



CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue
Norfolk, VA 23509
(757) 622-1120
FAX (757) 627-8808
Email:
office@christthekingnorfolk.org
Website:
www.christthekingnorfolk.org

LENT

*"Behold, now is a very acceptable time;
behold, now is the day of salvation."*
2 COR 6:2

PARISH STAFF

Pastor

Rev. Joseph Wamala
757- 622-1120 (Office)
757- 627-1723 (Rectory)
frwamala@christthekingnorfolk.org

Deacon

Rev. Mr. Michael Brown
michael.brown@christthekingnorfolk.org
757-622-1120 - By Appointment

Coordinator of Faith Formation & Youth Ministry

Janet Ficca
757-622-1120, ext. 15
faith@christthekingnorfolk.org

Minister of Music

B. J. Atkinson
music@christthekingnorfolk.org

Office

Cindy Nettleton, Administrative Assistant
757-622-1120
office@christthekingnorfolk.org

Parish Council Chair

Sandra Butterfield
samiam1964@cox.net

Principal, CTK School & Extended Care

Mrs. Kim V. Callahan, Ed.S
757-625-4951
kcallahan@ctkparish.org

Columbarium Manager

Linda Francis, 757-625-0548

PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.
Friday, 9:00 a.m.-12:00 noon
Bulletin deadline: Thursday by 3:00 p.m.

PARISH REGISTRATION

Welcome to Christ the King Parish.
We register new parishioners after every Sunday Mass in the Commons. Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs. Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment.

ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

Please consider your Parish Family and/or School in your last will and testament.

EUCHARIST IS CELEBRATED

WEEKENDS

Saturday - 5:30 p.m.
Sunday - 8:30 and 11:00 a.m.

WEEKDAYS

According to Mass Schedule inside.

CTK VISION: To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

CTK MISSION: To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives.

CTK GOAL: Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

MASS INTENTIONS

FOR THE WEEK OF MARCH 11th TO MARCH 17th

Monday, 3/11		No Mass
Tuesday, 3/12	8:30 a.m.	Betty Francioni (D)
Wednesday, 3/13	8:30 a.m.	Archie Duncan, Jr. (D)
Thursday, 3/14	8:30 a.m.	Elaine & Lloyd Held (D)
Friday, 3/15	8:30 a.m.	Our Confirmation Candidates
Saturday, 3/16	8:30 a.m. 5:30 p.m.	Linda & Clyde Enmon (D)
Sunday, 3/17	8:30 a.m. 11:00 a.m. (Livestream)	Intentions of Parishioners Marie & William Cagney (D)

Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$100 to \$175, but we have other options.

St. Columba Ecumenical Ministries

is a nonprofit organization dedicated to helping those who are homeless and low-income.

- During the **Month of March**, we will be collecting:
Lysol Disinfectant Spray and Wipes

For more information, please contact Alicia at 757-627-6748 or visit their website:

www.stcolumbaministries.com

	Liturgical Ministers for 5 th Sunday of Lent		
	Saturday, 3/16	Sunday, March 17 th	
	5:30 PM	8:30 AM	11:00 AM
Altar Serv. 1	S. Killian	G. Stevens	E. Luettel
Altar Serv. 2	B. Clark	S. Stevens	J. Gutierrez
Altar Serv. 3	x	x	x
Child. Lit. 1	x	x	A. Luettel
Child. Lit. 2	x	x	C. Connor
EMHC	M. Agnese	A. Okobi	E. Kukanich
Reader 1	C. Burch	Reader Needed	J. Ficca
Reader 2	R. Trent	Reader Needed	Reader Needed
Usher 1	C. Rannigan	T. Duncan	T. Womack
Usher 2	J. Fellowes	G. Duncan	S. Matrosky
Livestream	x	x	H. Luettel

NEXT WEEK'S READINGS

5th Sunday in Lent

March 17th, 2024

Jeremiah 31:31 – 34
Psalm 51:3 – 4, 12 – 15
Hebrews 5:7 – 9
John 12:20 – 33

Scriptures are #1029 in the Hymnal.

Vocations Awareness

“Whoever lives the truth comes to the light.”

Your vocation is your sanctification in this life to lead you to sainthood in the next. Are you called to belong to Christ alone as a priest or through consecrated life?

Talk to your priest or reach out to the
Office of Vocations at
(804) 359-5661 or via email:
vocations@richmonddiocese.org.

Children's Liturgy
of the **Word**

11:00 AM Mass
for ages 3 to 7

One additional team is needed for the 5th Sunday of each month for the 11 AM Mass. Please contact the church office for more info and / or to volunteer.

Families with Young Children

Welcome to Christ the King!

Children are especially close to the heart of Jesus so don't feel you have to stifle those wiggles and giggles.

Children learn liturgical behavior by copying you, so please participate and try to sit where they can see what is happening.

If your child should become verbally or physically restless, please quietly step out and utilize the chairs that have been placed in the Commons just for you.

When your child has calmed, please return to your pew.

Do not give up!
You are welcome here, always.



THIS WEEK AT CTK

Faith Formation Class for Pre-K – Grade 8	310	9:45 AM	Ashland House
Youth Mass & Confirmation Rehearsal	3/10	11:00 AM / 12:15 PM	Church
Baptism Class	3/10	2:00 PM	Church
Family Skate Night	3/10	5:00 – 9:00 PM	SK8 House, Virginia Beach
Cub Scouts / Boy Scouts	311	6:30 PM / 7:00 PM	Ashland House / School
Cleaning Team #2	3/12	9:00 AM	Church
Senior Luncheon	3/12	12 Noon	Olive Garden @ J.A.N.A.F.
Legion of Mary	3/12	7:15 PM	Ashland House
Day of Reconciliation	3/13	9:00 AM – 6:00 PM	Various Locations
Adoration	3/13	6:00 PM - Midnight	Church
Divorce Care	3/13	6:30 PM	Conference Room
Becoming Catholic	3/13	6:30 PM	Ashland House
First Communion Class #4	3/14	6:00 PM	Church Commons
Virtual Rosary	3/14	7:00 PM	via phone (757)551-6414
Adoration / Vespers (5:30 PM)	3/15	9:00 AM – 6:00 PM	Church
Stations of the Cross	3/15	6:00 PM	Church
Soup Supper	3/15	6:45 PM	Church Commons
Confirmation	3/15	7:00 PM	St. Pius X
That Man Is You (TMIY)	3/16	6:00 AM	Church Commons
Faith Formation Class for Pre-K – Grade 8	3/17	9:45 AM	Ashland House
Faith Formation Class for Grades 9 – 12	3/17	12:15 PM	Ashland House

2024 Annual Diocesan Appeal: *Sharing His Love with Others*

In February, I spoke about the Annual Diocesan Appeal. In this time of Lent, I hope you have taken time to consider how you can support this year's effort which provides essential ministries throughout our Diocese aimed at empowering the next generation of Catholics, helping those in need, and strengthening our parishes and Catholic communities. It is my hope that every household in our parish contributes to this year's effort. Please visit <https://richmondcatholicfoundation.org/appeal> to make a secure online donation or pick up a pledge card in church. Every gift, no matter the amount, makes a difference. Thank you very much for your prayerful consideration of support!

YOUR GIFTS TO GOD AND PARISH

Number of families contributing to the operating income during the month of February: **134 out of 323**

Month of February 2024

Monthly Budget Needed	\$ 30,411.85
Actual Receipts Received	<u>24,143.70</u>
Monthly Budget Deficit	\$ <u>(6,268.15)</u>
Year-To-Date Budget Needed	\$ 266,103.68
YTD Actual Receipts Received	<u>223,565.98</u>
YTD Budget Deficit	\$ <u>(42,537.70)</u>
Capital Improvement Collection for February - \$1,130	



March Special Collections:

Budget Deficit, Easter Flowers, Easter, Catholic Relief Services, And Capital Improvement

All Online Giving (including special collections) can be done by scanning the **QR code** above or by going directly to:

<https://osvhub.com/christthekingnorfolk/giving/funds>



March 10, 2024 | Fourth Sunday in Lent

2 Chr 36:14-16, 19-23 | Eph 2:4-10 | Jn 3:14-21

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

“The floor is lava!” We used to play this game as children, and it still seems popular today: you arrange furniture and other objects in such a way as to make it from point to point, and even room to room, without touching the floor. There may be more than one way to go, but the crux of the matter is that you have to use these waypoints to stay alive in the game. Following Jesus is somewhat similar, although obviously infinitely more serious and important! He himself, through his sacrifice on the cross, opened the doors of salvation to us – he has provided the ways and means to live free from death. His sacrifice is the only thing that makes it possible for us to enter heaven. In other words, he has arranged the spiritual furniture, made clear those waypoints, and, differing from children who play the lava game, is ready and willing to help us at any time to move safely and confidently along the journey. St Paul writes, “we are his handiwork, created in Christ Jesus for the good works that God has prepared in advance, that we should live in them.”

ENGAGE Today we are about halfway through Lent. If you haven't yet taken advantage of the rich opportunity to pray the Stations of the Cross with your family, do so this week. Most parishes pray the stations on Fridays during Lent, and perhaps other days as well. This ancient tradition of our Church is a beautiful and meaningful way to walk the Way of the Cross with our Lord.

We adore you, O Christ, and bless you. Because by your holy cross you have redeemed the whole world.

GO EVANGELIZE


PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

St. Paul also writes, “by grace you have been saved through faith, and this is not from you; it is the gift of God.” And in today's Gospel, St. John writes these words we know so well. “For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.” Both testaments include words of comfort, but John here also includes a call to action. Notice the word “might.” Like “may,” which is found in other translations, it indicates possibility, probability, and contingency. In other words, it is offered – freely given! – but we must accept. And acceptance means, just as the prophets shared with the Israelites, we need to follow God's commands. It means that in our words and deeds we act from and in love of God and love of one another. For “whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.”

The Light is ON for you!
Deanery 1: Day of Reconciliation
Wednesday, March 13, 2024 | 9:00 AM - 7:00 PM

Come Home and be reconciled with Christ, visit any of these parishes on March 13th during the times below for reconciliation.

9 AM - 10 AM	Blessed Sacrament, Norfolk
10 AM - 11 AM	St. Andrew's, Chincoteague Sacred Heart, Norfolk
11 AM - 12 PM	Basilica of St. Mary, Norfolk
12 PM - 1 PM	St. Matthew's, Virginia Beach
1 PM - 2 PM	Basilica of St. Mary, Norfolk St. Pius X, Norfolk
2 PM - 3 PM	Christ the King, Norfolk
3 PM - 4 PM	St. Matthew's, Virginia Beach
4 PM - 5 PM	Holy Trinity, Norfolk Sacred Heart, Norfolk St. Charles Borromeo, Cape Charles
5 PM - 6 PM	St. Andrew's, Chincoteague Holy Trinity, Norfolk St. Peter the Apostle, Onley
6 PM - 7 PM	Blessed Sacrament, Norfolk Christ the King, Norfolk St. Pius X, Norfolk



Chrim Mass – Monday, March 25th

If you are interested in attending the Chrim Mass in Richmond on Monday, March 25th, please contact the church office. We will be leaving around 3 PM and return around 9 PM.

LENT 2024

Wednesdays during Lent
 February 21st, 28th
 March 6th, 13th, 20th, 27th

ADORATION OF THE BLESSED SACRAMENT – 6:00 PM to Midnight

Fridays during Lent
 February 16th, 23rd
 March 1st, 8th, 15th, 22nd

ADORATION OF THE BLESSED SACRAMENT – 9:00 AM to 6:00 PM
VESPERS & BENEDICTION – 5:30 PM
STATIONS OF THE CROSS – 6:00 PM
LENTEN SOUP SUPPER – 6:45 PM

LENT 2024

DAILY MASS – Tuesday through Saturday at 8:30 a.m.

All Daily Masses on Fridays will continue to be livestreamed.

RECONCILIATION – Saturdays from 3:30 to 5:00 p.m.

NORFOLK DAY OF RECONCILIATION – Wednesday, March 13th



ADORATION OF THE BLESSED SACRAMENT

– Wednesdays from 6 p.m. to midnight

– Fridays from 9 a.m. to 6 p.m.

VESPERS & BENEDICTION – Fridays at 5:30 p.m.

STATIONS OF THE CROSS – Fridays at 6 p.m.

LENTEN SOUP SUPPER – Fridays at 6:45 p.m.



CONFIRMATION – Friday, March 15th at 7 p.m. at St. Pius X

rites with our catechumens

SCRUTINIES – March 2nd @ 5:30 p.m.; March 10th @ 8:30 a.m.; March 17th @ 11:00 a.m.

SACRAMENTS OF INITIATION – Saturday, March 30th @ 8 p.m.

HOLY WEEK & THE PASCHAL TRIDUUM



PALM SUNDAY OF THE PASSION OF THE LORD ~ March 24th

Saturday at 5:30 p.m.

Sunday at 8:30 a.m. & 11:00 a.m. with Solemn Procession with Palms (outside, weather permitting)

CHRISM MASS ~ March 25th

Monday at 6:00 p.m., Cathedral of the Sacred Heart, Richmond

HOLY THURSDAY OF THE LORD'S SUPPER ~ March 28th

Mass of the Lord's Supper at 7:00 p.m.

Followed by Adoration of the Eucharist (Night Watch) in the Adoration Chapel until Midnight

All are invited to bring donations of canned goods & non-perishable foods forward which will be given to Saint Columba.

GOOD FRIDAY ~ March 29th

Stations of the Cross at 12 Noon in the Church

Celebration of Our Lord's Passion & Veneration of the Cross at 3:00 p.m.

THE EASTER VIGIL IN THE HOLY NIGHT ~ March 30th

Easter Vigil Mass at 8:00 p.m. followed by a reception in the Commons – Please bring a food item to share.

EASTER SUNDAY OF THE RESURRECTION OF THE LORD ~ March 30th

Masses at 8:30 a.m. & 11:00 a.m.

Our Annual Easter Egg Hunt for children ages 2 to 10 will be held after the 11 a.m. Mass.

Greetings, Parishioners, Families, and Friends,

Spring is approaching, and learning is in full swing at the CTK. As you may know, this is a time of year that students make the most academic and social learning improvements. Make school a priority. Very soon, the weather will change, with spring right around the corner. It can be challenging to keep our children focused on learning. What can you do to make school a top priority for your child? Keep these ideas in mind:

- Make attendance your number one priority. Let your child know that unless they are sick, they must attend school (and be on time). Try to schedule appointments after school hours.
- Show you care. Talk about school activities and projects. Make an effort to attend as many school events as you can.
- Remain positive. Try to set a positive example for your child, even when your day has been challenging. If you show a positive attitude about your work, your child may feel better about their own.

Educators are often asked one crucial question, "What do you think I can do at home to help my child be more successful at school?" My answer is very simple, "Read with your child every day. Let them see you read." Before, during, and after the reading, encourage your child to begin a discussion about the story, ask questions, visualize the story, offer information, share personal thoughts, and connect the story to real-life situations. Make the time an enjoyable experience and let your child see that reading is fun. Celebrate this special time together!

Just a reminder ... Students leave jackets, sweaters, hats, and lunch boxes daily on the school grounds. Those items without students' names are picked up and brought to our lost and found in front of the office. We donate these items to missions and shelters during the school year when the pile gets high. During spring break, we will donate any items left in our lost and found. Please check or have your child check the lost and found.

Thank you for your constant support and prayers for our school. I encourage you to continue to support our work as we advance our mission to elevate, educate and empower our deserving students. There is no greater investment in forming our future saints than a Catholic education!

Our Read2Fund is next week, and we will accept donations until March 22. Please help us reach our goal of \$40,000! We thank you for entrusting your children to us and for the sacrifices you make each day to send your child(ren) to Christ the King Catholic School.

Pax Ominibus,
Kim Versprille Callahan, Ed.S.
Principal
Christ the King Catholic School

Long-term Sub Needed

Christ the King School in Norfolk has an opening for one 3rd and 4th-grade long-term sub for reading and religion. Interested applicants are asked to contact Kim Callahan, Principal, at kcallahan@ctkparish.org.



Candy and unfilled plastic eggs are needed for our **Annual Easter Egg Hunt!**

Please bring your donations to the church by **Thursday, March 28th**.

All Youth Group members are asked to help fill the eggs on **Saturday, March 30th** at 10 AM.



Sunday, March 31st after the 11 AM Mass





PreK to Grade 8: Sundays, 9:45 to 10:45 AM

March 3, 10, 17

April 14, 21, 28

May 5 – May Crowning & Year End Party

Grades 9 to 12: Sundays, 12:15 to 1:30 PM

March 3rd & 17th (bring your lunch)

April 21st & 28th

Youth Group Events:

March 10th – Youth Mass @ 11 AM

Rite of Sending & Confirmation Rehearsal

– Skate Night at Sk8 House, VB @ 5 PM

March 15th – **Confirmation** at St. Pius X @ 7 PM

March 31st – Easter Egg Hunt after 11 AM Mass

Save the Date!

CTK's Annual Vacation Bible School

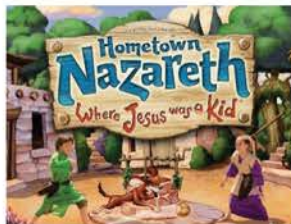
Monday, July 22nd to Friday, July 26th

Your help is needed to decide the **theme** and **time**:

1A.



1B.



2A. 9:15 AM to 12 noon

Open to those entering Preschool 4 to Grade 5

2B. 5:00 PM to 7:30 PM

Family centered – All ages welcome with parent.

Please cut this out and vote for both the **theme** and the **time** by March 15th.

Interested in volunteering?
Complete the contact info below.

Name _____

Email _____

Phone # _____

Ages of children _____



DIOCESAN WORK CAMP

SERVING OUR BROTHERS AND SISTERS IN NEED

June 22 – 28, 2024

A Mission Trip Experience Close to Home

All 8th – 12th grade teens from across the Diocese are invited to Diocesan Work Camp this summer in Hampton Roads. Work Camp is an annual week-long mission trip experience where teens from all of the Diocese learn to live their faith through the lens of service and community. Participants will be broken into work crews that have a mix of teens from different parishes, and each work crew will complete a home repair project in the local community. Everyone at Work Camp attends daily Mass before heading out to work, and evenings are filled with free time and evening program. A highlight from program is the mid-week Eucharistic Adoration and Reconciliation service. All teens, chaperones, home base volunteers, and contractors stay onsite in a school building. Diocesan Work Camp is an immersive experience for teens to learn what it means to put our Catholic faith into action.

Register by March 4th and save \$50 per participant.

Adults are also needed as Home Base Volunteers & Contractors!

CHRIST THE KING YOUTH GROUP PRESENTS

Family Skate PARTY





600 S LYNNHAVEN RD
VA BEACH, VA 23452

10 MAR

\$15
ENTRY FEE
includes skates

5 - 9 PM

Contact Mrs Ficca for more info at
faith@christthekingnorfolk.org

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