



# CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue Norfolk, VA 23509 (757) 622-1120  
FAX (757) 627-8808 Email: [office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org)  
Website: [www.christthekingnorfolk.org](http://www.christthekingnorfolk.org)

*Congratulations to these 3 young couples from Christ the King who were married last week. May God bless their union abundantly!*

Megan (Magyar) and Joseph Hare on July 1st

Annie (Eckhardt) and Stefano Escoto on July 2nd

Rose (Hartzell) and Joseph Uzzolino on July 9th



## PARISH STAFF

### Pastor

*Rev. Joseph Wamala*  
757- 622-1120 (Office)  
757- 627-1723 (Rectory)  
[frwamala@christthekingnorfolk.org](mailto:frwamala@christthekingnorfolk.org)

### Deacon

*Rev. Mr. Michael Brown*  
[michael.brown@christthekingnorfolk.org](mailto:michael.brown@christthekingnorfolk.org)  
757-622-1120 – By Appointment

### Coordinator of Faith Formation & Youth Ministry

*Janet Ficca*  
757-622-1120, ext. 15  
[faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)

### Minister of Music

*B. J. Atkinson*  
[music@christthekingnorfolk.org](mailto:music@christthekingnorfolk.org)

### Office

*Cindy Nettleton, Administrative Assistant*  
757-622-1120  
[office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org)

### Parish Council Chair

*Sandra Butterfield*  
[samiam1964@cox.net](mailto:samiam1964@cox.net)

### Principal, CTK School and Extended Care

*Mrs. Kim V. Callahan, Ed.S*  
757-625-4951  
[kcallahan@ctkparish.org](mailto:kcallahan@ctkparish.org)

### Columbarium Manager

*Linda Francis, 757-625-0548*

## PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.  
Friday, 9:00 a.m.-12:00 noon  
Bulletin deadline: Thursday by 3:30 p.m.

## PARISH REGISTRATION

Welcome to Christ the King Parish. We register new parishioners after every Sunday Mass in the Commons. Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs. Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

## BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

## SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister. For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

## SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony. Marriage Preparation for the couple is a requirement.

## SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

## ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

**Please consider your Parish Family and/or School in your last will and testament.**

## EUCHARIST IS CELEBRATED

### WEEKENDS

Saturday – 5:30 p.m.  
Sunday – 8:30, 11:00 a.m. and 5:00 p.m.

### WEEKDAYS

According to Mass Schedule inside.

**CTK VISION:** To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

**CTK MISSION:** To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives

**CTK GOAL:** Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

## MASS INTENTIONS

**FOR THE WEEK OF July 18<sup>th</sup> TO July 24<sup>th</sup>**

Monday, 7/18		No Mass
Tuesday, 7/19	8:30 a.m.	Alice Wood (D)
Wednesday, 7/20	8:30 a.m.	
Thursday, 7/21	8:30 a.m.	Cindy Nettleton (L)
Friday, 7/22	8:30 a.m.	
Saturday, 7/23	8:30 a.m. 5:30 p.m.	Kim Callahan (L)
Sunday, 7/24	8:30 a.m. 11:00 a.m. (Livestream) 5:00 p.m.	Ligaya Jankowski (D) Intentions of Parishioners Francis Kenneth Ormand (D)

### Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10.

### Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$75 to \$150 but other options include cut flowers and plants.

**Birthright of Norfolk** is deeply grateful for the donations made by Christ the King Church in our recent Baby Bottle Bonanza. The donations exceeded \$1000 and will be used to provide counseling, referrals, and necessary baby items for pregnant women in need. **Thank you** so much for your generosity to this Christ centered charity!

## NEXT SUNDAY'S READINGS

17<sup>th</sup> Sunday in Ordinary Time

**July 24<sup>th</sup>, 2022**

Genesis 18:20 – 32  
Psalm 138:1 – 3, 6 – 8  
Colossians 2:12 – 14  
Luke 11:1 – 13

**Scriptures are # 1142 in Hymnal.**

### Vocations Awareness

“Give us this day our daily bread.”

Are you being called to help feed the people of God as a priest?

Call the Vocations Office, (804) 359-5661, to speak with Fr. Brian Capuano; or write to

[vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org)



### *CTK's Legion of Mary*

meets Saturdays at 2:00 PM  
in the Ashland House.

For more details, contact Tess Rozelle  
[theroze0305@aol.com](mailto:theroze0305@aol.com)

New members are always welcome!

### Liturgical Ministers for July 23<sup>rd</sup> & 24<sup>th</sup>

	Saturday, 7/23	Sunday, July 24 <sup>th</sup>		
	5:30 PM	8:30 AM	11:00 AM	5:00 PM
<b>Altar Serv. 1</b>	S. Killian	O. Okobi	D. Satchivi	H. Gonzalez
<b>Altar Serv. 2</b>	x	x	x	x
<b>Altar Serv. 3</b>	x	x	x	x
<b>Child. Lit. 1</b>	x	x	K. Kulesza	x
<b>Child. Lit. 2</b>	x	x	C. Richey	x
<b>Eucharistic</b>	C. Knight	G. Duncan	A. Vitug	x
<b>Reader 1</b>		C. Okobi	S. Brown	E. Hunley
<b>Reader 2</b>				R. Vicente
<b>Usher 1</b>	C. Rannigan	T. Duncan	P. Daugherty	K. Brink
<b>Usher 2</b>	J. Fellowes	G. Duncan	E. Webb	P. Brink
<b>Livestream</b>	x	x	J. Ficca	x

### Chairs in the Church Commons

Please leave the chairs in the Commons for parents with small children who need to step out of Mass.

Everyone is encouraged to join us inside the sanctuary for Mass so you can fully participate.

If you arrive late, our ushers will be happy to help you find a seat during an appropriate moment during the Mass.



## THIS WEEK AT CTK

Set-up for VBS	7/17	12 Noon	School Gym
Vacation Bible School	7/18 – 7/22	6 to 8:30 PM	School Gym
Cleaning Team #1	7/18	6:30 PM	Church
Finance Committee Meeting	7/19	7:00 PM	via Zoom
International Choir Practice	7/20	6:45 PM	Church
Cantor / Choir Practice	7/21	6:30 / 7:00 PM	Church
Virtual Rosary	7/21	7:00 PM	via phone (757-551-6414)
Spirit of God Prayer Group	7/21	7:00 PM	Church Commons
Circulo d'Oracione	7/22	7:00 PM	Church Commons
Legion of Mary	7/23	2:00 PM	Ashland House
Youth Mass followed by Youth Group	7/24	5:00 / 6:15 PM	Church & Ashland House



### It's Time to Renew or Sign-Up!

If you are interested in renewing or starting a subscription to **Magnificat or MagnifiKid!**, please email Mrs. Ficca ([faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)) by **July 24<sup>th</sup>**. Payment is due by August 21<sup>st</sup>.

1 Year Magnificat Subscriptions are:  
\$36 for English / \$40 for Spanish

### *St. Columba Ecumenical Ministries*

is a nonprofit organization dedicated to helping those who are homeless and low-income.

During the **Month of July**, we will be collecting:  
**Bottled Water**



### **Homeless Advocate**

St. Columba is looking to hire a Homeless Advocate. This is a part-time position, Monday through Thursday, 8 AM to 3 PM. If interested in learning more, contact the Church Office for a full description or contact Alicia directly.

For more information, please contact Alicia at 757-627-6748 or visit their website:

[www.stcolumbaministries.com](http://www.stcolumbaministries.com)



Please keep our **sick & homebound parishioners** in your prayers. If you know someone in need, please contact our office.

## YOUR GIFTS TO GOD AND PARISH

Number of families contributing to operating income during the month of June: 137 out of 328

### Month of June 2022

Monthly Budget Needed	\$	25,650.54
Actual Receipts Received		<u>21,994.28</u>
Monthly Budget Surplus	\$	<u>(3,656.26)</u>
Year-To-Date Budget Needed	\$	333,457.00
YTD Actual Receipts Received		<u>286,472.00</u>
YTD Budget Deficit	\$	<u>(46,985.00)</u>

Capital Improvement Collection for June - \$645.47

### **July Special Collections:**

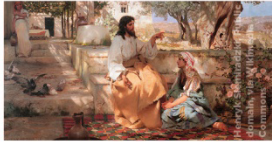
Budget Deficit & Capital Improvements

### **Annual Diocesan Appeal Update:**

To date 57 families have donated \$18,250 to the Annual Diocesan Appeal for 2022. To donate, go to:  
<https://richmondcatholicfoundation.org/appeal-2/>

**All Online Giving** (including special collections) can be done directly at:

<https://osvhub.com/christthekingnorfolk/giving/funds>



July 17, 2022 | Sixteenth Sunday in Ordinary Time

Gn 18:1-10a | Col 1:24-28 | Lk 10:38-42

Written by  
THE  
FAITHFUL  
DISCIPLE

### **GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE**

Are you a Martha or a Mary? For me, it depends on the day, but on first glance I'd say I relate more to Martha. When I plug in the vacuum and start handing out cleaning supplies, one of my sons invariably asks: "Is company coming over?" Even once they arrive, I'm often so busy with host duties that I don't really relax enough to truly connect with our guests! All of that said, I'm not sure Jesus is criticizing Martha or just talking about housework; rather, he addresses her as a friend. "Martha, Martha, you are anxious and worried about many things. There is need of only one thing." Mary, who sits at the feet of Jesus, shows us what matters most: our relationship with Jesus. It doesn't mean we won't get caught up in the busyness of entertaining or life in general. When that happens, however, Jesus' words can gently call us back to what matters: the way we live our life for Christ each day and prioritizing our relationship with him.

**SERVE** How can we show hospitality to those outside of our homes? Offer to make food for a funeral luncheon in your parish or prepare and serve food for those less fortunate at a shelter or soup kitchen.

### **GO EVANGELIZE**

**PRAYER, INVITATION, WITNESS, ACCOMPANIMENT**

It's wedding season! I was recently talking to a friend whose daughter got married a few weeks ago. She and her daughter had spent months planning the wedding, of course, but the actual day went by "too fast," she said, her voice tinged with regret. Sometimes it seems life can be like that. We can get so caught up in the day-to-day that we forget to take a breath and savor each moment with friends and family. In today's readings, Mary shows us how to truly be present to Jesus by listening to his voice in prayer and reading his words in Scripture. Martha teaches us how to open our homes and our hearts through hospitality. We can learn from both of their examples, drawing strength from prayer and extending the peace of Jesus to others through hospitality and our everyday interactions.

Greetings Parents and Parishioners,

Summer camp and our Academic Boot Camp are back in full swing at CTK! Students are working hard to brush up on fundamental reading and math skills, so they are better prepared for the next school year.

Improvements are being made around the school as well. You may notice updated parking lot lines, new accessible parking spaces, and a drop-off space for our Pre-k 2 classroom. A big thank you to the Norfolk Lady Eagles softball team for coming out and helping paint the parking lot lines.

Now is a great time to get your new school uniforms from Flynn O'Hara. The store recommends 4 - 6 weeks for embroidery and delivery of uniforms. Please go to [www.flynnohara.com](http://www.flynnohara.com) and use the school code of VA013 to see the uniform options. If you have any questions about the uniforms, don't hesitate to get in touch with Pam Mann at [pmann@ctkparish.org](mailto:pmann@ctkparish.org).

Remember to keep reading this summer. Not only does summer reading help students maintain learning over the break, fosters social-emotional development, it helps students discover the joy of stories, and elevates the importance of lifelong learning.

If we can do anything for you, please reach out or come by and visit. Stay safe and cool this summer!

Be safe, Be well,  
Kim V. Callahan,  
Principal





**Youth Mass @ 5 PM**  
**Youth Group 6 to 8 PM**  
**Grades 6 to 12**

All middle & high school students are invited to participate in Youth Group on the 2<sup>nd</sup> & 4<sup>th</sup> Sundays (usually) of the month:

**July 17<sup>th</sup> - Set-Up for VBS (Noon to ???)**

**July 18<sup>th</sup>-22<sup>nd</sup> - Vacation Bible School**

**July 21<sup>st</sup>-24<sup>th</sup> - Quo Vadis Young Men's Camp**

**July 24<sup>th</sup> - Movie Night / Post VBS Party**

**August 2<sup>nd</sup> - Faith & Family Night @ The Tides**

**August 3<sup>rd</sup>-5<sup>th</sup> - Discipleship Week**

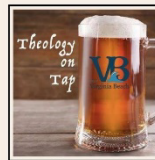
**August 6<sup>th</sup> - EPIC**

**August 14<sup>th</sup> - Ashland House Service Project**

Children's Liturgy  
of the **Word**

**11 AM Mass**  
**Ages 3 to 6**

- There will be **NO Children's Liturgy of the Word** on the following Sundays to give our volunteers a much-deserved break - **7/31, 8/7 & 8/14**
  - New adult volunteers are always welcome.
  - Please contact Patty Brink (757) 627-0152 or Janet Ficca to volunteer.



Join us the last Thursday of the month!

July 28th @ 7 PM  
August 25th @ 7 PM



VA BEACH PILOT HOUSE  
313 32nd Street, Va Beach, VA 23451

@theologyontapvb



Quo Vadis is a two-night camping experience for rising **10<sup>th</sup> graders through graduated seniors** that involves the celebration of Mass, adoration, other prayer opportunities, fellowship, and outdoor recreation to include: swimming, boating, and some surprise activities.

If you are a young man who would like to embrace your faith and spend a little time with other young men, seminarians, priests and the Lord, please speak to Fr. Joe or Mrs. Ficca as soon as possible.

<https://ofe.regfox.com/2022-quo-vadis>



**21st National Conference for Single Catholics**  
**September 16<sup>th</sup> – 18<sup>th</sup> in Chantilly, VA**

The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, opportunities for confession, fellowship, food and more.

**Register by July 25th with this promo code (PARISH22) to get \$100 off the general admission!**

*Discount limited to the first 50 people nationwide to use this code.*

Visit [www.NationalCatholicSingles.com](http://www.NationalCatholicSingles.com) for more information and to register. (Can't find your question answered on the website? Call 512-766-5798.)

A PROGRAM AND SERVICE OF  
THE NATIONAL CATHOLIC RISK RETENTION GROUP, INC.

**VIRTUS<sup>®</sup> Online**

All adults (including volunteers) who work with our **children and / or vulnerable adults** must be VIRTUS certified.

Classes are offered both in-person and virtually.

Contact Janet Ficca or Cindy Nettleton for more information or register online at:

[https://richmonddiocese.org/child\\_protection\\_virtus/](https://richmonddiocese.org/child_protection_virtus/)

**Register by July 31<sup>st</sup> to save \$500!**



**Register today for World Youth Day!**

<https://evangelizerichmond.org/events/world-youth-day-2023>

**July 24-August 7, 2023**

# Montagna's SHOES

Comfort and Fashion Shoes for Men and Women  
**LUCIAN F. MONTAGNA, JR., C. Ped, O.S.T.**  
 Board Certified Pedorthist, Parishioner  
 752 Independence Boulevard • 490-2034  
 Pembroke Meadows Shopping Center (Across from Red Lobster)

# Belinda Florist

Flower arrangements that encourage, inspire and soothe your soul!  
 757-724-2199  
<http://Flowerbybelinda.com>



# THE DECKER LAW FIRM

Decker, Cardon, Thomas, Weintraub, & Neskes, P.C.  
 109 East Main Street, Suite 200, Norfolk • 622-3317 • [petedecker.com](http://petedecker.com)



# RE/MAX ALLIANCE

**ERIC J. HOVIK, Realtor® #CallEric**  
 4701 Columbus Street, Suite 200  
 Virginia Beach, VA 23462  
 757.277.8487  
[Eric@EricHovik.com](mailto:Eric@EricHovik.com)



# CHS

CATHOLIC HIGH SCHOOL  
 (757) 467-2881  
[WWW.CHSVB.ORG](http://WWW.CHSVB.ORG)



# Dr. Peluso

Orthodontics for Children & Adults  
 302 E. Little Creek Rd., Ste 300, Norfolk  
 Office: 757-583-2333 Fax: 757-420-4010  
[EasternVirginiaOrthodontics.com](http://EasternVirginiaOrthodontics.com)

**757-456-5018**  
 marian-manor.com  
 5345 Marian Lane  
 Virginia Beach, VA 23462

**757-495-4211**  
 ourladyperpetualhelp.com  
 4560 Princess Anne Rd.  
 Virginia Beach, VA 23462

# COLONIALWEBB

- Service
- Construction
- Refrigeration Manufacturing/Fabrication
- Green Energy Solutions

Our values – Integrity, Commitment, Respect, Quality, Safety, Speed and Hard Work – reflect everything we do.

3719 E. Virginia Beach Blvd., Norfolk, VA

Main 757-855-3006 • Service 800-899-3006 • Fax 757-857-4952  
[www.colonialwebb.com](http://www.colonialwebb.com)

# Honoring traditions, strengthening faith.

**Rosewood - Kellum Funeral Home & Memorial Park**  
 601 N. Witchduck Road | Virginia Beach | 757-671-1717  
[www.kellumfuneralhome.com](http://www.kellumfuneralhome.com)

**Smith & Williams Funeral Home - Kempsville Chapel**  
 4889 Princess Anne Road | Virginia Beach | 757-490-1097  
[www.smithandwilliamskempsville.com](http://www.smithandwilliamskempsville.com)

**Woodlawn Funeral Home & Memorial Gardens**  
 6329 E. Virginia Beach Blvd. | Norfolk | 757-455-2838  
[www.woodlawnnorfolk.com](http://www.woodlawnnorfolk.com)

**Princess Anne Memorial Park**  
 1110 N. Great Neck Road | Virginia Beach | 757-481-1097  
[www.princessannememorialpark.com](http://www.princessannememorialpark.com)



**Ladybug's Librairie**  
 Janet D. Ficca  
 (757) 646-2684  
[ladybugslibrairie@gmail.com](mailto:ladybugslibrairie@gmail.com)  
<https://c8022.ubamlibrary.com>  
 @LadybugsLibrairie

DISCOVER THE CATHOLIC DIFFERENCE  
 Rely on the Knights of Columbus to protect your family's future.  
 Raymond Selg Field Agent  
 757-717-4348  
 2500 Alameda Ave., Suite 111  
 Norfolk, VA 23513 • [selgofficemail@kofc.org](mailto:selgofficemail@kofc.org)

**NORTH SHORE PEDIATRICS**  
 Joseph Toland, M.D.  
 Maria Torralba, M.D.  
 Melissa Estrada, F.N.P.C.  
 Oneica Barker, C.P.N.P.  
 924 W. Little Creek Road, Norfolk  
[northshorepediatricsva.com](http://northshorepediatricsva.com)



Earl Duff, Disabled Veteran Owned & Operated  
**Ocean View Heating & Cooling**  
 Maintenance Repairs Replacement  
 service@oceanviewhvac.com  
[www.oceanviewhvac.com](http://www.oceanviewhvac.com)

CAJUN SEAFOOD AND BAR  
**HOOK & REEL**  
 7740 TIDEWATER DR  
 NORFOLK, VA 23505  
 757.390.3356

COME DINE WITH US!  
**10% OFF**  
 YOUR DINE-IN OR TAKE-OUT ORDER  
 EXPIRES 12/31/22

**GERLOFF**  
 Since 1904  
**CHARLES W. GERLOFF CO., INC.**  
 WELDING CONTRACTORS  
 JOSEPH "JOE" GERLOFF  
 757-853-5232  
 2622 Cromwell Road, Norfolk

**ALTMAYER FUNERAL HOMES**  
 Your Funeral Home for Quality and Savings  
 James E. Altmeyer, Sr., James E. Altmeyer, Jr. – Owners & Directors  
 5033 Rouse Drive, Virginia Beach, VA 23462 • 422-4000  
 Chesapeake • Norfolk • Portsmouth • VA Beach

Weddings • Anniversaries  
 Birthday Celebrations • Meetings  
**The COLUMBUS CLUB Ball Room Rentals**  
 Up to 350 Seating Capacity • Tables and Chairs Available  
 Commercial Catering Kitchen • Unstocked Bar  
 Call O.J. for Rentals (757) 735-2086  
[www.KofC367.org](http://www.KofC367.org)

**MI HOGAR MEXICAN RESTAURANT**  
**15% OFF**  
 ENTIRE LUNCH OR DINNER  
 WITH THIS COUPON  
 4201 Granby Street, Norfolk  
**757-640-7705**

**Naa's Bakery**  
 Norfolk, VA  
 757-623-3858  
 Cakes, Pies, Rolls, Cookies

**H.D. OLIVER FUNERAL APARTMENTS**  
 Serving the Catholics of Tidewater since 1865

CHESAPEAKE CHAPEL 548-2200	LASKIN ROAD CHAPEL 428-7880	NORFOLK CHAPEL 622-7353
-------------------------------	--------------------------------	----------------------------

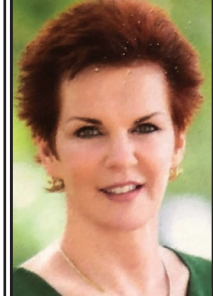
Martin V. Oliver, Owner

**Howard Hanna**  
 MICK SHAW  
 Voted Norfolk's Best REALTOR®  
 past 12 years  
 286-0800  
 1208 E. Little Creek Rd., Norfolk, VA  
[MickShaw@howardhanna.com](mailto:MickShaw@howardhanna.com) • [MickShaw.com](http://MickShaw.com)

**Willowood Service Center**  
 10% OFF Repair Over \$300.00  
 627-9704  
 5421 Tidewater Drive

TO PLACE AN AD, CALL  
**DEE PRINTING AT**  
 1-800-292-9020.

**yNot**  
 Pizza & Italian Cuisine  
 1517 Colley Ave., Norfolk



**Marian Shortt Schutts**  
 REALTOR® • PARISHIONER  
 Member HRRR Circle of Excellence  
 Certified Military and Relocation Specialist  
**Rose & Womble REALTY COMPANY**  
 757.679.2471  
[Realtybiz123@cox.net](mailto:Realtybiz123@cox.net)