



## CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue

Norfolk, VA 23509

(757) 622-1120

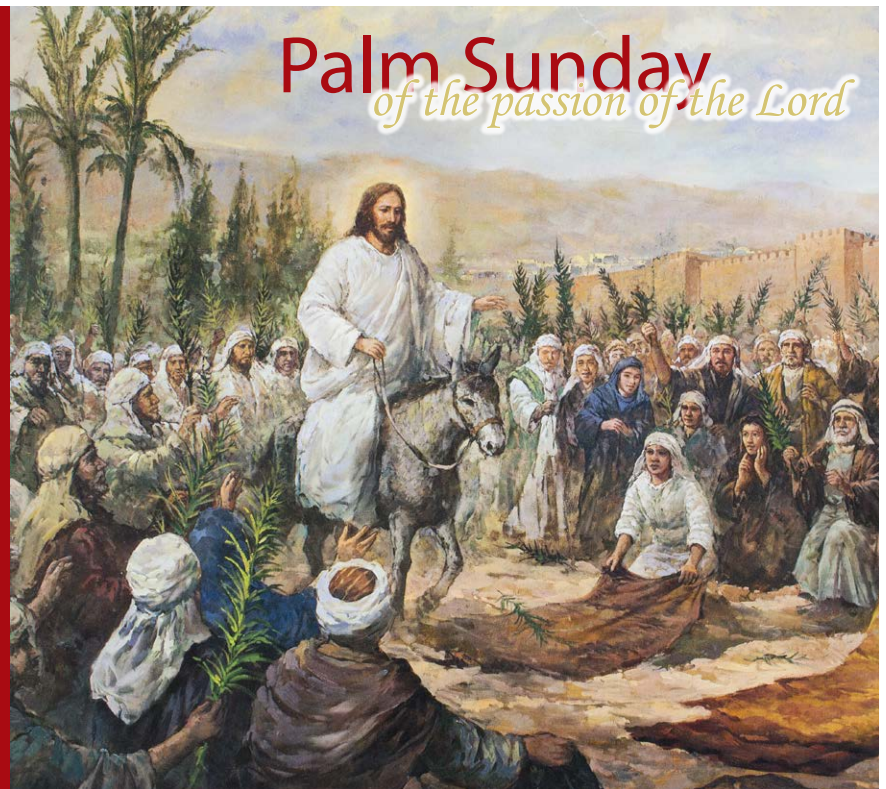
FAX (757) 627-8808

Email:

office@christthekingnorfolk.org

Website:

www.christthekingnorfolk.org



## Palm Sunday *of the passion of the Lord*

MARCH 24 • PALM SUNDAY

### PARISH STAFF

#### Pastor

Rev. Joseph Wamala

757- 622-1120 (Office)

757- 627-1723 (Rectory)

frwamala@christthekingnorfolk.org

#### Deacon

Rev. Mr. Michael Brown

michael.brown@christthekingnorfolk.org

757-622-1120 - By Appointment

#### Coordinator of Faith Formation & Youth Ministry

Janet Ficca

757-622-1120, ext. 15

faith@christthekingnorfolk.org

#### Minister of Music

B. J. Atkinson

music@christthekingnorfolk.org

#### Office

Cindy Nettleton, Administrative Assistant

757-622-1120

office@christthekingnorfolk.org

#### Parish Council Chair

Mark Litkowski

pc@christthekingnorfolk.org

#### Principal, CTK School & Extended Care

Mrs. Kim V. Callahan, Ed.S

757-625-4951

kcallahan@ctkparish.org

#### Columbarium Manager

Linda Francis, 757-625-0548

### PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.

Friday, 9:00 a.m.-12:00 noon

Bulletin deadline: Thursday by 3:00 p.m.

### PARISH REGISTRATION

Welcome to Christ the King Parish.

We register new parishioners after every Sunday Mass in the Commons. Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs. Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

### BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

### SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

### SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

### SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment.

### ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

**Please consider your Parish Family and/or School in your last will and testament.**

### EUCHARIST IS CELEBRATED

#### WEEKENDS

Saturday - 5:30 p.m.

Sunday - 8:30 and 11:00 a.m.

#### WEEKDAYS

According to Mass Schedule inside.

**CTK VISION:** To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

**CTK MISSION:** To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives.

**CTK GOAL:** Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

## MASS INTENTIONS

FOR THE WEEK OF MARCH 25<sup>th</sup> TO 31<sup>st</sup>

Monday, 3/25		No Mass
Tuesday 3/26	8:30 a.m.	Michael Grosso (L)
Wednesday, 3/27	8:30 a.m.	Mariano Acevedo (D)
Holy Thursday, 3/28	7:00 p.m.	Jean B. Willis (D)
Good Friday, 3/29	3:00 p.m.	The Passion of The Lord
Holy Saturday, 3/30	8:00 p.m.	Intentions of Parishioners
Sunday, 3/31 Easter Sunday	8:30 a.m. 11:00 a.m. (Livestream)	Deacon Michael Brown (L) Kenneth Richardson (D)

### Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

### Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$100 to \$150 but other options include cut flowers and plants.

### Families with Young Children

Welcome to Christ the King!

Children are especially close to the heart of Jesus so don't feel you have to stifle those wiggles and giggles. Children learn liturgical behavior by copying you, so please participate and try to sit where they can see what is happening.

If your child should become verbally or physically restless, please quietly step out and utilize the chairs that have been placed in the Commons just for you. When your child has calmed, please return to your pew. Do not give up! You are welcome here, always.

Children's Liturgy  
of the **Word**

**11:00 AM Mass**  
for ages 3 to 7

One additional team is needed for the 5<sup>th</sup> Sunday of each month for the 11 AM Mass. Please contact the church office for more information and / or to volunteer.

### *St. Columba Ecumenical Ministries*

is a nonprofit organization dedicated to helping those who are homeless and low income.

During the **Month of March**, we will be collecting:

**Lysol Disinfectant Spray and Wipes** For more information, please contact Alicia at 757-627-6748 or visit their website:  
[www.stcolumbaministries.com](http://www.stcolumbaministries.com)

## Next Sunday's Readings

### Holy Week

#### Holy Thursday

**March 28<sup>th</sup>, 2024**

Exodus 12:1 – 8, 11 – 14

Psalms 116:12 – 13, 15 – 16bc, 17 – 18

1 Corinthians 11:23 – 26

John 13:1 – 15

**Scriptures are #1040 in the Hymnal.**

#### Good Friday

**March 29<sup>th</sup>, 2024**

Isaiah 52:13 – 53:12

Psalms 31:2 & 6, 12- 13, 15-17, 25

Hebrews 4:14 – 16, 5:7 – 9

John 18:1 – 19:42

**Scriptures are #1043 in the Hymnal.**

#### Holy Saturday

**March 30<sup>th</sup>, 2024**

Genesis 1:1 – 2:2

Psalms 104:1 – 2, 5 – 6, 10, 12 – 14, 24, 35

Exodus 14:15 – 15:1

Psalms 15:1 – 6, 17 – 18

Ezekiel 36:16 – 17a, 18 – 28

Psalms 42:3, 5; 43:3 – 4

Romans 6:3 – 11

Psalms 118:1 – 2, 16 – 17, 22 – 23

Matthew 28:1-10

**Scriptures are # 1048, 1050, 1054, 1055.**

#### Easter Sunday

**March 31<sup>st</sup>, 2024**

Acts of the Apostles 10:34a, 37 – 43

Psalms 118:1 – 2, 16 – 17, 22 – 23

Colossians 3:1 – 4

John 20:1-9

**Scriptures are # 1065 in Hymnal.**

### **Vocations Awareness**

"Blessed is he who comes in the name of the Lord."

Docility in prayer is essential to vocation discernment. Are you open to a vocation to the priesthood or consecrated life?

Talk to your priest or reach out to the Office of Vocations at (804) 359-5661 or via email:

[vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

### Easter Egg Hunt!



Sunday, March 31<sup>st</sup>, after the 11 AM Mass  
for children up to Grade 5



## THIS WEEK AT CTK

Cleaning Team (#1)	3/25	2:00 PM	Church
Chrism Mass in Richmond	3/25	6:00 PM	Cathedral of the Sacred Heart
Cub / Boy Scouts	3/25	6:30 PM / 7:00 PM	Ashland House / School
Parish Council Meeting	3/26	6:00 PM	Conference Room
Legion of Mary	3/26	7:15 PM	Ashland House
Rehearsal for Holy Thursday	3/27	4:30 PM	Church
Adoration	3/27	6:00 PM to Midnight	Church
Divorce Care	3/27	6:30 PM	Conference Room & Zoom
Becoming Catholic	3/27	6:30 PM	Ashland House
Holy Thursday – Mass of the Lord's Supper (LS)	3/28	7:00 PM	Church
Night Watch – immediately after Mass	3/28	Ends at Midnight	Chapel of Repose
Good Friday – <b>Office Closed</b>	3/29	All Day	
Good Friday – Stations of the Cross	3/29	12 Noon	Church
Good Friday – The Passion of the Lord (LS)	3/29	3:00 PM	Church
Holy Saturday – Easter Vigil (LS)	3/30	8:00 PM	Church
Easter Sunday – Mass	3/31	8:30 AM	Church
Easter Sunday – Mass (Livestreamed (LS))	3/31	11:00 AM	Church
Easter Egg Hunt – immediately after Mass	3/31	12:15 PM	Church Grounds
Easter Monday – <b>Office Closed</b>	4/1	All Day	

	Holy Thursday	Good Friday	Holy Saturday	Easter Sunday, March 31 <sup>st</sup>	
	3/28 @ 7 PM	3/29 @ 3 PM	3/30 @ 8:00 PM	8:30 AM	11:00 AM
<b>Altar Serv. 1</b>	J. Litkowski	R. Vicente	S. Killian (I)	B. Okobi (I)	D. Satchivi (I)
<b>Altar Serv. 2</b>	B. Okobi	S. Killian	J. Litkowski	G. Stevens	J. Satchivi
<b>Altar Serv. 3</b>	A. Gutierrez	S. Okobi	R. Vicente	S. Okobi	R. Adenka
<b>Altar Serv. 4</b>	B. Clark	x	M. Hagerty	M. Everett	x
<b>Altar Serv. 5</b>	J. Gutierrez	x	A. Vicente	x	x
<b>Child. Liturgy</b>	x	x	x	x	A. Luettel
<b>Child. Liturgy</b>	x	x	x	x	O. Hryniewich
<b>Child. Liturgy</b>	x	x	x	x	K. Rivera
<b>Eucharist Min.</b>	Deacon	Deacon	Deacon	T. Wright	A. Vitug
<b>Reader 1</b>	G. Duncan	C. Goodwyn	R. Trent	Reader Needed	S. Brown
<b>Reader 2</b>	L. Francis	Reader Needed	C. Goodwyn	B. Baker	Reader Needed
<b>Reader 3</b>	x	x	A. Vitug	x	x
<b>Reader 4</b>	x	x	Reader Needed	x	x
<b>Usher 1</b>	T. Duncan	K. Brink	T. Duncan	C. Rannigan	T. Womack
<b>Usher 2</b>	K. Brink	T. Duncan	T. Womack	T. Duncan	S. Matrosky
<b>Livestream 1</b>	E. Hunley	J. Ficca	J. Womack	x	J. Ficca
<b>Livestream 2</b>	J. Ficca	H. Luettel	C. Burch & J. Ficca	x	x

"The Lord GOD has given me a well-trained tongue, that I might know how to speak to the weary a word that will rouse them."  
(Is 50:4)

March 24, 2024 | Palm Sunday of the Lord's Passion

Is 50:4-7 | Phil 2:6-11 | Mk 14:1-15:47

Written by  
THE  
FAITHFUL  
DISCIPLE

## GROW AS A DISCIPLE

PRAY, STUDY, ENGAGE, SERVE

"The Lord God has given me a well-trained tongue, that I might know how to speak to the weary a word that will rouse them." This sentence from our first reading is taken from one of the four "Songs of the Suffering Servant" in Isaiah. The New Testament identifies this Servant as Jesus, and we know that Jesus accepted the suffering that was foretold in the verses that follow this one: "I gave my back to those who beat me ... my face I did not hide from insults and spitting." As aspiring servants of God on this Palm Sunday, the most holy of days when we hear Mark's account of Jesus' passion, how does this sentence speak to us? What does it mean to have a well-trained tongue? To me it is a call to speak to the Lord in prayer as well as to speak the Good News of the Gospel whenever and wherever we can.

**PRAY** "Abba, Father, all things are possible to you. Take this cup away from me, but not what I will but what you will." These words from today's passion narrative demonstrate Jesus' complete, obedient surrender of his will to his Father's divine will. As flawed human beings, we will never be able to perfectly emulate our Savior's actions, but what better way to begin Holy Week than to try? Through prayer, strive to surrender yourself to God this week by trusting him completely, and striving to do his will with humility and Christ-like obedience.

## GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

How can we gain the confidence to believe that our tongue is "well-trained"? We know we are all given the gifts of the Holy Spirit, and we must trust in that promise and invoke his presence often. Who knows? A kind word or gesture from us may just "speak" to a weary person who is struggling. Paul writes that in his passion, Jesus "emptied himself" in the hours before his death and "[became] obedient to the point of death, even death on a cross." Paul's next words give us the answer to our question above: "Because of this, God greatly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bend ... and every tongue confess [emphasis added] that Jesus Christ is Lord." The fullness of the kingdom will be realized only when Jesus comes again. But in the meantime, we have the Eucharist that Jesus instituted at the Last Supper to sustain us and give us strength for our task to confess Jesus Christ as Lord and spread the kingdom of God one day at a time.

## HOLY WEEK & THE PASCHAL TRIDUUM



### **PALM SUNDAY OF THE PASSION OF THE LORD ~ March 24<sup>th</sup>**

Saturday at 5:30 p.m.

Sunday at 8:30 a.m. & 11:00 a.m. with Solemn Procession with Palms (outside, weather permitting)

### **CHRISM MASS ~ March 25<sup>th</sup>**

Monday at 6:00 p.m., Cathedral of the Sacred Heart, Richmond

### **HOLY THURSDAY OF THE LORD'S SUPPER ~ March 28<sup>th</sup>**

Mass of the Lord's Supper at 7:00 p.m.

Followed by Adoration of the Eucharist (Night Watch) in the Adoration Chapel until Midnight

All are invited to bring donations of canned goods & non-perishable foods forward which will be given to Saint Columba.

### **GOOD FRIDAY ~ March 29<sup>th</sup>**

Stations of the Cross at 12 Noon in the Church

Celebration of Our Lord's Passion & Veneration of the Cross at 3:00 p.m.

### **THE EASTER VIGIL IN THE HOLY NIGHT ~ March 30<sup>th</sup>**

Easter Vigil Mass at 8:00 p.m. followed by a reception in the Commons – Please bring a food item to share.

### **EASTER SUNDAY OF THE RESURRECTION OF THE LORD ~ March 30<sup>th</sup>**

Masses at 8:30 a.m. & 11:00 a.m.

Our Annual Easter Egg Hunt for children ages 2 to 10 will be held after the 11 a.m. Mass.

# April 2024

# Christ the King Catholic Church

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



*“This is the day the Lord has made; let us rejoice and be glad!” (Psalm 118)*



	<p><b>1</b></p> <p>6:30 PM Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off <i>Office Closed</i></p>	<p><b>2</b></p> <p>No Mass 7:15 Legion of Mary</p>	<p><b>3</b></p> <p>No Mass 6:30 PM Divorce Care</p>	<p><b>4</b></p> <p>No Mass 7:00 PM Virtual Rosary</p>	<p><b>5</b> <i>First Friday</i></p> <p>No Mass 9 AM-6 PM Adoration 5:30 Vespers</p>	<p><b>6</b></p> <p>No AM Mass 3:30 PM Reconciliation 5:30 Vigil Mass</p>
<p><b>7</b> <i>Divine Mercy Sunday</i></p> <p>8:30 AM Mass 11:00 Mass <b>3:00 PM Divine Mercy Holy Hour</b></p>	<p><b>8</b> <i>Annunciation of the Lord</i></p> <p>6:30 PM Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off</p>	<p><b>9</b></p> <p>8:30 AM Mass 12:00 PM Sr. Luncheon 6:30 Liturgy Committee 7:15 Legion of Mary</p>	<p><b>10</b></p> <p>8:30 AM Mass 6:30 PM Divorce Care 6:30 RCIA - Mystagogy</p>	<p><b>11</b> <i>St. Stanislaus</i></p> <p>8:30 AM Mass 6:00 PM First Communion Class 7:00 Virtual Rosary</p>	<p><b>12</b></p> <p>8:30 AM Mass</p>	<p><b>13</b> <i>St. Martin I</i></p> <p>6:00 AM TMIY 8:30 Mass 3:30 PM Reconciliation 5:30 Vigil Mass</p>
<p><b>14</b> <i>3<sup>rd</sup> Sunday of Easter</i></p> <p>8:30 AM Mass 9:45 FF for PK – Gr 8 11:00 Youth Mass 12:15 PM Youth Group</p>	<p><b>15</b></p> <p>6:30 PM Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off</p>	<p><b>16</b></p> <p>8:30 AM Mass 7:00 PM Finance Committee 7:15 Legion of Mary</p>	<p><b>17</b></p> <p>8:30 AM Mass 6:30 PM Divorce Care 6:30 RCIA - Mystagogy</p>	<p><b>18</b></p> <p>8:30 AM Mass 7:00 PM Virtual Rosary</p>	<p><b>19</b></p> <p>8:30 AM Mass</p>	<p><b>20</b></p> <p>6:00 AM TMIY 8:30 Mass 3:30 PM Reconciliation 5:30 Vigil Mass</p>
<p><b>21</b> <i>4<sup>th</sup> Sunday of Easter</i></p> <p>8:30 AM Mass 9:45 FF for PK – Gr 8 11:00 Mass 12:15 PM FF for Grs 9-12</p>	<p><b>22</b></p> <p>6:30 PM Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off</p>	<p><b>23</b> <i>Sts. George &amp; Adalbert</i></p> <p>8:30 AM Mass 6:00 PM Parish Council 7:15 Legion of Mary</p>	<p><b>24</b> <i>St. Fidelis of Sigmaringen</i></p> <p>8:30 AM Mass 6:30 PM Divorce Care 6:30 RCIA - Mystagogy</p>	<p><b>25</b> <i>St. Mark</i></p> <p>8:30 AM Mass 6:00 PM VBS Meeting 7:00 Virtual Rosary</p>	<p><b>26</b></p> <p>8:30 AM Mass</p>	<p><b>27</b></p> <p>6:00 AM TMIY 8:30 Mass <b>10:00 First Communion Retreat &amp; Rehearsal</b> 3:30 PM Reconciliation 5:30 Vigil Mass</p>
<p><b>28</b> <i>5<sup>th</sup> Sunday of Easter</i></p> <p>8:30 AM Mass 9:45 FF for PK – Gr 8 11:00 Mass 12:15 PM FF for Grs 9-12</p>	<p><b>29</b> <i>St. Catherine of Sienna</i></p> <p>6:30 PM Cub Scouts 7:00 Boy Scouts</p> <p>No Mass Fr. Joe's Day Off</p>	<p><b>30</b> <i>St. Pius V</i></p> <p>8:30 AM Mass 7:15 PM Legion of Mary</p>	<p><i>Special Collections:</i> Capital Improvement and Budget Deficit</p> <p><i>St. Columba's Collection for April:</i> Disposable Gloves and Masks</p>			

Greetings Parishioners, Parents, Friends,

We extend heartfelt congratulations to this month's Peacemaker, recognized for exemplifying the virtue of kindness. Our students demonstrate kindness in myriad ways, from welcoming new classmates with shared pencils to fostering a culture of warmth and inclusion. Let's continue to embrace and celebrate this wonderful virtue! Looking ahead, our focus shifts to the virtue of patience for the upcoming month.

I am thrilled to announce that this year, our 6th-grade Life Sciences class will be taking the lead in managing the CTK Community Garden. This hands-on experience fosters a deeper understanding of environmental stewardship and provides our students with valuable lessons in teamwork, responsibility, and service to others.

We invite parish community members to join us in supporting the CTK Community Garden by donating items such as seeds, gardening tools, soil, compost, and watering cans. Your generous contributions will help us create a thriving and sustainable garden that benefits our entire school community.

Thank you for your continued support and generosity. Together, we can cultivate a culture of stewardship and sustainability that reflects the values of our Catholic faith.

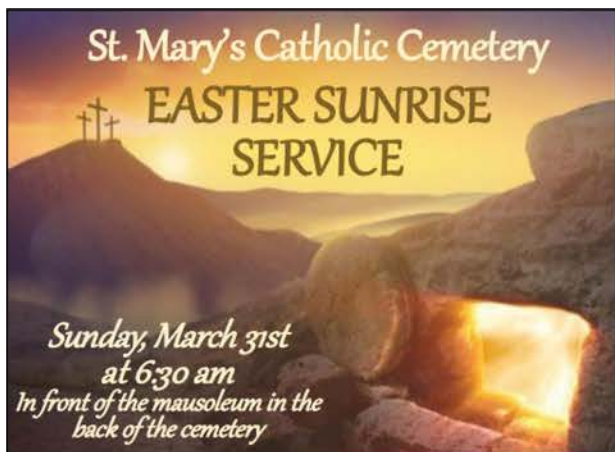
Pax Omnibus,  
Kim Versprille Callahan, Ed.S.  
Principal, Christ the King Catholic School



Run to Fund 2024



St Patrick's Day Parade 2024



### YOUR GIFTS TO GOD AND PARISH

Number of families contributing to the operating income during the month of February: 134 out of 323



#### March Special Collections:

Budget Deficit, Easter Flowers, Easter, Catholic Relief Services, And Capital Improvement

All Online Giving (including special collections) can be done by scanning the QR code above or by going directly to:

<https://osvhub.com/christthekingnorfolk/giving/funds>



**Congratulations to our  
Confirmandil!**

- Adeboute A.
- Humberto G.
- Emily H.
- Katherine L.
- Heleana L.
- Elizabeth L.
- Jasmine N.
- Onyebuka O.
- Rian V.



*Faith*  
**Formation** 

**PreK to Grade 8:** Sundays, 9:45 to 10:45 AM

March 3, 10, 17

April 14, 21, 28

May 5 – May Crowning & Year End Party

**Grades 9 to 12:** Sundays, 12:15 to 1:30 PM

March 3<sup>rd</sup> & 17<sup>th</sup> (bring your lunch)

April 21<sup>st</sup> & 28<sup>th</sup>

**Youth Group Events:**

March 30<sup>th</sup> – Prepare eggs at 10 AM

March 31<sup>st</sup> – Easter Egg Hunt after 11 AM Mass

April 14<sup>th</sup> – Youth Mass & Youth Group

May 5<sup>th</sup> – Year End Party for All Faith Formation & Youth Group Families

Candy and unfilled plastic eggs are needed for our **Annual Easter Egg Hunt!**

Please bring your donations to the church by **Thursday, March 28<sup>th</sup>.**

All Youth Group members are asked to help fill the eggs on **Saturday, March 30<sup>th</sup>** at 10 AM.



Sunday, March 31<sup>st</sup> after the 11 AM Mass

**THE CATHOLIC CHURCH OF  
ST. MARK, VIRGINIA BEACH  
PRESENTS:**



**FR. RICKY MANALO, CSP**

**“A EUCHARIST OF ENCOUNTERING:  
CROSSING THRESHOLDS,  
BECOMING TRANSFORMED”**

**PRESENTATION AND MUSIC:  
FRIDAY, APRIL 5TH AT 7:00PM**

Rev. Ricky Manalo, CSP, Ph.D.,  
Paulist Priest, Composer,  
theologian, and author.



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*Theology on Tap*

Take Every Thought Captive: 5 tips for overcoming anxiety and entering more fully into life-giving friendships

By Angela Kuhlmann

March 28th  
7-9pm  
\$3 cover

Vibrant Shore Brewing Co  
@ Back deck beer garden (if able)  
505 18th St Virginia Beach, VA 23452

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SSI lot just on the corner

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A MEAL



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