during and after the week of VBS.



**July 31<sup>st</sup> – August 3<sup>rd</sup>**

### Shalom House Retreat Center & St. Joseph’s Villa

- Are you a rising 11<sup>th</sup> or 12<sup>th</sup> grader who has been confirmed?
- Are you ready for more – more faith, more community, more zeal, more action?
- If you answered yes to both these questions, please contact Mrs. Ficca as soon as possible. Each parish can only nominate 3 teens.
  - To learn more, go to: <https://evangelizerichmond.org/events/discipleship-week-3/>



**Married Couples:** Give yourselves a weekend away from it all. Time away from the pressures of work and everyday responsibilities. A chance to talk and listen to that special someone who loves you.

For more information or to register, go to [WWWME.org](http://WWWME.org), click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703-378-4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions. Here are a few upcoming experiences:

- May 3-5, 2024 - Hickory, NC
- September 27-29, 2024 - Herndon, VA



# Montagna's SHOES

Comfort and Fashion Shoes for Men and Women  
**LUCIAN F. MONTAGNA, JR., C. Ped, O.S.T.**  
 Board Certified Pedorthist, Parishioner  
 752 Independence Boulevard • 490-2034  
 Pembroke Meadows Shopping Center (Across from Red Lobster)



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**757-495-4211**  
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 4560 Princess Anne Rd.  
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Sponsored by the Catholic Diocese of Richmond.

**Catholic High School**  
 4552 Princess Anne Rd.  
 Virginia Beach, VA 23462  
 (757) 467-2881



**Dr. Peluso**

Orthodontics for Children & Adults  
 302 E. Little Creek Rd., Ste 300, Norfolk

Office: 757-583-2333 Fax: 757-420-4010  
**EasternVirginiaOrthodontics.com**



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