



CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue

Norfolk, VA 23509

(757) 622-1120

FAX (757) 627-8808

Email: office@christthekingnorfolk.org

Website: www.christthekingnorfolk.org



THE SEASON OF LENT

Rend your hearts,
not your garments,
and return to the
Lord
your God.

Joel 2:13

PARISH STAFF

Pastor

Rev. Joseph Wamala

757- 622-1120 (Office)

757- 627-1723 (Rectory)

frwamala@christthekingnorfolk.org

Deacon

Rev. Mr. Michael Brown

michael.brown@christthekingnorfolk.org

757-622-1120 – By Appointment

Coordinator of Faith Formation & Youth Ministry

Janet Ficca

757-622-1120, ext. 15

faith@christthekingnorfolk.org

Minister of Music

B. J. Atkinson

music@christthekingnorfolk.org

Office

Cindy Nettleton, Administrative Assistant

757-622-1120

office@christthekingnorfolk.org

Parish Council Chair

Sandra Butterfield

samiam1964@cox.net

Principal, CTK School and Extended Care

Mrs. Kim V. Callahan, Ed.S

757-625-4951

kcallahan@ctkparish.org

Columbarium Manager

Linda Francis, 757-625-0548

PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.

Friday, 9:00 a.m.-12:00 noon

Bulletin deadline: Thursday by 3:00 p.m.

PARISH REGISTRATION

Welcome to Christ the King Parish.

We register new parishioners after every Sunday Mass in the Commons.

Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs.

Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation

Office at least three months prior to the desired date. All parents must attend a three-hour class.

SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister.

For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

Please consider your Parish Family and/or School in your last will and testament.

EUCCHARIST IS CELEBRATED

WEEKENDS

Saturday – 5:30 p.m.

Sunday – 8:30 and 11:00 a.m.

WEEKDAYS

According to Mass Schedule inside.

CTK VISION: To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

CTK MISSION: To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives

CTK GOAL: Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

MASS INTENTIONS

FOR THE WEEK OF MARCH 6th TO 12th

Monday, 3/6		No Mass
Tuesday, 3/7	8:30 a.m.	Fay & Alphonse Chaplain (D)
Wednesday, 3/8	8:30 a.m.	Betty Francioni (D)
Thursday, 3/9	8:30 a.m.	Delores Sabisky (D)
Friday, 3/10	8:30 a.m.	Alexa Uroskie & Baby (D)
Saturday, 3/11	8:30 a.m. 5:30 p.m.	Francesca & Mary (D) Fr. Ven Ilano (L)
Sunday, 3/12	8:30 a.m. 11:00 a.m. (Livestream)	Archie Duncan, Jr. (D) Intentions of Parishioners

Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$100 to \$150 but other options include cut flowers and plants.

Next Sunday's Readings

3rd Sunday in Lent

March 12th, 2023

Exodus 17:3 – 7
Psalm 95:1 – 2, 6 – 9
Romans 5:1 – 2, 5 – 8
John 4:5 – 42

Scriptures are #1022 in the Hymnal

Vocations Awareness

“God has called us with a holy calling...according to His own purpose and grace.”

Do you think God is offering you the grace of a vocation to the priesthood or consecrated life?

Call Father Brian Capuano at 804-359-5661 or email him at

vocations@richmonddiocese.org

AN ILLUSTRATED GUIDE TO
LENTEN FASTING & ABSTINENCE
PRESENTED BY JONATHAN TEIXEIRA FOR THE FOCUS BLOG

WHEN

FASTING AND ABSTINENCE

ABSTINENCE

WHO

CATHOLICS
14+
ARE OBLIGED TO PRACTICE ABSTINENCE

CATHOLICS
18-59
ARE OBLIGED TO FAST

THOSE OUTSIDE THE AGE LIMITS
and those whose state in life (e.g. pregnant women, manual laborers, those who are ill) may be excused from the requirements of fasting and abstinence, but are encouraged to take up some other form of penitence or acts of charity or piety.

ENROLL NOW FOR 2023-2024

Christ the King School is now enrolling students for the 2023-2024 school year!

Please contact the school office for a tour and for full details. Financial assistance is available.

Elevate, Educate, and Empower

(757) 625-4951

info@ctkparish.org



Liturgical Ministers for March 11 th & 12 th			
	Saturday, 3/11	Sunday, March 12 th	
	5:30 PM	8:30 AM	11:00 AM
Altar Serv. 1	J. Litkowski	G. Stevens-McIntyre	Eva Luettel
Altar Serv. 2	C. Courtenay	K. Okobi	Emma Luettel
Child. Lit. 1	x	x	A. Luettel
Child. Lit. 2			C. Connor
Eucharistic	x	x	x
Reader 1	R. Trent	L. Francis	Youth Mass
Reader 2		E. Marasco	Youth Mass
Usher 1	C. Rannigan	T. Duncan	P. Daugherty
Usher 2	J. Fellowes	G. Duncan	E. Webb
Livestream	x	x	H. Luettel

St. Columba Ecumenical Ministries

is a nonprofit organization dedicated to helping those who are homeless and low income.

During the **Month of March**, we will be collecting:

Lysol spray and wipes

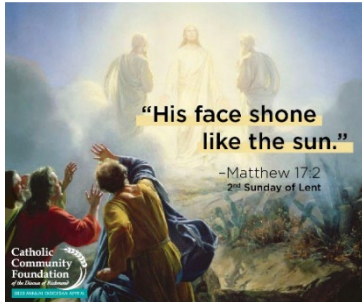
For more information, please contact Alicia at 757-627-6748 or visit their website:

www.stcolumbaministries.com



THIS WEEK AT CTK

Cub / Boy Scouts	3/6	6:30 PM / 7:00 PM	Ashland House / School
Liturgy Committee Meeting	3/7	6:00 PM	Office Conference Room
Legion of Mary	3/7	7:15 PM	Ashland House - downstairs
Cleaning Team #3	3/8	9:30 AM	Church
First Reconciliation	3/8	6:00 PM	Church
Divorce Care	3/8	6:30 PM	Conference Room & Zoom
Cantor / Choir Practice	3/9	6:30 PM / 7:00 PM	Church
What We Believe (OCIA)	3/9	7:00 PM	Conference Room & Zoom
Virtual Rosary	3/9	7:00 PM	via phone (757-551-6414)
Spirit of God Prayer Group	3/9	7:00 PM	Church
Friday Adoration / Vespers (5:30 PM)	3/10	9:00 AM – 6:00 PM	Church
Stations of the Cross	3/10	6:00 PM	Church
Soup Supper	3/10	6:30 PM	Church Commons
Circulo d'Oracione	3/10	7:30 PM	Church Commons
That Man Is You (TMIY)	3/11	6:00 AM	Church Commons
Faith Formation – PreK to Grade 5	3/12	9:45 AM	Ashland House
Faith Formation – Youth Mass & Youth Group	3/12	11:00 AM / 12:15 PM	Ashland House



God manifests himself in humble, quiet, and often majestic ways. In today's Gospel, He opts for the majestic atop Mount Tabor. Oh, what a sight to have been there!

We ask you this Lent to lend your prayer, resources, and gifts to our **Annual Diocesan Appeal**. Every day in our parish, He opts for a quieter manifestation. He comes, secret from our sight, at the bidding of a humble priest. He comes vulnerably, in the form of bread and wine, and we know He's here. He promises to return your generosity to you a hundredfold.

CTK's Legion of Mary



Meets on **Tuesdays @ 7:15 PM**
in Ashland House.

For more details, contact Tess Rozelle
theroze0305@aol.com
New members are always welcome!

Chrism Mass – Monday, April 3rd

St. Pius X is chartering a bus to attend the Chrism Mass in Richmond on the Monday of Holy Week.

The cost is \$40 per person. The bus will leave around 3 PM and return around 9 PM.

Call St. Pius X office for further information
(757) 583-0291

March Special Collections:

Catholic Relief Services

Easter Flowers

Budget Deficit and Capital Improvements

All Online Giving (including special collections)

can be done directly at:

<https://osvhub.com/christthekingnorfolk/giving/funds>





March 5, 2023 | Second Sunday of Lent

Gn 12:1-4a | 2 Tm 1:8b-10 | Mt 17:1-9

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

As we enter the second week of Lent, today's readings encourage us to place our trust in God when we are dealing with hardship or uncertainty. Last week, we heard about how Jesus resisted the devil's temptations in the desert, trusting in the Father. This week, we follow Peter, James and John up the mountain, where Jesus "was transfigured before them; his face shone like the sun and his clothes became white as light." Jesus had told his followers he would suffer and die. The Transfiguration gave them a foretaste of Christ's glorious coming (ccc 554-56). As we continue on our Lenten journeys, we, too, can place our trust in the Lord. Though we may experience hardships and perhaps even doubts, the Transfiguration reminds us that Jesus has gone before us and prepared a place for us. As Pope Francis reminds us, "by his Transfiguration [Jesus] invites us to gaze at him. And looking at Jesus purifies our eyes and prepares them for eternal life, for the vision of heaven" (Homily, March 2014).

PRAY Try driving with the radio off this week. Use the time to pray and "listen" to Jesus.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

We Catholics like to pray out loud. Whether we're singing the "Holy, Holy" with gusto or quietly reciting the rosary, most of us can say with confidence, "we have a prayer for that." And, of course, prayer is one of the three pillars of Lent (along with fasting and almsgiving). Today's account of the Transfiguration instructs us pretty clearly to listen. As Jesus is transfigured, the disciples hear a voice from the cloud: "This is my beloved Son, with whom I am well pleased; *listen to him.*" As we enter the second week of Lent, many of us have chosen something to "give up" or done something more proactive. Either way, today's readings remind us to enter this penitential season with open hearts – and open ears. We can listen to Jesus by studying Scripture, being especially attentive to the Sunday homily, or quietly soaking in his presence through eucharistic adoration.

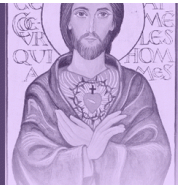


Reconciliation during Lent

- Please pray for the children of our parish who will be receiving the **Sacrament of Reconciliation** for the **first time** this **Wednesday, March 8th @ 6 PM!**
- All are invited to participate in the **Deanery 1: Day of Reconciliation on Wednesday, March 22nd** as follows:
 - 9 to 10 a.m.** – Christ the King, Norfolk
 - 10 to 11 a.m.** – Holy Trinity, Norfolk
 - 11 a.m. to 12 p.m.** – St. Mary's Basilica, Norfolk
 - 12 to 1 p.m.** – St. Andrew's, Chincoteague
 - 1 to 2 p.m.** – St. Mary's Basilica, Norfolk
 - 2 to 3 p.m.** – St. Matthew's, Virginia Beach
 - 3 to 4 p.m.** – St. Charles Borromeo, Cape Charles
 - 4 to 5 p.m.** – St. Pius X, Norfolk
 - 5 to 6 p.m.** – Holy Trinity, Norfolk; St. Andrew's, Chincoteague; and Blessed Sacrament, Norfolk
 - 6 to 7 p.m.** – Christ the King, Norfolk; St. Matthew's, Virginia Beach; and St. Peter the Apostle, Onley
 - 7 to 8 p.m.** – Blessed Sacrament, Norfolk; St. Peter the Apostle, Onley; and St. Pius X, Norfolk

"During this Lent,
let us all ask the Lord:
Make our hearts like yours."

-Pope Francis



Classes meet as follows:

PreK to Grade 5: Sundays, 9:45 to 10:45 AM

March 5, 12, 19, 26

April 16, 23, 30 & May 7

Grades 6 to 12: Sundays, 12:15 to 1:30 PM

(bring your lunch)

March 5, 19, 26

April 23 & 30

Youth Group: 12:15 to 2:30 PM (lunch provided)

March 12th

April 16th

May 7th

Adults (OCIA): Thursdays, 7:00 to 8:30 PM

March 9, 16, 23, 30

March 12th – 1st Scrutiny @ 8:30 AM

March 19th – 2nd Scrutiny @ 8:30 AM

March 26th – 3rd Scrutiny @ 8:30 AM

LENT 2023

ASH WEDNESDAY – February 22nd

Please bring your palms from last year back to the church by February 12th to be burned for this year's Ash Wednesday services.

Mass with Distribution of Ashes for everyone at 8:30 a.m. and 7:00 p.m. – The evening Mass will be live-streamed.

DAILY MASS – February 22nd to April 5th

Tuesday through Saturday at 8:30 a.m. All Daily Masses on Fridays will continue to be livestreamed.

RECONCILIATION – Saturdays from 3:30 to 5:00 p.m.

CELEBRATION OF FIRST RECONCILIATION – Wednesday, March 8th at 6:30 p.m.

ADORATION OF THE BLESSED SACRAMENT – Fridays from 9 a.m. to 6 p.m.

VESPERS & BENEDICTION – Fridays at 5:30 p.m.

STATIONS OF THE CROSS – Fridays at 6 p.m.

SOUP WITH THE (ALMOST) SAINTS LENTEN

SUPPER – Fridays at 6:30 p.m. – Join us for a simple meal of soup and bread, fellowship and a look at six African-Americans on the path to sainthood.

SPIRIT OF GOD PRAYER GROUP

Thursdays at 7 p.m.

VIRTUAL ROSARY – Thursdays at 7 p.m. via telephone - 757-551-6414

CELEBRATION OF CONFIRMATION – Friday, March 24th at 7 p.m. at St. Pius X

RITE OF SENDING – Sunday, March 19th at 11 a.m.



rites with our catechumens

RITE OF ACCEPTANCE

Sunday, February 19th @ 8:30 a.m.

RITE OF SENDING

Sunday, February 26th @ 8:30 a.m.

RITE OF ELECTION

Sunday, February 26th @ 3 p.m. at St. Pius X

SCRUTINIES

March 12th, 19th & 26th @ 8:30 a.m.

SACRAMENTS OF INITIATION

Saturday, April 8th

LENTEN RESOURCES

Ascension Press – featuring Fr. Mike and Fr. Josh

<https://media.ascensionpress.com>

Dynamic Catholic – featuring *Best Lent Ever*


<https://www.dynamiccatholic.com>

Formed – a subscription service paid for by the parish with something for all ages

<https://formed.org>

March 2023

Christ the King Catholic Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Collections: Catholic Relief Services, Easter Flowers, Capital Improvement & Budget Deficit St. Columba's Collection for March: Lysol Disinfectant Spray and Wipes			1 8:30 AM Mass 6:30 PM Divorce Care	2 8:30 AM Mass 2:00 PM CCC Presentation 6:30 CCC Presentation 6:30 Cantor Practice 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	3 <i>First Friday</i> <i>St. Katharine Drexel</i> 8:30 AM Mass 9 AM – 6 PM Adoration 5:30 Vespers 6:00 Stations of the Cross 6:30 Soup Supper 7:30 Circulo d'Oracione Day of Abstinence	4 <i>St. Casimir</i> 6:00 AM TMIY 8:30 Mass 3:30 PM Reconciliation 5:30 Vigil Mass
5 <i>2nd Sunday of Lent</i> 8:30 AM Mass 9:45 FF for PK3 – Gr 5 11:00 Mass 12:15 PM FF for Grs 6-12	6 6:30 PM Cub Scouts 7:00 Boy Scouts No Mass Fr. Joe's Day Off	7 <i>Sts. Perpetua & Felicity</i> 8:30 AM Mass 7:00 PM Liturgy Comm. 7:15 Legion of Mary	8 <i>St. John of God</i> 8:30 AM Mass 6:00 PM First Reconciliation 6:30 Divorce Care	9 <i>St. Francis of Rome</i> 8:30 AM Mass 6:30 PM Cantor Practice 7:00 OCIA 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	10 8:30 AM Mass 9 AM – 6 PM Adoration 5:30 Vespers 6:00 Stations of the Cross 6:30 Soup Supper 7:30 Circulo d'Oracione Day of Abstinence	11 6:00 AM TMIY 8:30 Mass 3:30 PM Reconciliation 5:30 Vigil Mass Set Clocks Ahead!
12 <i>3rd Sunday of Lent</i> 8:30 AM Mass 9:45 FF for PK3 – Gr 5 11:00 Youth Mass 12:15 PM Youth Group Daylight Savings Time	13 6:30 PM Cub Scouts 7:00 Boy Scouts 7:30 Confirmation Class No Mass Fr. Joe's Day Off	14 8:30 AM Mass 12:00 PM Sr. Luncheon 6:00 First Communion Class (#1) 7:15 Legion of Mary	15 8:30 AM Mass 6:30 PM Divorce Care	16 8:30 AM Mass 6:30 PM Cantor Practice 7:00 OCIA 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	17 <i>St. Patrick</i> 8:30 AM Mass 9 AM – 6 PM Adoration 5:30 Vespers 6:00 Stations of the Cross 6:30 Soup Supper 7:30 Circulo d'Oracione Day of Abstinence	18 <i>St. Cyril</i> 6:00 AM TMIY 8:30 Mass 3:30 PM Reconciliation 5:30 Vigil Mass Fr. Joe's Birthday!
19 <i>4th Sunday of Lent</i> 8:30 AM Mass 9:45 FF for PK3 – Gr 5 11:00 Mass 12:00 PM Confirmation Rehearsal 12:30 FF for Grs 6-12	20 <i>St. Joseph</i> 8:30 AM Mass 6:30 PM Cub Scouts 7:00 Boy Scouts Fr. Joe's Day Off	21 <i>St. Aloysius Gonzaga</i> 8:30 AM Mass 6:00 PM First Communion Class (#2) 7:00 Finance Committee 7:15 Legion of Mary	22 8:30 AM Mass 9:00 Reconciliation 6:00 Reconciliation 6:30 PM Divorce Care Day of Reconciliation All Churches in Norfolk (See bulletin for times)	23 <i>St. Turibius</i> 8:30 AM Mass 6:30 PM Cantor Practice 7:00 OCIA 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	24 8:30 AM Mass 9 AM – 6 PM Adoration 5:30 Vespers 6:00 Stations of the Cross 6:30 Soup Supper 7:00 Confirmation - St Pius 7:30 Circulo d'Oracione Day of Abstinence	25 <i>The Annunciation of the Lord</i> 6:00 AM TMIY 8:30 Mass 3:30 PM Reconciliation 5:30 Vigil Mass
26 <i>5th Sunday of Lent</i> 8:30 AM Mass 9:45 FF for PK3 – Gr 5 11:00 Mass 12:15 PM FF for Grs 6-12	27 6:30 PM Cub Scouts 7:00 Boy Scouts No Mass Fr. Joe's Day Off	28 8:30 AM Mass 6:00 PM First Communion Class (#3) 6:00 Parish Council 7:15 Legion of Mary	29 8:30 AM Mass 6:30 PM Divorce Care	30 8:30 AM Mass 6:30 PM Cantor Practice 7:00 OCIA 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	31 8:30 AM Mass 9 AM – 6 PM Adoration 5:30 Vespers 6:00 Stations of the Cross 6:30 Soup Supper 7:30 Circulo d'Oracione Day of Abstinence	

Greetings Parishioners, Parents, Friends,

Our students have been on quite a few adventures this past week. Please check out some of the great pictures of all the fun events, starting with Mardi Grads Pancake Lunch for all our students!

The Middle School students visited the Virginia Symphony Orchestra's Young People's Concert Series. The students learned more about instruments, orchestra, and music in general. Annually, the Virginia Symphony reaches over 25,000 students in 11 different school districts and private, Catholic, and homeschooled students per year with his program. Our students also learned how to use Public Transportation while riding the HRT bus from CTK school to Chrysler Hall.

Our 3rd and 4th-grade students visited Jamestown for an unseasonably warm field trip! The students had the opportunity to explore life-size re-creations of a [1610-14 fort](#), Paspahegh Town, and even climb aboard a re-creation of one of the three ships that sailed from England to Virginia in 1607!

Thank you for your constant support and prayers for our school. I encourage you to continue to support our work as we advance our mission to elevate, educate and empower our deserving students. There is no greater investment in forming our future saints than a Catholic education!

We thank you for entrusting your children to us and for the sacrifices you make each day to send your child(ren) to Christ the King Catholic School.

Pax Ominibus,

Kim Versprille Callahan, Ed.S.

Principal, Christ the King Catholic School



Holy Land Pilgrimage

Walk in the Footsteps of Christ and
the Virgin Mary

It's not too late! The **Holy Land Pilgrimage** has a **new date!** If you are interested in joining the Holy Land Pilgrimage being led by Luis & Jocelyn Anacta, please contact the office for details.

The **new date** is **May 8-19.**

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