

# LET'S CELEBRATE WHAT MAKES CTK GREAT!

Our students



Our Teachers



Our Families



Our Parish



Christ The King Catholic School  
Elevate, Educate, Empower

Call: 757-625-4951  
[info@ctkparish.org](mailto:info@ctkparish.org)



## CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue Norfolk, VA 23509 (757) 622-1120 FAX (757) 627-8808  
Email: [office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org) Website: [www.christthekingnorfolk.org](http://www.christthekingnorfolk.org)

### PARISH STAFF

#### Pastor

Rev. Joseph Wamala  
757- 622-1120 (Office)  
757- 627-1723 (Rectory)  
[frwamala@christthekingnorfolk.org](mailto:frwamala@christthekingnorfolk.org)

#### Deacon

Rev. Mr. Michael Brown  
[michael.brown@christthekingnorfolk.org](mailto:michael.brown@christthekingnorfolk.org)  
757-622-1120 – By Appointment

#### Coordinator of Faith Formation & Youth Ministry

Janet Ficca  
757-622-1120, ext. 15  
[faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)

#### Minister of Music

B. J. Atkinson  
[music@christthekingnorfolk.org](mailto:music@christthekingnorfolk.org)

#### Office

Cindy Nettleton, Administrative Assistant  
757-622-1120  
[office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org)

#### Parish Council Chair

Sandra Butterfield  
[samiam1964@cox.net](mailto:samiam1964@cox.net)

#### Principal, CTK School and Extended Care

Mrs. Kim V. Callahan, Ed.S  
757-625-4951  
[kcallahan@ctkparish.org](mailto:kcallahan@ctkparish.org)

#### Columbarium Manager

Linda Francis, 757-625-0548

### PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.  
Friday, 9:00 a.m.-12:00 noon  
Bulletin deadline: Thursday by 3:30 p.m.

### PARISH REGISTRATION

Welcome to Christ the King Parish. We register new parishioners after every Sunday Mass in the Commons. Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs. Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

### BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

### SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

### SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

### SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

### ANOIDING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

**Please consider your Parish Family and/or School in your last will and testament.**

### EUCCHARIST IS CELEBRATED

#### WEEKENDS

Saturday – 5:30 p.m.  
Sunday – 8:30 and 11:00 a.m.

#### WEEKDAYS

According to Mass Schedule inside.

**CTK VISION:** To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

**CTK MISSION:** To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives

**CTK GOAL:** Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

## MASS INTENTIONS

**FOR THE WEEK OF JANUARY 30<sup>th</sup> TO FEB. 5<sup>th</sup>**

Monday, 1/30		No Mass
Tuesday, 1/31		No Mass
Wednesday, 2/1	8:30 a.m.	Aurelia Lomogda (D)
Thursday, 2/2		No Mass
Friday, 2/3	8:30 a.m.	Remedios Gutierrez (D)
Saturday, 2/4	5:30 p.m.	Roger Barnes (D)
Sunday, 2/5	8:30 a.m. 11:00 a.m. (Livestream)	Intention of Parishioners Ann & Jerry Dionne (D)

### Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

### Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$75 to \$150 but other options include cut flowers and plants.

### *St. Columba Ecumenical Ministries*

is a nonprofit organization dedicated to helping those who are homeless and low income.

During the **Month of February**, we will be collecting:

**Coffee & Beef Jerky Sticks**

For more information, please contact Alicia at 757-627-6748 or visit their website: [www.stcolumbaministries.com](http://www.stcolumbaministries.com)

### Liturgical Ministers for February 4<sup>th</sup> & 5<sup>th</sup>

	Saturday 2/4	Sunday, February 5 <sup>th</sup>	
	5:30 PM	8:30 AM	11:00 AM
<b>Altar Serv. 1</b>	R. Vicente	M. Everett	S. Killian
<b>Altar Serv. 2</b>		G. McIntyre-Stevens	H. Geronilla
<b>Child. Lit. 1</b>	x	x	P. Brink
<b>Child. Lit. 2</b>	x	x	B. Stamps
<b>Eucharistic</b>	C. Knight	x	J. Womack
<b>Reader 1</b>	T. Tedesco	C. Okobi	J. Ficca
<b>Reader 2</b>		K. Okobi	
<b>Usher 1</b>	C. Rannigan	T. Duncan	P. Daugherty
<b>Usher 2</b>	J. Fellowes	G. Duncan	E. Webb
<b>Livestream</b>	x	x	H. Luettell

## Next Sunday's Readings

**5<sup>th</sup> Sunday in Ordinary Time**

**February 5<sup>th</sup>, 2023**

Isaiah 58:7 – 10

Psalm 112:4 – 9

1 Corinthians 2:1 –5

Matthew 5:13 – 16

**Scriptures are #1104 in the Hymnal.**

### **Vocations Awareness**

“God chose the foolish of the world to shame the wise, and God chose the weak of the world to shame the strong.”  
God doesn't call the qualified, He qualifies the called. Could He be calling you?

Call Father Brian Capuano at  
804-359-5661 or e-mail him at

[vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org)

## **Wondering what OCIA is?**

**OCIA** stands for the **Order of Christian Initiation of Adults**. It was recently changed from RCIA because the rites are just part of the program. Both refer to the process by which an adult becomes Catholic. Older non-baptized children are included in this process which takes a minimum of 1 year.

Here at CTK, we call our program “**What We Believe**” and the classes are open to anyone (even if you are already Catholic) who wants to learn more about the beliefs and practices of the Catholic Church. There is no start or end date! Contact Janet Ficca for more details or just show up! All are welcome to join us!

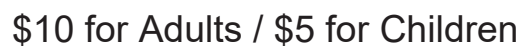
## **What We Believe**

THE BEAUTY OF THE CATHOLIC FAITH

**What We Believe (OCIA) meets every  
Thursday from  
7 to 8:30 PM in the Church Office  
Conference Room.**



*Youth Group Pasta Dinner*  
*Saturday, February 18<sup>th</sup>*  
*6:30 - 8:00 PM*



For full details, pick up a flyer on the round table in the Church Commons or go to [www.tmiy.org](http://www.tmiy.org)

## February Special Collections:

## Budget Deficit and Capital Improvements

**All Online Giving** (including special collections)  
can be done directly at:

<https://osvhub.com/christthekingnorfolk/giving/funds>

## Register with CTK Parish

Please remember that it is necessary to register with the parish for the pastor to recommend you or a dear one for Sacraments or Scholarships.

Also, the use of your offertory envelopes or online giving indicates to the Parish that you may be eligible for reduced tuition at CTK School.



January 29, 2023 | Fourth Sunday in Ordinary Time

Zep 2:3; 3:12-13 | 1 Cor 1:26-31 | Mt 5:1-12a

Written by  
THE  
FAITHFUL  
DISCIPLE

## GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

I have a competitive streak. Whether it's guessing Wordle in one try, grabbing the last Doorbuster deal at Kohl's or snagging Boardwalk early in a game of Monopoly, I like to win. For this reason, the readings today especially challenge me. In a world that values success, wealth and "winning," today's readings turn things upside down when it comes to status and justice. In Zephaniah, God chooses the "humble and lowly." In the Sermon on the Mount, Jesus lays out a road map to lasting happiness that bears little resemblance to what the world tells us, and even what our own instincts may tell us, about being "happy." I'll still buy Boardwalk at the first opportunity, but Jesus' words invite me to focus on seeking righteousness, and to be merciful and "clean of heart." They encourage me to seek the happiness that only Christ can give. Through prayer and reflection on these words, we can ask the Lord to transform our hearts and lives to align with what it truly means to be blessed.

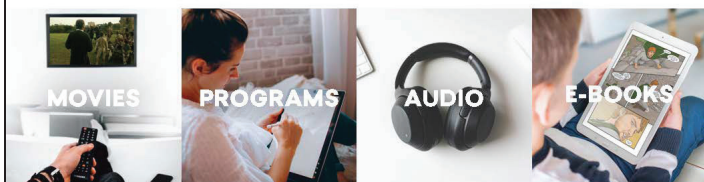
**STUDY** Memorize the Eight Beatitudes. Learn about each one by reading the writings of Pope Francis or another theologian such as Bishop Robert Barron. Ask God to help you incorporate them into your daily life.

## GO EVANGELIZE

### PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

Pope Francis has referred to the Eight Beatitudes as a kind of Christian "identity card." (General Audience, Jan. 2020) And he had a suggestion for those of us, like me, who love to listen to the Sermon on the Mount but may not be sure where to start when it comes to living it. His suggestion is simple: "There are eight Beatitudes, and it would be nice to learn them by heart and to repeat them in order to keep this law that Jesus gives us in our mind and in our hearts." Perhaps we can place each Beatitude on a sticky note by the mirror, incorporate them into our morning prayers, teach them to our children or discuss them with friends. Practice makes perfect, yes? As Pope Francis reminds us, "the Beatitudes always bring you to joy; they are the paths to reach joy."

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- Enter our parish zip code (23509) to select our parish
- Enter your name and email



## CTK's Legion of Mary

Meets on **Tuesdays @ 7 PM**  
in Ashland House.

For more details, contact Tess Rozelle

[theroze0305@aol.com](mailto:theroze0305@aol.com)

New members are always welcome!



### Classes meet as follows:

**PreK to Grade 5:** Sundays, 9:45 to 10:45 AM

February 5, 19, 26

March 5, 12, 19, 26

**Grades 6 to 12:** Sundays, 12:15 to 1:30 PM

(bring your lunch)

February 5, 19 & 26

March 5, 19, 26

**Youth Group:** 12:15 to 2:30 PM (lunch provided)

February 10<sup>th</sup> – 12<sup>th</sup> – DYC

February 18<sup>th</sup> – Pasta Dinner

March 12<sup>th</sup>




**Adults (OCIA):** Thursdays, 7:00 to 8:30 PM

February 2, 9, 16, 23

February 26 – Rite of Election @ St. Pius – 3 PM

# February 2023

## Christ the King Catholic Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>   </div> <h3>Catholic Schools: Faith. Excellence. Service.</h3> <p>Catholic Schools Week - January 29<sup>th</sup> – February 5<sup>th</sup> 2023</p>						
<p><i>I give you a new commandment, says the Lord:</i>  <i>Love one another as I have loved you.</i>  <i>(John 13:34)</i></p>			<p><b>1</b> Virginia March 4 Life</p> <p>8:30 AM Mass          6:30 PM Divorce Care          6:45 International Choir Practice</p>	<p><b>2</b> <i>Presentation of the Lord</i></p> <p>6:30 PM Cantor Practice          7:00 OCIA          7:00 Choir Practice          7:00 Virtual Rosary          7:00 Spirit of God Prayer</p>	<p><b>3</b> <i>First Friday</i>  <i>St. Blaise &amp; St. Ansgar</i></p> <p>8:30 AM Mass          9 AM - 6 PM Adoration          5:30 Vespers          7:00 Circulo d'Oracione</p>	<p><b>4</b></p> <p>6:00 AM TMIY          3:30 PM Reconciliation          5:30 Vigil Mass</p>
<p><b>5</b> <i>5<sup>th</sup> Sunday of O.T.</i></p> <p>8:30 AM Mass          9:45 FF for PK3 – Gr. 5          11:00 Mass          12:15 PM FF for Gr. 6 -12</p>	<p><b>6</b> <i>St. Paul Miki</i></p> <p>6:30 PM Cub Scouts          7:00 Boy Scouts          7:30 Confirmation Class</p>	<p><b>7</b></p> <p>7:00 PM Liturgy Comm.          7:15 Legion of Mary</p>	<p><b>8</b> <i>Sts. Jerome &amp; Josephine</i></p> <p>8:30 AM Mass          6:15 PM 1<sup>st</sup> Reconciliation Class (#4)          6:30 Divorce Care          6:45 International Choir Practice</p>	<p><b>9</b></p> <p>6:30 PM Cantor Practice          7:00 OCIA          7:00 Choir Practice          7:00 Virtual Rosary          7:00 Spirit of God Prayer</p>	<p><b>10</b> <i>St. Scholastica</i></p> <p>8:30 AM Mass          7:00 PM Circulo d'Oracione</p> <p><b>Diocesan Youth Conference (DYC)</b></p>	<p><b>11</b> <i>Our Lady of Lourdes</i></p> <p>6:00 AM TMIY          3:30 PM Reconciliation          5:30 Vigil Mass</p>
<p><b>12</b> <i>6<sup>th</sup> Sunday of O.T.</i></p> <p>8:30 AM Mass          11:00 Scout Sunday Mass</p> <p><b>Dioc. Youth Conf.</b></p>	<p><b>13</b></p> <p>6:30 PM Cub Scouts          7:00 Boy Scouts</p> <p>No Mass          Fr. Joe's Day Off</p>	<p><b>14</b> <i>Valentine's Day</i>  <i>Sts. Cyril, Monk &amp; Methodius</i></p> <p>8:30 AM Mass          12:00 PM Sr. Luncheon          7:15 Legion of Mary</p>	<p><b>15</b></p> <p>8:30 AM Mass          6:15 PM 1<sup>st</sup> Reconciliation Class (#5)          6:30 Divorce Care          6:45 International Choir Practice</p>	<p><b>16</b></p> <p>8:30 AM Mass          6:30 PM Cantor Practice          7:00 OCIA          7:00 Choir Practice          7:00 Virtual Rosary          7:00 Spirit of God Prayer</p>	<p><b>17</b> <i>Holy Founders of the Servite Order</i></p> <p>8:30 AM Mass          7:00 PM Circulo d'Oracione</p>	<p><b>18</b></p> <p>6:00 AM TMIY          8:30 Mass          3:30 PM Reconciliation          5:30 Vigil Mass          6:30 <b>Pasta Dinner</b></p>
<p><b>19</b> <i>7<sup>th</sup> Sunday of O.T.</i></p> <p>8:30 AM Mass          9:45 FF for PK3 – Gr. 5          11:00 Mass          12:15 PM FF for Gr. 6 -12</p>	<p><b>20</b> <i>President's Day</i></p> <p>No Mass          Fr. Joe's Day Off  <b>Church Office Closed</b></p>	<p><b>21</b> <i>St. Peter Damian</i></p> <p>8:30 AM Mass          7:00 PM Finance Comm.          7:15 Legion of Mary</p>	<p><b>22</b> <i>Ash Wednesday</i></p> <p>8:30 AM Mass          7:00 PM Mass</p> <p><b>Day of Fast &amp; Abstinence</b></p>	<p><b>23</b> <i>St. Polycarp</i></p> <p>8:30 AM Mass          6:30 PM Cantor Practice          7:00 OCIA          7:00 Choir Practice          7:00 Virtual Rosary          7:00 Spirit of God Prayer</p>	<p><b>24</b></p> <p>8:30 AM Mass          9 AM – 6 PM Adoration          5:30 Vespers          6:00 Stations of the Cross          6:30 Soup Supper          7:30 Circulo d'Oracione</p> <p><b>Day of Abstinence</b></p>	<p><b>25</b></p> <p>6:00 AM TMIY          8:30 Mass          3:30 PM Reconciliation          5:30 Vigil Mass</p>
<p><b>26</b> <i>1<sup>st</sup> Sunday of Lent</i></p> <p>8:30 AM Mass          9:45 FF for PK3 – Gr. 5          11:00 Mass          12:15 PM FF for Gr. 6 -12          3:00 Rite of Election @ St. Pius</p>	<p><b>27</b> <i>St. Gregory of Narek</i></p> <p>6:30 PM Cub Scouts          7:00 Boy Scouts          7:30 Confirmation Class</p> <p>No Mass          Fr. Joe's Day Off</p>	<p><b>28</b></p> <p>8:30 AM Mass          7:00 PM Parish Council          7:15 Legion of Mary</p>	<p><b>Special Collections:</b>          Capital Improvement &amp; Budget Deficit</p> <p><b>St. Columba's Collection for February:</b>          Coffee &amp; Beef Jerky Sticks</p>			

## Calling ALL Ladies!

The men have "That Man Is You!"  
We would like to bring



to Christ the King for the women.

Please go to:

<https://walkingwithpurpose.com/about/>

to learn more and contact  
Mrs. Ficca or the Parish Office if  
interested. If we have enough  
interest, we would like to offer a  
session on Wednesday mornings  
after Mass and one in the evening  
(day & time to be determined).

## 1<sup>st</sup> Reconciliation Classes

6:15 to 7:30 PM in the Church  
Commons

Tuesday, January 17<sup>th</sup>, 24<sup>th</sup> & 31<sup>st</sup>

Wednesday, February 8<sup>th</sup> & 15<sup>th</sup>

Link to Online Videos & Book:

<https://www.dynamiccatholic.com/plus/blessed-seasons.html>

Parents are asked to attend with their  
child, if possible.

## Talent Needed



- Can you sing?
- Play a musical instrument?
- Dance?
- Recite poetry?

On **Saturday, February 18<sup>th</sup>**, our Youth Group will be hosting a **Pasta Dinner** to benefit those going to World Youth Day in August from CTK and we are looking for some dinner entertainment!

Please contact Mrs. Ficca as soon as possible if you have talent to share.



Every Summer, **Franciscan University** provides a unique opportunity for teenagers from across the nation to gather together. Each conference combines awesome talks, incredible music, praise and worship, time for prayer and fellowship, entertainment and liturgies. All current 8<sup>th</sup> through 12<sup>th</sup> graders are invited to join with others from the **Diocese of Richmond** in **Atlanta, GA, July 6<sup>th</sup> to July 9<sup>th</sup>.**

The cost for the conference is \$475 and includes transportation, hotel, conference fees, and most meals. Financial assistance will be available to those who are active youth group participants.

Contact Mrs. Ficca by **Sunday, February 19<sup>th</sup>** to be guaranteed a spot! For full details, go to:

<https://evangelizerichmond.org/events/steubenville-atlanta-conference/>



# HOLY HOUR FOR VOCATIONS TO THE PRIESTHOOD



7:00-8:00 PM

Holy Spirit Catholic Church  
1396 Lynnhaven PWKY  
Virginia Beach, VA  
23454



*Fr. Brian Capuano, Vicar for Vocations, will celebrate a Holy Hour of Eucharistic Adoration for Vocations to the Priesthood on February 7, 2023 at 7:00 pm*



February 7th is the anniversary of Servant of God Frank Parater's death. A seminarian of the diocese whose cause for beatification is open.

Please join us as we ask Our Lord to provide much needed holy vocations to the priesthood in our diocese. Everyone is invited!

Greetings Christ the King Parishioners,  
Parents, Friends, and Alumni,

I am so very proud and humbled to serve as the 10<sup>th</sup> principal of Christ the King Catholic School. Like many of you, I am a product of Catholic Education, graduating from CTK and NCHS. My entire family has supported Catholic education in Tidewater for over 75 years.

Our school has been in existence since 1954. As we approach our Platinum Jubilee, we find our beloved school needing major repair. We desperately need a new roof, windows, HVAC, Black Top, LED lighting, solar panels, and security system. We are very fortunate that His Excellency Bishop Knestout, in partnership with the Greater Mission, has created the *Learn to Lead* capital campaign for Catholic Schools. The campaign's overall goal is \$30 million dollars for Virginia Catholic schools. Christ the King will participate in the Learn to Lead campaign over the next several months. The total amount of these infrastructure projects mentioned above is \$2,900,000.00. We hope to address these projects through this capital campaign.

Over the next several months, there will be different events and receptions relating to our *Learn to Lead* campaign. Some will be organized around school activities, family receptions, alumni events, and a cross-section of school groups. Please be on the lookout for invitations and attend one of these important events to hear about and see our progress.

I am grateful to our school and church community for helping us continue Catholic Education's mission. Our school and I need your assistance in taking the next critical step. This campaign will only be successful with the help of our families, past, present, and future. This is our moment and our time to act as one school community and fulfill our vision for an improved and updated school campus.

Pax Ominibus,  
Kim Versprille Callahan, Ed.S.  
Principal, Christ the King Catholic School

## 2023

# Catholic Schools Week Schedule

**School wide community service project:**  
**Donations to the Norfolk SPCA**

<b>Sunday</b> <b>CTK Open House</b> <b>11:30 am - 1:30 pm</b> <b>Bring a friend and show them around!</b>	<b>Monday</b> <b>Living Rosary in the Gym</b> <b>What to Wear:</b> <b>Purple, Gold, or White</b>
<b>Tuesday</b> <b>Flag Ceremony in the Gym</b> <b>What to Wear:</b> <b>Mix and Match</b>	<b>Wednesday</b> <b>Honors Assembly after Mass</b> <b>What to Wear:</b> <b>School Dress Uniform</b>
<b>Thursday</b> <b>Station of the Cross booklets</b> <b>What to Wear:</b> <b>Favorite Sports Team</b>	<b>Friday</b> <b>Student Fun Day!</b> <b>Lots of Activities!</b> <b>What to Wear:</b> <b>Dress down to have a fun day!</b>

### January Events

- 29 Catholic School Week Begins
- 30 Early Reregistration Begins



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