



CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue Norfolk, VA 23509 (757) 622-1120
FAX (757) 627-8808 Email: office@christthekingnorfolk.org
Website: www.christthekingnorfolk.org



PARISH STAFF

Pastor

Rev. Joseph Wamala
757- 622-1120 (Office)
757- 627-1723 (Rectory)
frwamala@christthekingnorfolk.org

Deacon

Rev. Mr. Michael Brown
michael.brown@christthekingnorfolk.org
757-622-1120 – By Appointment

Coordinator of Faith Formation & Youth Ministry

Janet Ficca
757-622-1120, ext. 15
faith@christthekingnorfolk.org

Minister of Music

B. J. Atkinson
music@christthekingnorfolk.org

Office

Cindy Nettleton, Administrative Assistant
757-622-1120
office@christthekingnorfolk.org

Parish Council Chair

Sandra Butterfield
samiam1964@cox.net

Principal, CTK School and Extended Care

Mrs. Kim V. Callahan, Ed.S
757-625-4951
kcallahan@ctkparish.org

Columbarium Manager

Linda Francis, 757-625-0548

PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.
Friday, 9:00 a.m.-12:00 noon
Bulletin deadline: Thursday by 3:00 p.m.

PARISH REGISTRATION

Welcome to Christ the King Parish. We register new parishioners after every Sunday Mass in the Commons. Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs. Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

ANOIDING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

Please consider your Parish Family and/or School in your last will and testament.

EUCCHARIST IS CELEBRATED

WEEKENDS

Saturday – 5:30 p.m.
Sunday – 8:30 and 11:00 a.m.

WEEKDAYS

According to Mass Schedule inside.

CTK VISION: To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

CTK MISSION: To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives

CTK GOAL: Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

MASS INTENTIONS

FOR THE WEEK OF FEBRUARY 20TH TO 26TH

Monday, 2/20		No Mass
Tuesday, 2/21	8:30 a.m.	Francesca & Mary (D)
Ash Wednesday, 2/22	8:30 a.m. 7:00 p.m.	Amado Z. Sembra (D) For Our Catechumens (D)
Thursday, 2/23	8:30 a.m.	London, Williams, & Melendez Families (L & D)
Friday, 2/24	8:30 a.m.	Vi G. Aguda (D)
Saturday, 2/25	8:30 a.m. 5:30 p.m.	Francesca & Mary (D) Teresita Dante Pascual (D)
Sunday, 2/26	8:30 a.m. 11:00 a.m. (Livestream)	Francesca & Mary (D) Intentions of Parishioners

Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$75 to \$150 but other options include cut flowers and plants.

St. Columba Ecumenical Ministries

is a nonprofit organization dedicated to helping those who are homeless and low income.

During the **Month of February**, we will be collecting:

Coffee & Beef Jerky Sticks

For more information, please contact Alicia at 757-627-6748 or visit their website: www.stcolumbaministries.com

Next Sunday's Readings

Ash Wednesday

February 22nd, 2023

Joel 2:12 – 18
Psalm 51:3 – 6b, 12 – 14, 17
2 Corinthians 5:20 – 6:2
Matthew 6:1 – 6, 16 – 18

Scriptures are #1194 in the Hymnal.



1st Sunday in Lent

February 26th, 2023

Genesis 2:7 – 9, 3:1 – 7
Psalm 51:3 – 6, 12 – 13, 17
Romans 5:12 – 19
Matthew 4:1 – 11

Scriptures are #1016 in the Hymnal

Vocations Awareness

“Be holy, for I, the LORD your God, am holy.”

Is your vocation to holiness to be lived out as a priest or in the consecrated life?

Call Father Brian Capuano at 804-359-5661 or email him at

vocations@richmonddiocese.org

Liturgical Ministers for Ash Wednesday and February 25th & 26th

	Wednesday, February 22 nd		Saturday 2/25	Sunday, February 26 th	
	8:30 AM	7:00 PM	5:30 PM	8:30 AM	11:00 AM
Altar Serv.1	CTK School	S. Killian	J. Litkowski	K. Okobi	D. Satchivi
Altar Serv. 2	CTK School	J. Satchivi	C. Courtenay	A. Gutierrez	
Child. Lit. 1	x	x	x	x	K. Rivera
Child. Lit. 2	x	x	x	x	A. Webb
Eucharistic	A. Toro	x	x	G. Duncan	M. Lopez
Reader 1	CTK School	C. Okobi	T. Tedesco	J. Ficca	C. Goodwyn
Reader 2	CTK School	B. Okobi			
Usher 1	K. Brink		C. Rannigan	T. Duncan	P. Daugherty
Usher 2			J. Fellowes	G. Duncan	E. Webb
Livestream	x	J. Ficca	x	x	H. Luettel



THIS WEEK AT CTK

Church Office Closed-President's Day	2/20	All Day	
Cleaning Team #2	2/21	9:00 AM	Church
Vacation Bible School Planning Meeting	2/21	6:00 PM	Ashland House - upstairs
Finance Committee Meeting	2/21	7:00 PM	via Zoom
Legion of Mary	2/21	7:15 PM	Ashland House - downstairs
Ash Wednesday Masses	2/22	8:30 AM / 7:00 PM	Church
Cantor / Choir Practice	2/23	6:30 PM / 7:00 PM	Church
Virtual Rosary	2/23	7:00 PM	via phone (757-551-6414)
Spirit of God Prayer Group	2/23	7:00 PM	Church Commons
Friday Adoration / Vespers (5:30 PM)	2/24	9:00 AM – 6:00 PM	Church
Stations of the Cross	2/24	6:00 PM	Church
Soup Supper	2/24	6:30 PM	Church Commons
Circulo d'Oracione	2/24	7:30 PM	Church Commons
That Man Is You (TMIY)	2/25	6:00 AM	Church Commons
Faith Formation – PreK to Grade 5	2/26	9:45 AM	Ashland House
Faith Formation – Grades 6 to 12	2/26	12:15 PM	Ashland House
Rite of Election	2/26	3:00 PM	St. Pius

AN ILLUSTRATED GUIDE TO
LENTEN FASTING & ABSTINENCE
PRESENTED BY JONATHAN TEIXEIRA FOR THE FOCUS BLOG

WHEN FASTING AND ABSTINENCE

ABSTINENCE

WHO

CATHOLICS 14+
ARE OBLIGED TO PRACTICE ABSTINENCE

CATHOLICS 18-59
ARE OBLIGED TO FAST

THOSE OUTSIDE THE AGE LIMITS
and those whose state in life (e.g. pregnant women, manual laborers, those who are ill) may be excused from the requirements of fasting and abstinence, but are encouraged to take up some other form of penitence or acts of charity or piety.

CTK's Legion of Mary

Meets on **Tuesdays @ 7:15 PM**
in Ashland House.

For more details, contact Tess Rozelle
theroze0305@aol.com

New members are always welcome!

YOUR GIFTS TO GOD AND PARISH

Number of families contributing to operating income during the month of January: 127 out of 334

Month of January 2023

Monthly Budget Needed	\$ 35,520.19
Actual Receipts Received	<u>25,072.08</u>
Monthly Budget Deficit	\$ <u>(10,448.11)</u>
Year-To-Date Budget Needed	\$ 220,225.19
YTD Actual Receipts Received	<u>159,739.25</u>
YTD Budget Deficit	\$ <u>(60,485.94)</u>

Capital Improvement Collection for January - \$1,152.00

February Special Collections:

Budget Deficit and Capital Improvements

All Online Giving (including special collections)

can be done directly at:

<https://osvhub.com/christthekingnorfolk/giving/funds>



February 19, 2023 | Seventh Sunday in Ordinary Time

Lv 19:1-2, 17-18 | 1 Cor 3:16-23 | Mt 5:38-48

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Today is the last Sunday in Ordinary Time before Lent begins. I realize in saying it that way, however, it sounds like a warning (“the bookstore will be closing in five minutes, please bring your purchases to the register!”) rather than an acknowledgement of the celebration that it is. So let me put it another way: Today is the 7th – of 33 – Sundays in Ordinary Time this year, which means, we’ve only just begun. We are in some of the earliest days of the Church’s “ordered” (ordinary/numbered) approach to helping us mature and grow in faith. We do this by living with and in the life of Christ over the course of a year. At each step we celebrate the life, passion, death, and resurrection of Christ, but we also set aside different seasons to focus on those specific elements. And so it makes sense that as we approach Lent, we hear more about what exactly God asks of us. Lent will be a season of preparation for Christ’s passion; have we prepared our hearts accordingly to receive him? Today’s readings remind us of what sets us back: hatred for others; desire for revenge; grudges; worldly wisdom; all things which are destructive of God’s temple – our souls, as Saint Paul says. Having a heart full of these things means there is no room for love, which means there is no room for Christ. Let us pray for God’s help in ridding ourselves of all that is destructive, and for the strength to grow a heart only for him.

REFLECT Spend some time taking stock of your spiritual life. Are you holding contempt for someone, or seeking revenge for something? Where might you be falling short in striving to imitate Christ? Bring these thoughts to God in prayer.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

I’d argue that in some ways, Lent actually starts before Ash Wednesday since it requires forethought and planning. We have to prepare for a season of preparation! We have to figure out what to fast from or add to our spiritual lives, and how we might specifically direct our almsgiving. But how ready are we to respond in a meaningful way to the fact that Christ died for love of us? His death transformed our death into the promise of eternal life. Today’s Gospel offers practical actions, things which all Christians should strive for daily, but especially observe during Lent if a spiritual reset is needed. Jesus tells us to turn the other cheek. Hand over your cloak. Go the extra mile: “Give to the one who asks of you, and do not turn your back on one who wants to borrow.” Love your enemies and pray for your persecutors. Lent is a call to act out of love, especially in tough situations. Take these next couple of days to prepare for Ash Wednesday and the weeks that follow.



Baptismal Preparation for Infants & Children up to age 7

Classes are held online and in-person for parents and godparents after a brief in-person meeting.

Please contact Mrs. Ficca at least **6 weeks** before the desired date.

Office of Cemeteries and Funeral Services

Deacon Bob Wash from the **Office of Cemeteries and Funeral Services (OCFS)**, a Ministry of the Diocese of Richmond will be here on

February 25th & 26th after all Mass

to inform and discuss the spiritual and practical reasons for learning about Catholic funeral planning & the Order of Christian Funeral Rites, practices and traditions.

There will be a short presentation along with a question-and-answer session in the hall. Please take advantage of this opportunity to better understand the importance of a Catholic funeral rites and the benefits to pre-planning your funeral arrangements.

Food and Refreshments will be served during the presentations and at the end of each presentation there will be a raffle for a \$50.00 gift card for those who enter the raffle.



Classes meet as follows:

PreK to Grade 5: Sundays, 9:45 to 10:45 AM

February 5, 19, 26

March 5, 12, 19, 26

Grades 6 to 12: Sundays, 12:15 to 1:30 PM

(bring your lunch)

February 5 & 26

March 5, 19, 26

Youth Group: 12:15 to 2:30 PM (lunch provided)

February 18th – Pasta Dinner

February 19th – Youth Group Social

March 12th

Adults (OCIA): Thursdays, 7:00 to 8:30 PM

February 2, 9, 16, 23

February 26 – Rite of Election @ St. Pius – 3 PM

LENT 2023

ASH WEDNESDAY – February 22nd

Please bring your palms from last year back to the church by February 12th to be burned for this year's Ash Wednesday services.

Mass with Distribution of Ashes for everyone at 8:30 a.m. and 7:00 p.m. – The evening Mass will be live-streamed.

DAILY MASS – February 22nd to April 5th

Tuesday through Saturday at 8:30 a.m. All Daily Masses on Fridays will continue to be livestreamed.

RECONCILIATION – Saturdays from 3:30 to 5:00 p.m.

CELEBRATION OF FIRST RECONCILIATION – Wednesday, March 8th at 6:30 p.m.

ADORATION OF THE BLESSED SACRAMENT – Fridays from 9 a.m. to 6 p.m.

VESPERS & BENEDICTION – Fridays at 5:30 p.m.

STATIONS OF THE CROSS – Fridays at 6 p.m.

SOUP WITH THE (ALMOST) SAINTS LENTEN

SUPPER – Fridays at 6:30 p.m. – Join us for a simple meal of soup and bread, fellowship and a look at six African-Americans on the path to sainthood.

SPIRIT OF GOD PRAYER GROUP

Thursdays at 7 p.m.

VIRTUAL ROSARY – Thursdays at 7 p.m. via telephone - 757-551-6414

CELEBRATION OF CONFIRMATION – Friday, March 24th at 7 p.m. at St. Pius X

RITE OF SENDING – Sunday, March 19th at 11 a.m.



rites with our catechumens

RITE OF ACCEPTANCE

Sunday, February 19th @ 8:30 a.m.

RITE OF SENDING

Sunday, February 26th @ 8:30 a.m.

RITE OF ELECTION

Sunday, February 26th @ 3 p.m. at St. Pius X

SCRUTINIES

March 12th, 19th & 26th @ 8:30 a.m.

SACRAMENTS OF INITIATION

Saturday, April 8th

LENTEN RESOURCES

Ascension Press – featuring Fr. Mike and Fr. Josh

<https://media.ascensionpress.com>

Dynamic Catholic – featuring *Best Lent Ever*

<https://www.dynamiccatholic.com>

Formed – a subscription service paid for by the parish with something for all ages

<https://formed.org>

Calling ALL Ladies!

The men have "That Man Is You!"
We would like to bring "Walking with Purpose" to
Christ the King for the women.



Please go to:

<https://walkingwithpurpose.com/about/>

to learn more and contact

Mrs. Ficca or the Parish Office if interested.

If we have enough interest, we would like to
offer a session on Wednesday mornings after
Mass and one in the evening (day & time to be
determined).

CTK's Annual Vacation Bible School

Summer will be here before we know it, so it's
time to plan this year's VBS!

Our **1st VBS planning meeting** of the year will
be held on **Tuesday, February 21st at 6 p.m.** in
Ashland House.

We will be discussing date, time, location and
theme! Everyone's input is needed!



Our parish and diocesan communities are a
haven where people can find the strength to
face difficulties in their lives. Even when we may
feel lost or struggle, may we remember that
when we come together with prayers, gifts, and
support it gives us the power to make change.

The little we have is what God asks of us;
nothing more, nothing less. With your help and
His combined, we are confident that our
Annual Diocesan Appeal will succeed in
brightening our community.



All current 8th through 12th graders are invited to join with
others from the **Diocese of Richmond** in
Atlanta, GA, July 6th to July 9th.

The cost for the conference is \$475 and includes
transportation, hotel, conference fees, and most meals.
Financial assistance will be available to those who are active
youth group participants.

**Contact Mrs. Ficca by Sunday, February 19th to be
guaranteed a spot! For full details, go to:**

<https://evangelizerichmond.org/events/steubenville-atlanta-conference/>



Christ the King Parish is proud to
welcome representatives from
Commonwealth Catholic
Charities (CCC) to discuss their
Refugee Resettlement and
Foster Care Programs.

Come learn:

- What Foster Care Is
- How to Become a Foster Parent
- How to Foster an Unaccompanied Refugee Minor
- What Refugee Resettlement Is
- How to Sponsor a Refugee Family
- Volunteer Opportunities in the Tidewater Area



March 2nd
2 PM &
6:30 PM

For more information, contact:

Janet Ficca at faith@christthekingnorfolk.org
Marnie Mills at Marnie.Mills@cccova.org

Greetings Parishioners, Parents, Friends,

What a wonderful Catholic Schools Week!! It was so edifying to see so many current and new families at our Open House on Sunday! Look for pictures of the week below! **I invite you to join us for Mass every Wednesday at 8:30 a.m.** I am eternally grateful for the amazing group of educators we have and all the sacrifices they make for our school and your children. We are a truly blessed school community!

Here are a few school updates:

- Reenrollment for the 2023 -2024 School year is off to a great start! We look forward to welcoming back families next year! Reenrollment for new students is now open! Please hurry, spaces are limited. It's never too early to start thinking about your child's future. Please reach out to Katy Rock, krock@ctkparish.org for more information.
- We have two annual events coming up that help raise funds for CTK. Our annual **Run 2 Fund** is kicking off soon with the big run happening on March 17! We are hoping to raise \$40,000 this year. More information is coming soon! We also have our **CTK Cougar Gold Classic** being held at the gorgeous Cypress Point Country Club on April 21. Our goal is to raise \$25,000. Please see the attached flyer for more information.

Thank you for your constant support and prayers for our school. I encourage you to continue to support our work as we advance our mission to elevate, educate and empower our deserving students. There is no greater investment for forming our future saints than a Catholic education!

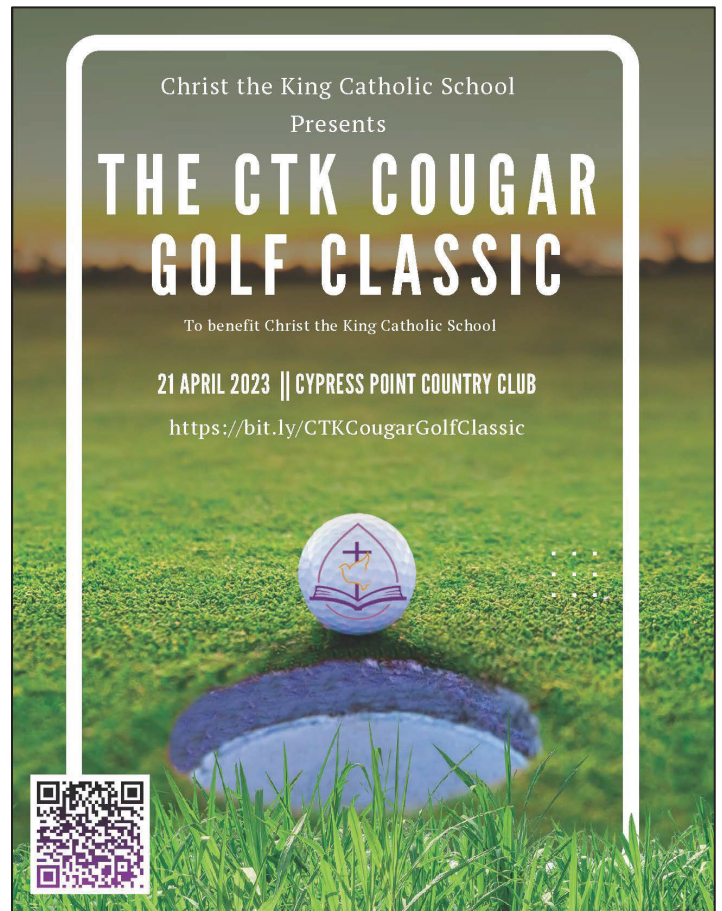
We thank you for entrusting your children to us and for the sacrifices you make each day to send your child(ren) to Christ the King Catholic School.

Pax Ominibus,
Kim Versprille Callahan, Ed.S.
Principal, Christ the King Catholic School



Catholic Schools
Week Fun!

- Mismatched Day
- Animal Day



Holy Land Pilgrimage

Walk in the Footsteps of Christ and the Virgin Mary

It's not too late! The **Holy Land Pilgrimage** has a new date! If you are interested in joining the Holy Land Pilgrimage being led by Luis & Jocelyn Anacta, please contact the office for details.

The new date is May 8-19.

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