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Our Parish



Christ The King Catholic School
Elevate, Educate, Empower

Call: 757-625-4951
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CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue Norfolk, VA 23509 (757) 622-1120 FAX (757) 627-8808
Email: office@christthekingnorfolk.org Website: www.christthekingnorfolk.org

PARISH STAFF

Pastor

Rev. Joseph Wamala
757- 622-1120 (Office)
757- 627-1723 (Rectory)
frwamala@christthekingnorfolk.org

Deacon

Rev. Mr. Michael Brown
michael.brown@christthekingnorfolk.org
757-622-1120 – By Appointment

Coordinator of Faith Formation & Youth Ministry

Janet Ficca
757-622-1120, ext. 15
faith@christthekingnorfolk.org

Minister of Music

B. J. Atkinson
music@christthekingnorfolk.org

Office

Cindy Nettleton, Administrative Assistant
757-622-1120
office@christthekingnorfolk.org

Parish Council Chair

Sandra Butterfield
samiam1964@cox.net

Principal, CTK School and Extended Care

Mrs. Kim V. Callahan, Ed.S
757-625-4951
kcallahan@ctkparish.org

Columbarium Manager

Linda Francis, 757-625-0548

PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.
Friday, 9:00 a.m.-12:00 noon
Bulletin deadline: Thursday by 3:30 p.m.

PARISH REGISTRATION

Welcome to Christ the King Parish. We register new parishioners after every Sunday Mass in the Commons. Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs. Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

ANOIDING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

Please consider your Parish Family and/or School in your last will and testament.

EUCCHARIST IS CELEBRATED

WEEKENDS

Saturday – 5:30 p.m.
Sunday – 8:30 and 11:00 a.m.

WEEKDAYS

According to Mass Schedule inside.

CTK VISION: To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

CTK MISSION: To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives

CTK GOAL: Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

MASS INTENTIONS

FOR THE WEEK OF FEBRUARY 6TH TO 12TH

Monday, 2/6		No Mass
Tuesday, 2/7		No Mass
Wednesday, 2/8	8:30 a.m.	Lemuel S. Aguda (D)
Thursday, 2/9		No Mass
Friday, 2/10	8:30 a.m.	
Saturday, 2/11	5:30 p.m.	Joseph P. Fernandez (D)
Sunday, 2/12	8:30 a.m. 11:00 a.m. (Livestream)	Intentions of our Parishioners All Past & Present Scouts

Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$75 to \$150 but other options include cut flowers and plants.

St. Columba Ecumenical Ministries

is a nonprofit organization dedicated to helping those who are homeless and low income.

During the **Month of February**, we will be collecting:

Coffee & Beef Jerky Sticks

For more information, please contact Alicia at 757-627-6748 or visit their website: www.stcolumbaministries.com

Liturgical Ministers for February 11th & 12th

	Saturday 2/11	Sunday, February 12 th	
	5:30 PM	8:30 AM	11:00 AM
Altar Serv. 1	A. Litkowski	W. Ponchot	L. Sama
Altar Serv. 2		B. Okobi	Salvian Sama
Child. Lit. 1	x	x	A. Luettel
Child. Lit. 2	x	x	C. Connor
Eucharistic	x	x	x
Reader 1	R. Trent	E. Marasco	C. Goodwyn
Reader 2		L. Francis	
Usher 1	C. Rannigan	T. Duncan	P. Daugherty
Usher 2	J. Fellowes	G. Duncan	E. Webb
Livestream	x	x	C. Nettleton

Next Sunday's Readings

6th Sunday in Ordinary Time

February 12th, 2023

Sirach 15:15 – 20

Psalm 119:1 – 2, 4 – 5, 17 – 18, 33 – 34

1 Corinthians 2:6 – 10

Matthew 5:17 – 37

Scriptures are #1107 in the Hymnal.

Vocations Awareness

“Let your light shine before others”
perhaps as a priest, deacon, sister or brother.

Call Father Brian Capuano at
804-359-5661 or e-mail him at

vocations@richmonddiocese.org

Wondering what OCIA is?

OCIA stands for the **Order of Christian Initiation of Adults**. It was recently changed from RCIA because the rites are just part of the program. Both refer to the process by which an adult becomes Catholic. Older non-baptized children are included in this process which takes a minimum of 1 year.

Here at CTK, we call our program “**What We Believe**” and the classes are open to anyone (even if you are already Catholic) who wants to learn more about the beliefs and practices of the Catholic Church. There is no start or end date! Contact Janet Ficca for more details or just show up! All are welcome to join us!

What We Believe

THE BEAUTY OF THE CATHOLIC FAITH

What We Believe (OCIA) meets every
Thursday from
7 to 8:30 PM in the **Church Office**
Conference Room.




THIS WEEK AT CTK

Cub Scouts / Boy Scouts	2/6	6:30 PM / 7:00 PM	Ashland House / School
Confirmation Class	2/6	7:30 PM	via Zoom
Cleaning Team #2	2/7	9:00 AM	Church
Liturgy Committee	2/7	7:00 PM	Conference Room & Zoom
Legion of Mary	2/7	7:15 PM	Ashland House
1 st Reconciliation Class (#4)	2/8	6:00 PM	Church Commons
Divorce Care	2/8	6:30 PM	Conference Room & Zoom
International Choir Practice	2/8	6:45 PM	Church
Cantor / Choir Practice	2/9	6:30 PM / 7:00 PM	Church
What We Believe (OCIA)	2/9	7:00 PM	Conference Room & Zoom
Virtual Rosary	2/9	7:00 PM	via phone (757-551-6414)
Spirit of God Prayer Group	2/9	7:00 PM	Church Commons
Circulo d'Oracione	2/10	7:00 PM	Church Commons
That Man Is You (TMIY)	2/11	6:00 AM	Church Commons
Diocesan Youth Conference	2/10 – 2/12	All Weekend	Richmond
Scout Sunday	2/12	11:00 AM	Church

CTK's Annual Vacation Bible School

Summer will be here before we know it, so it's time to plan! Our **1st VBS planning meeting** of the year will be held on **Tuesday, February 21st at 6 p.m.** in Ashland House. We will be discussing date, time, location and theme. Everyone's input is needed!



CTK's *Legion of Mary*
Meets on **Tuesdays @ 7 PM**
in Ashland House.

For more details, contact Tess Rozelle
theroze0305@aol.com
New members are always welcome!

Register with CTK Parish

Please remember that it is necessary to register with the parish for the pastor to recommend you or a dear one for Sacraments or Scholarships.

Also, the use of your offertory envelopes or online giving indicates to the Parish that you may be eligible for reduced tuition at CTK School.

February Special Collections:

Budget Deficit and Capital Improvements

All Online Giving (including special collections)
can be done directly at:

<https://osvhub.com/christthekingnorfolk/giving/funds>




Christ the King Parish is proud to welcome representatives from Commonwealth Catholic Charities (CCC) to discuss their Refugee Resettlement and Foster Care Programs.

Come learn:

- What Foster Care Is
- How to Become a Foster Parent
- How to Foster an Unaccompanied Refugee Minor
- What Refugee Resettlement Is
- How to Sponsor a Refugee Family
- Volunteer Opportunities in the Tidewater Area



March 2nd
2 PM &
6:30 PM

For more information, contact:
Janet Ficca at faith@christthekingnorfolk.org
Marnie Mills at Marnie.Mills@cccova.org



February 5, 2023 | Fifth Sunday in Ordinary Time

Is 58:7-10 | 1 Cor 2:1-5 | Mt 5:13-16

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

It's amazing how one interaction can brighten an otherwise gloomy day. I love a nice sunrise on a wintry morning or a crackling fire on an autumn night. But whatever the weather, nothing quite lights up my day like a shared laugh with a friend, a snippet of real conversation with my teen son, or a hot cup of coffee delivered by my husband. In today's reading, Jesus continues the Sermon on the Mount, telling the disciples: "Your light must shine before others, that they may see your good deeds and glorify your heavenly Father." We, too, can be light for others – through good deeds large and small, ordinary and extraordinary. As we go about our days, we can ask the Lord to show us how to serve others. We will have days when we don't feel up to the task but, like St. Paul, we can ask the Holy Spirit to light the way.

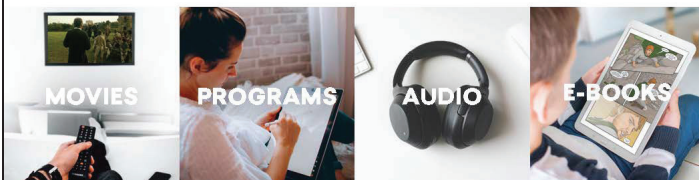
GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

In the Sermon on the Mount, Jesus used images that resonate with us as much as they did with his followers 2,000 years ago: salt and light. Salt serves many purposes, preserving our food and giving it flavor, for example. And of course we cannot live without light. In today's Gospel, Jesus tells the disciples: "You are the salt of the earth ... You are the light of the world." Like the disciples we, too, can be salt and light for others by giving witness to our faith. What that involves will be different for each of us. For ideas, we can turn to today's reading from Isaiah, which calls us to share our bread, shelter the oppressed and clothe the naked. In doing so, our light "shall break forth like the dawn."

ACTION We all know people we'd call "the salt of the earth." Who are those people in your life? Make a list of the characteristics they exhibit or actions they take that you can learn from and try to imitate. Ask God for the grace to see and do likewise for his glory.

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Baptismal Preparation for Infants & Children up to age 7

Classes are held online and in-person for parents and godparents after a brief in-person meeting.

Please contact Mrs. Ficca at least **6 weeks** before the desired date.



Classes meet as follows:

PreK to Grade 5: Sundays, 9:45 to 10:45 AM

February 5, 19, 26

March 5, 12, 19, 26

Grades 6 to 12: Sundays, 12:15 to 1:30 PM

(bring your lunch)

February 5, 19 & 26

March 5, 19, 26

Youth Group: 12:15 to 2:30 PM (lunch provided)

February 10th – 12th – DYC

February 18th – Pasta Dinner

March 12th




Adults (OCIA): Thursdays, 7:00 to 8:30 PM

February 2, 9, 16, 23

February 26 – Rite of Election @ St. Pius – 3 PM

February 2023

Christ the King Catholic Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>   </div> <div> Catholic Schools: Faith. Excellence. Service. Catholic Schools Week - January 29th – February 5th 2023 </div>						
<i>I give you a new commandment, says the Lord: Love one another as I have loved you. (John 13:34)</i>			1 Virginia March 4 Life 8:30 AM Mass 6:30 PM Divorce Care 6:45 International Choir Practice	2 <i>Presentation of the Lord</i> 6:30 PM Cantor Practice 7:00 OCIA 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	3 <i>First Friday</i> <i>St. Blaise & St. Ansgar</i> 8:30 AM Mass 9 AM - 6 PM Adoration 5:30 Vespers 7:00 Circulo d'Oracione	4 6:00 AM TMIY 3:30 PM Reconciliation 5:30 Vigil Mass
5 <i>5th Sunday of O.T.</i> 8:30 AM Mass 9:45 FF for PK3 – Gr. 5 11:00 Mass 12:15 PM FF for Gr. 6 -12	6 <i>St. Paul Miki</i> 6:30 PM Cub Scouts 7:00 Boy Scouts 7:30 Confirmation Class	7 7:00 PM Liturgy Comm. 7:15 Legion of Mary	8 <i>Sts. Jerome & Josephine</i> 8:30 AM Mass 6:00 PM 1 st Reconciliation Class (#4) 6:30 Divorce Care 6:45 International Choir Practice	9 6:30 PM Cantor Practice 7:00 OCIA 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	10 <i>St. Scholastica</i> 8:30 AM Mass 7:00 PM Circulo d'Oracione Diocesan Youth Conference (DYC)	11 <i>Our Lady of Lourdes</i> 6:00 AM TMIY 3:30 PM Reconciliation 5:30 Vigil Mass
12 <i>6th Sunday of O.T.</i> 8:30 AM Mass 11:00 Scout Sunday Mass Dioc. Youth Conf.	13 6:30 PM Cub Scouts 7:00 Boy Scouts No Mass Fr. Joe's Day Off	14 <i>Valentine's Day</i> <i>Sts. Cyril, Monk & Methodius</i> 8:30 AM Mass 12:00 PM Sr. Luncheon 7:15 Legion of Mary	15 8:30 AM Mass 6:00 PM 1 st Reconciliation Class (#5) 6:30 Divorce Care 6:45 International Choir Practice	16 8:30 AM Mass 6:30 PM Cantor Practice 7:00 OCIA 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	17 <i>Holy Founders of the Servite Order</i> 8:30 AM Mass 7:00 PM Circulo d'Oracione	18 6:00 AM TMIY 8:30 Mass 3:30 PM Reconciliation 5:30 Vigil Mass 6:30 Pasta Dinner
19 <i>7th Sunday of O.T.</i> 8:30 AM Mass 9:45 FF for PK3 – Gr. 5 11:00 Mass 12:15 PM FF for Gr. 6 -12	20 President's Day No Mass Fr. Joe's Day Off Church Office Closed	21 <i>St. Peter Damian</i> 8:30 AM Mass 6:00 PM VBS Meeting 7:00 Finance Comm. 7:15 Legion of Mary	22 Ash Wednesday 8:30 AM Mass 7:00 PM Mass Day of Fast & Abstinence	23 <i>St. Polycarp</i> 8:30 AM Mass 6:30 PM Cantor Practice 7:00 OCIA 7:00 Choir Practice 7:00 Virtual Rosary 7:00 Spirit of God Prayer	24 8:30 AM Mass 9 AM – 6 PM Adoration 5:30 Vespers 6:00 Stations of the Cross 6:30 Soup Supper 7:30 Circulo d'Oracione Day of Abstinence	25 6:00 AM TMIY 8:30 Mass 3:30 PM Reconciliation 5:30 Vigil Mass
26 <i>1st Sunday of Lent</i> 8:30 AM Mass 9:45 FF for PK3 – Gr. 5 11:00 Mass 12:15 PM FF for Gr. 6 -12 3:00 Rite of Election @ St. Pius	27 <i>St. Gregory of Narek</i> 6:30 PM Cub Scouts 7:00 Boy Scouts 7:30 Confirmation Class No Mass Fr. Joe's Day Off	28 8:30 AM Mass 7:00 PM Parish Council 7:15 Legion of Mary	<div> Special Collections: Capital Improvement & Budget Deficit St. Columba's Collection for February: Coffee & Beef Jerky Sticks </div> 			

Greetings Parishioners, Parents, Friends,

A new month is here! Although Valentine's candies have been in the stores for several weeks now, February is a great time to pick up some conversation hearts and think about how they might start a conversation with our children. If we reach into our grab bag of conversation hearts for 2022, we might need sayings such as:

BE KIND! One thing I've noticed over the last couple of years is that tempers are a lot shorter; attitudes toward those with differing viewpoints seem to be a lot more negative, and, generally, people are just tired. It's easy to point the finger at others, but when it comes to it, we have an opportunity as Christ's followers to show the world how Jesus transforms us. In youth group a few weeks ago, we talked about how we are new creations in Christ, and one of the ways we can express that "newness" is by being kind to one another. As we model kindness in our speech, behavior, and attitudes toward others, we show our kids how God enables us to live abundant lives. You get to be the first words of kindness your kids hear and see daily. You probably also get to be the last. Your kindness matters and is a good gift you share with your kids—who, in turn, share it with the world.

U CAN DO IT: As the principal, I often experience situations where parents struggle to let their kids walk through difficult experiences. As a parent, I understand the desire to rush in and help my kids when they struggle. I also end up regaling them with stories about how "when I was your age, I packed my lunch, walked to school, and did chores before my parents got home after school..." They are often unimpressed. Although, what all those childhood experiences mean for me today is that I am a self-sufficient, well-adjusted adult with confidence in my ability to walk through challenging tasks and setbacks. Don't get me wrong; being there for our kids is good. It's great to be their biggest cheerleader. They should know there is always a safety net for the big stuff. It's also great for them to learn that we trust them to navigate challenges and setbacks. Resist the urge to rush in and clear the path for your kids. They won't appreciate it immediately, but they will recognize its importance as they mature. Not only will you be giving them an "I Can Do It" attitude, but you'll also be giving them great stories to bore their kids when they complain about how unfair life is!

JESUS LOVES YOU! As Christian parents, we have a powerful opportunity to have deep conversations with our children about racism and the sting of pain it brings to so many. We can share our failings as people and encourage continued growth in our children as they see the world with Christ-like wonder and apply His love and righteous perspective to situations that may require them to stand up and use their voices to put an end to racist attitudes and behaviors. Jesus loves you does not have qualifications. He loves YOU! His deep desire is that everyone who hears these words knows they are for them. Conversations such as these start in our homes and are made real for others as we share them with our words and actions. May God guide and bless you as you undertake these essential conversations.

No matter the situation, God's heart for conversation with His children is overflowing! Even when we're confronted with angry people and difficult situations, we know that God is listening to the prayers of His people. Continue to pray for Christian parents and the impact they can and do have on their homes, communities, and the world. Join the conversation today!

Pax Ominibus,

Kim Versprille Callahan, Ed.S.

Principal, Christ the King Catholic School



Youth Group Pasta Dinner
Saturday, February 18th
6:30 – 8:00 PM



\$10 for Adults / \$5 for Children

Tickets will be available after all Masses the weekend February 4/5th or by contacting the Office.

Calling ALL Ladies!

The men have "That Man Is You!"
 We would like to bring



to Christ the King for the women.

Please go to:

<https://walkingwithpurpose.com/about/>

to learn more and contact

Mrs. Ficca or the Parish Office if interested.

If we have enough interest, we would like to offer a session on Wednesday mornings after Mass and one in the evening (day & time to be determined).

1st Reconciliation Classes

6:15 to 7:30 PM in the Church Commons

Tuesday, January 17th, 24th & 31st

Wednesday, February 8th & 15th

Link to Online Videos & Book:

<https://www.dynamiccatholic.com/plus/bleased-seasons.html>

Parents are asked to attend with their child, if possible.



Every Summer, **Franciscan University** provides a unique opportunity for teenagers from across the nation to gather together. Each conference combines awesome talks, incredible music, praise and worship, time for prayer and fellowship, entertainment and liturgies. All current 8th through 12th graders are invited to join with others from the **Diocese of Richmond** in

Atlanta, GA, July 6th to July 9th.

The cost for the conference is \$475 and includes transportation, hotel, conference fees, and most meals. Financial assistance will be available to those who are active youth group participants.

Contact Mrs. Ficca by **Sunday, February 19th** to be guaranteed a spot! For full details, go to:

<https://evangelizerichmond.org/events/steubenville-atlanta-conference/>



HOLY HOUR FOR VOCATIONS TO THE PRIESTHOOD



7:00-8:00 PM

Holy Spirit Catholic Church
 1396 Lynnhaven PWKY
 Virginia Beach, VA
 23454



Fr. Brian Capuano, Vicar for Vocations, will celebrate a Holy Hour of Eucharistic Adoration for Vocations to the Priesthood on February 7, 2023 at 7:00 pm



February 7th is the anniversary of Servant of God Frank Parater's death. A seminarian of the diocese whose cause for beatification is open.

Please join us as we ask Our Lord to provide much needed holy vocations to the priesthood in our diocese. Everyone is invited!

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