



CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue

Norfolk, VA 23509

(757) 622-1120

FAX (757) 627-8808

Email: office@christthekingnorfolk.org

Website: www.christthekingnorfolk.org



THE SEASON OF LENT

Rend your hearts,
not your garments,
and return to the
Lord
your God.

Joel 2:13

PARISH STAFF

Pastor

Rev. Joseph Wamala

757- 622-1120 (Office)

757- 627-1723 (Rectory)

frwamala@christthekingnorfolk.org

Deacon

Rev. Mr. Michael Brown

michael.brown@christthekingnorfolk.org

757-622-1120 – By Appointment

Coordinator of Faith Formation & Youth Ministry

Janet Ficca

757-622-1120, ext. 15

faith@christthekingnorfolk.org

Minister of Music

B. J. Atkinson

music@christthekingnorfolk.org

Office

Cindy Nettleton, Administrative Assistant

757-622-1120

office@christthekingnorfolk.org

Parish Council Chair

Sandra Butterfield

samiam1964@cox.net

Principal, CTK School and Extended Care

Mrs. Kim V. Callahan, Ed.S

757-625-4951

kcallahan@ctkparish.org

Columbarium Manager

Linda Francis, 757-625-0548

PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.

Friday, 9:00 a.m.-12:00 noon

Bulletin deadline: Thursday by 3:00 p.m.

PARISH REGISTRATION

Welcome to Christ the King Parish.

We register new parishioners after every Sunday Mass in the Commons.

Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs.

Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

Please consider your Parish Family and/or School in your last will and testament.

EUCCHARIST IS CELEBRATED

WEEKENDS

Saturday – 5:30 p.m.

Sunday – 8:30 and 11:00 a.m.

WEEKDAYS

According to Mass Schedule inside.

CTK VISION: To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

CTK MISSION: To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives

CTK GOAL: Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

MASS INTENTIONS

FOR THE WEEK OF MARCH 13th TO 19th

Monday, 3/13		No Mass
Tuesday, 3/14	8:30 a.m.	Edilberto Pascual, Jr. (D)
Wednesday, 3/15	8:30 a.m.	Dee Hunt (D)
Thursday, 3/16	8:30 a.m.	Ligaya Jankowski (D)
Friday, 3/17	8:30 a.m.	Michael T. Ernst (D)
Saturday, 3/18	8:30 a.m. 5:30 p.m.	Francesca & Mary (D) Fr. Joe Wamala (L)
Sunday, 3/19	8:30 a.m. 11:00 a.m. (Livestream)	Intentions of Parishioners Fr. Joe Wamala (L)

Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$100 to \$150 but other options include cut flowers and plants.

ENROLL NOW FOR 2023-2024

Christ the King School is now enrolling students for the 2023-2024 school year!

Please contact the school office for a tour and for full details. Financial assistance is available.



Elevate, Educate, and Empower
(757) 625-4951
info@ctkparish.org



Next Sunday's Readings

4th Sunday in Lent

March 19th, 2023

1 Samuel 16:1b, 6 – 7, 10 – 13a
Psalm 23:1 – 6
Ephesians 5:8 – 14
John 9:1 – 41

Scriptures are #1025 in the Hymnal

Vocations Awareness

“But whoever drinks the water I give, will never be thirsty.”

Are you thirsting for an understanding of your vocation?

Call Father Brian Capuano at 804-359-5661 or email him at

vocations@richmonddiocese.org

St. Columba Ecumenical Ministries

is a nonprofit organization dedicated to helping those who are homeless and low income.

During the **Month of March**, we will be collecting:

Lysol spray and wipes

For more information, please contact Alicia at 757-627-6748 or visit their website:

www.stcolumbaministries.com

“Come and see... Could this not be the Messiah?” John 4:29

	Liturgical Ministers for March 18th & 19th		
	Saturday, 3/18	Sunday, March 19 th	
	5:30 PM	8:30 AM	11:00 AM
Altar Serv. 1	R. Vicente	M. Everett	S. Sama
Altar Serv. 2		A. Gutierrez	L. Sama
Child. Lit. 1	x	x	C. Richey
Child. Lit. 2	x	x	D. Fogle
Eucharistic	M. Agnese	G. Duncan	x
Reader 1		J. Ficca	C. Goodwyn
Reader 2			J. Ficca
Usher 1	C. Rannigan	T. Duncan	P. Daugherty
Usher 2	J. Fellowes	G. Duncan	E. Webb
Livestream	x	x	J. Womack

CTK's Legion of Mary



Meets on **Tuesdays @ 7:15 PM**

in Ashland House.

For more details, contact
Tess Rozelle

theroze0305@aol.com

New members are always welcome!

Altar Server Training

There will be training for all **current altar servers** and **those who are interested** in serving following the 11:00 Mass on Sunday, March 19th in the church. A **pizza lunch** will be served. Please contact the church office for more information.



THIS WEEK AT CTK

Cub / Boy Scouts	3/13	6:30 PM / 7:00 PM	Ashland House / School
Confirmation Class	3/13	7:30 PM	via Zoom
Cleaning Team #2	3/14	9:00 AM	Church
Senior Luncheon	3/14	12 Noon	Olive Garden @ J.A.N.A.F.
First Communion Class (#1)	3/14	6:00 PM	Church
Legion of Mary	3/14	7:15 PM	Ashland House – downstairs
Divorce Care	3/15	6:30 PM	Conference Room & Zoom
Cantor / Choir Practice	3/16	6:30 PM / 7:00 PM	Church
What We Believe (OCIA)	3/16	7:00 PM	Conference Room & Zoom
Virtual Rosary	3/16	7:00 PM	via phone (757-551-6414)
Spirit of God Prayer Group	3/16	7:00 PM	Church
Friday Adoration / Vespers (5:30 PM)	3/17	9:00 AM – 6:00 PM	Church
Stations of the Cross	3/17	6:00 PM	Church
Soup Supper	3/17	6:30 PM	Church Commons
Circulo d'Oracione	3/17	7:30 PM	Church
That Man Is You (TMIY)	3/18	6:00 AM	Church Commons
Faith Formation – PreK to Grade 5	3/19	9:45 AM	Ashland House
Confirmation Rehearsal	3/19	Immediately after Mass	Church
Altar Server Training (Current & New)	3/19	12:15 PM	Church
Faith Formation – Grades 6 to 12	3/19	12:15 PM	Ashland House



Jesus has living water for souls thirsting for Him. When you support the Annual Diocesan Appeal, you can help provide His water to those who are thirsty.

Please help us reach our goal of \$15,470 by donating today or making a pledge. Scan the QR code or go to

<https://richmondcatholicfoundation.org/appeal-2/>



YOUR GIFTS TO GOD AND PARISH

Number of families contributing to operating income during the month of February: **126 out of 330**

Month of February 2023

Monthly Budget Needed	\$	28,416.15
Actual Receipts Received		<u>20,689.76</u>
Monthly Budget Deficit	\$	<u>(7,726.39)</u>

Year-To-Date Budget Needed	\$	248,641.35
YTD Actual Receipts Received		<u>180,429.01</u>
YTD Budget Deficit	\$	<u>(68,212.34)</u>

Capital Improvement Collection for February - \$1,131.00

March Special Collections:

Catholic Relief Services
Easter Flowers
Budget Deficit and Capital Improvements

All Online Giving (including special collections)
can be done directly at:

<https://osvhub.com/christthekingnorfolk/giving/funds>



March 12, 2023 | Third Sunday of Lent

Ex 17:3-7 | Rom 5:1-2, 5-8 | Jn 4:5-42

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Even St. Teresa of Calcutta experienced a period of “spiritual dryness.” We pray, we go to Mass faithfully, we serve others – yet at times God’s presence may seem elusive. Like the Israelites, we may ask, “Is the Lord in our midst or not?” As we enter the third Sunday of Lent, today’s readings assure us that God remains with us even during those times we may feel spiritually parched. In Exodus, water flows from a rock to satisfy the people. In the Gospel, Jesus tells the Samaritan woman at the well: “Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.” The woman, a sinner and an outcast, recognizes Jesus as Messiah, and it changes her life. Even when we don’t “feel” God’s presence, we can rest assured that Jesus stands beside us. He is our redemption and our Hope, and “Hope does not disappoint.”

ACTION Put a note on your mirror or bedside: “Hope does not disappoint.” Each morning, remind yourself that Jesus is the source of our hope, and try to think of ways to share this hope with others.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

In today’s Gospel, Jesus breaks with custom by talking to a woman – a Samaritan woman, no less. He “sees” her – knowing she has been married five times before and is living with a man not her husband. Yet he chooses to reveal to her his identity as the Messiah and offers her “living water.” But it doesn’t end there. The woman at the well goes forth and shares her experience with others. Many more came to believe in the Messiah based on her testimony. What an unlikely disciple! We may feel that we, too, are unlikely disciples: We are sinners, we’ve made mistakes, perhaps we feel we are unworthy to “represent” Jesus to others. But nothing is further from the truth. Jesus invites us not only to partake of the living water but to share it with others so that all may believe.

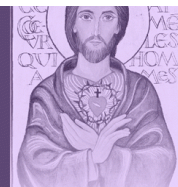


Reconciliation during Lent

- Please pray for the children of our parish who will be receiving the **Sacrament of Reconciliation** for the **first time this Wednesday, March 8th @ 6 PM!**
- All are invited to participate in the **Deanery 1: Day of Reconciliation on Wednesday, March 22nd** as follows:
 - 9 to 10 a.m.** – Christ the King, Norfolk
 - 10 to 11 a.m.** – Holy Trinity, Norfolk
 - 11 a.m. to 12 p.m.** – St. Mary’s Basilica, Norfolk
 - 12 to 1 p.m.** – St. Andrew’s, Chincoteague
 - 1 to 2 p.m.** – St. Mary’s Basilica, Norfolk
 - 2 to 3 p.m.** – St. Matthew’s, Virginia Beach
 - 3 to 4 p.m.** – St. Charles Borromeo, Cape Charles
 - 4 to 5 p.m.** – St. Pius X, Norfolk
 - 5 to 6 p.m.** – Holy Trinity, Norfolk; St. Andrew’s, Chincoteague; and Blessed Sacrament, Norfolk
 - 6 to 7 p.m.** – Christ the King, Norfolk; St. Matthew’s, Virginia Beach; and St. Peter the Apostle, Onley
 - 7 to 8 p.m.** – Blessed Sacrament, Norfolk; St. Peter the Apostle, Onley; and St. Pius X, Norfolk

“During this Lent,
let us all ask the Lord:
Make our hearts like yours.”

-Pope Francis



Classes meet as follows:

PreK to Grade 5: Sundays, 9:45 to 10:45 AM

March 5, 12, 19, 26
April 16, 23, 30 & May 7

Grades 6 to 12: Sundays, 12:15 to 1:30 PM

(bring your lunch)
March 5, 19, 26
April 23 & 30

Youth Group: 12:15 to 2:30 PM (lunch provided)

March 12th
April 16th
May 7th

Adults (OCIA): Thursdays, 7:00 to 8:30 PM

March 9, 16, 23, 30
March 12th – 1st Scrutiny @ 8:30 AM
March 19th – 2nd Scrutiny @ 8:30 AM
March 26th – 3rd Scrutiny @ 8:30 AM

Greetings Parishioners, Parents, Friends,

Spring is approaching, and learning is in full swing at the CTK. As you may know, this is a time of year that students make the most academic and social learning improvements. Make school a priority. Very soon, the weather will change, with spring right around the corner. It can be challenging to keep our children focused on learning. What can you do to make school a top priority for your child? Keep these ideas in mind:

- Make attendance your number one priority. Let your child know that unless they are sick, they must attend school (and be on time.) Try to schedule appointments after school hours.
- Show you care. Talk about school activities and projects. Make an effort to attend as many school events as you can.
- Remain positive. Try to set a positive example for your child, even when your day has been challenging. If you show a positive attitude about your work, your child may feel better about their own.

Educators are often asked one crucial question, "What do you think I can do at home to help my child be more successful at school?" My answer is very simple, "Read with your child every day. Let them see you read." Before, during, and after the reading, encourage your child to begin a discussion about the story, ask questions, visualize the story, offer information, share personal thoughts, and connect the story to real-life situations. Make the time an enjoyable experience and let your child see that reading is fun. Celebrate this special time together!

Students leave jackets, sweaters, hats, and lunch boxes daily on the school grounds. Those items without students' names are picked up and brought to our lost and found in front of the office. We donate these items to missions and shelters during the school year when the pile gets high. During spring break, we will donate any items left in our lost and found. Please check or have your child check the lost and found.

Thank you for your constant support and prayers for our school. I encourage you to continue to support our work as we advance our mission to elevate, educate and empower our deserving students. There is no greater investment in forming our future saints than a Catholic education!

We thank you for entrusting your children to us and for the sacrifices you make each day to send your child(ren) to Christ the King Catholic School.

Pax Ominibus,

Kim Versprille Callahan, Ed.S.

Principal, Christ the King Catholic School



Employment Opportunity @ Christ the King School

- A long-term substitute is needed in the elementary school beginning in late March. Experience in Grades 1 and 2 a plus.
- A long-term substitute is needed for Jr. High English March 23 - April 27. Class meets every other day, so 9 days total.

Chrism Mass – Monday, April 3rd

St. Pius X is chartering a bus to attend the Chrism Mass in Richmond on the Monday of Holy Week.

The cost is \$40 per person. The bus will leave around 3 PM and return around 9 PM.

Call St. Pius X office for further information
(757) 583-0291

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