



# CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue Norfolk, VA 23509 (757) 622-1120  
FAX (757) 627-8808 Email: [office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org)  
Website: [www.christthekingnorfolk.org](http://www.christthekingnorfolk.org)

## Last year, we survived. This year, we thrive!

- SUCCESSFULLY COMPLETED 184 DAYS OF IN-PERSON INSTRUCTION LAST YEAR
- SMALL CLASS SIZES
- PRE-K 2 - 8TH GRADE
- FINANCIAL AID AVAILABLE
- LIMITED SPACES AVAILABLE

For more information or to schedule a tour, please contact Katy  
Rock at [krock@ctkparish.org](mailto:krock@ctkparish.org) or 757.625.4951



**Faith,  
Scholarship,  
and  
Community**

### PARISH STAFF

#### Pastor

*Rev. Joseph Wamala*  
757- 622-1120 (Office)  
757- 627-1723 (Rectory)  
[frwamala@christthekingnorfolk.org](mailto:frwamala@christthekingnorfolk.org)

#### Deacon

*Rev. Mr. Michael Brown*  
[michael.brown@christthekingnorfolk.org](mailto:michael.brown@christthekingnorfolk.org)  
757-622-1120 – By Appointment

#### Coordinator of Faith Formation & Youth Ministry

*Janet Ficca*  
757-622-1120, ext. 15  
[faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)

#### Minister of Music

*B. J. Atkinson*  
[music@christthekingnorfolk.org](mailto:music@christthekingnorfolk.org)

#### Office

*Cindy Nettleton, Administrative Assistant*  
757-622-1120  
[office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org)

#### Parish Council Chair

*Sandra Butterfield*  
[samiam1964@cox.net](mailto:samiam1964@cox.net)

#### Principal, CTK School and Extended Care

*Mrs. Kim V. Callahan, Ed.S*  
757-625-4951  
[kcallahan@ctkparish.org](mailto:kcallahan@ctkparish.org)

#### Columbarium Manager

*Linda Francis, 757-625-0548*

### PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.  
Friday, 9:00 a.m.-12:00 noon  
Bulletin deadline: Friday by 12:00 noon

### PARISH REGISTRATION

Welcome to Christ the King Parish.  
We register new parishioners after every Sunday Mass in the Commons.  
Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs.  
Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

### BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation Office at least three months prior to the desired date. All parents must attend a three-hour class.

### SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister.  
For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

### SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony.  
Marriage Preparation for the couple is a requirement.

### SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

### ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

**Please consider your Parish Family and/or School in your last will and testament.**

### EUCCHARIST IS CELEBRATED

#### WEEKENDS

Saturday – 5:30 p.m.  
Sunday – 8:30, 11:00 a.m. and 5:00 p.m.

#### WEEKDAYS

According to Mass Schedule inside.

**CTK VISION:** To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

**CTK MISSION:** To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives

**CTK GOAL:** Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

## MASS INTENTIONS

**FOR THE WEEK OF AUGUST 30<sup>th</sup> to SEPTEMBER 5<sup>th</sup>**

Monday, 8/30		No Mass
Tuesday, 8/31	8:30 a.m.	
Wednesday, 9/1 (School Only)	8:30 a.m.	Kaosisochukwu Okobi (L)
Thursday, 9/2	8:30 a.m.	
Friday, 9/3	8:30 a.m.	
Saturday, 9/4	8:30 a.m. 5:30 p.m.	Edward & Dolores Patton (D)
Sunday, 9/5	8:30 a.m. 11:00 a.m. (Livestream) 5:00 p.m.	Intentions of Parishioners Ann & Jerry Dionne (D) Fr. Matthias Lusembo (L)

### Liturgical Ministers for September 4<sup>th</sup> & 5<sup>th</sup>

	5:30 PM	8:30 AM	11:00 AM	5:00 PM
<b>Altar Serv. 1</b>	R. Vicente	S. Okobi	J. Satchivi	L. Sama
<b>Altar Serv. 2</b>		K. Okobi		
<b>Child. Lit. 1</b>	x	x	P. Brink	x
<b>Child. Lit. 2</b>	x	x	B. Stamps	x
<b>Eucharistic</b>	x	x	x	x
<b>Reader 1</b>	J. Ficca	C. Okobi	T. Owuama	
<b>Reader 2</b>		S. Okobi		
<b>Usher 1</b>	C. Rannigan	T. Duncan	P. Daugherty	K. Brink
<b>Usher 2</b>	J. Fellowes	G. Duncan	T. Womack	P. Brink



Please keep our sick & homebound parishioners in your prayers. If you know someone in need, please contact our office.

### Rosary Repair

If anyone has rosary beads that are in need of repair, please contact Roslyn Hill: Phone: (214) 796-7102  
Email: [crimshot125@gmail.com](mailto:crimshot125@gmail.com)

### Livestreaming

Now that all Masses are fully open to the public, only our **11 a.m. Mass on Sundays** and the evening Mass on Holy Days will be livestreamed.

<https://www.facebook.com/ctknorfolkva>

## NEXT SUNDAY'S READINGS

**September 5<sup>th</sup>, 2021**

**Twenty-Third Sunday in Ordinary Time**

Isaiah 35:4-7a

Psalm 146:7-10

James 1:1-5

Mark 7:31-37

**Scriptures are #1159 in the Hymnal.**

### Vocations

"Be strong, do not fear!" With every true vocation comes the strength and courage of the One who calls.

If the Holy Spirit is prompting you to follow Christ as a priest, call Father Brian W. Capuano at (804)359-5661, or write: [bcapuano@richmonddiocese.org](mailto:bcapuano@richmonddiocese.org).

### Mass Intentions:

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10 for a daily Mass & \$20 for a Sunday Mass. Stipend should be paid at the time of request.

### Flowers:

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$75 to \$125 but other options include cut flowers and plants.

### Register with CTK Parish:

Please remember that it is necessary to register with the parish for the pastor to recommend you or a dear one for Sacraments or Scholarships. Otherwise, the Pastor will have no authority to recommend you. Also, the use of your offertory envelopes indicates to the Parish that you may be eligible for reduced tuition at CTK School.



### CTK's *Legion of Mary*

Saturdays at 2:00 PM in the Ashland House

For more details, contact Tess Rozelle  
[theroze0305@aol.com](mailto:theroze0305@aol.com)

New members are always welcome!



## THIS WEEK AT CTK

Cub Scouts	8/30	6:30 PM	Ashland House
Cleaning Team #2	8/31	9:00 AM	Church
Spirit of God Prayer Group	9/2	7:00 PM	Church Commons
Virtual Rosary	9/2	7:00 PM	via phone (757-551-6414)
First Friday Adoration	9/3	9 AM – 6 PM	Church
Vespers	9/3	6 PM	Church
Legion of Mary	9/4	2:00 PM	Ashland House
RCIA Classes	9/5	9:45 – 10:45 AM	Church Welcome Center

Could you not keep watch for one hour?  
Mark 14:37



First Friday Adoration  
9 AM - 6 PM  
Friday, September 3rd



**Congratulations to our Knights of Columbus Families of the Month:**  
January 2021 – The Ficcas  
August 2021 – The Killians

### Our Lady's Birthday Celebration

The Legion of Mary will be sponsoring a special celebration of the Blessed Mother's birthday on **September 12<sup>th</sup>** at 12:30 P.M. in the Church. All are invited to attend this event which will include praying the Rosary.



Children are asked to bring flowers up to Mary before the Rosary begins.

There will be cupcakes in the Commons at the end of the service.

### Thank You from Bishop Knestout

Below are the highlights of the letter Bishop Knestout sent our pastor this past week:

"Dear Fr. Wamala,

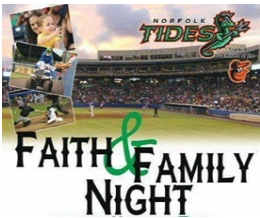
On behalf of everyone in the Diocese of Richmond, I want to extend my deepest thanks and sincere congratulations to you and the parishioners of Christ the King for exceeding your 2021 Annual Diocesan Appeal parish target."

"With profound gratitude to you and your parishioners in helping to build our family of faith through the Annual Diocesan Appeal, I remain

Sincerely in Christ,  
Most Reverend Barry C. Knestout  
Diocese of Richmond"

Goal	\$17,610	
Pledged	\$18,374.28	(104.34%)
Received	\$16,397.93	(93%)

Our portion of these funds will go to Capital Improvements.



Wednesday  
September 29<sup>th</sup>  
@ 7 PM  
Contact Janet Ficca by **September 12<sup>th</sup>** to reserve your seats! Tickets are \$10 each.

### YOUR GIFTS TO GOD AND PARISH

#### September Special Collections:

Budget Deficit & Capital Improvements  
CTK School Roof  
Retired Religious Fund

- Please note that it is not necessary to divide up monthly donations into weekly envelopes.
- **All Online Giving** (including special collections) can be done directly at:

[www.osvhub.com/christthekinorfolk/funds](http://www.osvhub.com/christthekinorfolk/funds)





August 29, 2021 | Twenty-second Sunday in Ordinary Time

Dt 4:1-2, 6-8 | Jas 1:17-18, 21b-22, 27 | Mk 7:1-8, 14-15, 21-23

Written by  
THE  
FAITHFUL  
DISCIPLE

**GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE**

As I began reading the Gospel for today, I initially thought, “Here we go - those hypocritical Pharisees are at it again! They are always questioning Jesus, always judging others, and always looking for ways to make themselves look ‘holier’ than everyone else.” Uh oh; then I realized that I was feeling pretty smug as I judged the Pharisees! Sadly, it can be easy for me to fall into a “Pharisee attitude,” thinking I “walk blamelessly and do justice” when really I am just deluding myself. While Jesus uses this encounter to point out the hypocrisy of the Pharisees, he also calls the crowd to a greater understanding of the source of evil in their lives, “From within people, from their hearts, come evil thoughts.” Maybe I need to hear these words, too, and examine my own thoughts and actions before judging others.

**PRAY** The Daily Examen, created by St. Ignatius of Loyola, is an ideal way for growing closer to Jesus and seeking his guidance. Suggested for the day’s end, this prayerful reflection helps you recognize God’s presence in the day’s events, assess your thoughts and behavior, ask for his help in growing in goodness, and discern his plans for you.

**GO EVANGELIZE**

**PRAYER, INVITATION, WITNESS, ACCOMPANIMENT**

St. James provides an answer to combating the evil we discover in our hearts: “Humbly welcome the word that has been planted in you and is able to save your souls.” The Word, Jesus, came to us and has given us the way to free ourselves from the evil within. Our relationship with him is the key. We know we are to “be doers of the word and not hearers only.” We have the Holy Spirit to help us stay close to him and access his saving power that transforms our hearts to reflect his goodness and truth. It requires us to humbly assess and own the things we need to change; and to turn to him for guidance so that we may have nothing within us — no evil thoughts, greed, malice, envy or arrogance (etc.) — to defile us. Only then are we most free in Christ — truly free to “care for orphans and widows in their affliction and to keep oneself unstained by the world.”

**Extraordinary Ministers of Holy Communion**

If you are interested in becoming or continuing as an EMHC, please contact Deacon Brown at [Michael.brown@christthekingnorfolk.org](mailto:Michael.brown@christthekingnorfolk.org).

The next training will be held in October.



Join us on **Thursdays** at **7 p.m.** in praying the **Rosary** virtually. Stephanie Brown will lead us followed by the Divine Mercy Chaplet led by a member of the Legion of Mary. Please dial 757-551-6414.



Our **Boy Scouts** are looking for new members!



- **Cub Scout Pack 628** (Grades K – 5) meets on Monday nights at 6:30 PM in Ashland House.  
**Contact:** Matthew Little    **Phone:** (757) 695-8048  
**Email:** [matthewjlittle@gmail.com](mailto:matthewjlittle@gmail.com)
- **Boy Scout Troup 628** (Ages 11-17) meets on Monday nights at 7:00 PM in the school.  
**Contact:** Andy Meagher    **Phone:** (757) 613-1268  
**Email:** [bsatroup628@cox.net](mailto:bsatroup628@cox.net)

**DUE THIS WEEKEND!**

*St. Columba Ecumenical Ministries* is a nonprofit organization dedicated to helping those who are homeless and low-income.  
**School Supplies Collection**

Please help us collect school supplies for Ocean Air Elementary again this year. We have reached out to the school to get a list of their most needed items when school starts in September and were told the following will be useful:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Dry erase markers  | <input type="checkbox"/> Ziplock bags (gallon & quart) | <input type="checkbox"/> Scissors       |
| <input type="checkbox"/> Dry erase boards   | <input type="checkbox"/> Wide rule composition books   | <input type="checkbox"/> Glue sticks    |
| <input type="checkbox"/> Crayons            | <input type="checkbox"/> Colored pencils               | <input type="checkbox"/> Pencils        |
| <input type="checkbox"/> Pencil cap erasers | <input type="checkbox"/> Wide rule notebook paper      | <input type="checkbox"/> Writing strips |
| <input type="checkbox"/> Markers            | <input type="checkbox"/> Sharpies                      |   |

We will begin accepting donations throughout the month of August. **The deadline to donate is August 29<sup>th</sup>.** Please bring donations to the church. The collection box is inside the TV cabinet in the Church Commons.

For more information, please contact Alicia at 757-627-6748 or visit their website: [www.stcolumbaministries.com](http://www.stcolumbaministries.com)

## Upcoming Youth Group Activities:

Sept 5<sup>th</sup> – No Youth Group

Sept 12<sup>th</sup> – Youth Mass & Fall Kick-Off

Sept 19<sup>th</sup> – Faith Formation for Grades 6 to 12

Sept 26<sup>th</sup> – Regional YM Event

Our Next Youth Mass is Sunday, September 12<sup>th</sup>!

Readers, servers, ushers & cantors are needed!

Contact Mrs. Ficca to sign-up.

All students in middle and high school (Grades 6-12) are welcome. See our **September Newsletter** for full details.



## Young Adult Fall Retreat 2021

October 22-24, 2021

Ages 18 - 39

For full details and to register, go to:

<https://evangelizerichmond.org/events/young-adult-fall-retreat-2021/>

Ramada Plaza Nags Head Oceanfront  
Kill Devil Hills, NC



## Curious about the Catholic Faith?

RCIA is a program for adults and older children (age 8+) who are thinking about becoming Catholic.

Please join us on Sunday mornings

9:30 a.m. to 10:45 a.m.

Church Welcome Center

Contact Janet Ficca to register @ (757) 622-1120 or  
[faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)

## Catholic Worker Sandwich Ministry



The **Peace and Justice Committee** at CTK would like to begin supporting the **Catholic Worker Sandwich Ministry** once again. It was put on hold during COVID, but for the past few months, the Catholic Worker has been distributing sandwiches once again to the homeless population.

We need additional team members. You will be asked to make 24 sandwiches, individually wrapped. They can be peanut butter with or without jelly or meat with or without cheese. These sandwiches are then delivered to the Catholic Worker Hospitality House 1321 W. 38th St in Norfolk. CTK delivers every 2nd and 4th Thursday of the month. In the past, we had 6 teams made up of 4-5 members each; each team made sandwiches 3 times a year.

If this is something you are interested in or you participated in the past and want to continue, please contact Lisa Radford at 757-816-1463 or  
[lisaradford@cox.net](mailto:lisaradford@cox.net).

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- Minutes to Disney Resorts

Tickets are:  
10 for \$20, 40 for \$35, 70 for \$50, and 125 for \$100

Text "givectk3401" to 855-202-2100  
or  
Check out our website:  
<https://go.rallyup.com/christtheking-raffels/Campaign/Details>



## DIVORCE Care

New 13-week Session begins

Wednesday, Sept 15<sup>th</sup> @ 6:30 PM

via Zoom & In-Person

Leader Training will be held Wed, Sept 1<sup>st</sup> & 8<sup>th</sup>  
Contact Tess Rozelle [theroze0305@aol.com](mailto:theroze0305@aol.com) to sign up



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