

# LENT

*Pray + Fast + Give*

REND YOUR HEARTS, NOT YOUR GARMENTS,  
AND RETURN TO THE LORD, YOUR GOD.

JOEL 2:13



## CHRIST THE KING CATHOLIC CHURCH

1803 Columbia Avenue

Norfolk, VA 23509

(757) 622-1120

FAX (757) 627-8808

Email: [office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org)

Website: [www.christthekingnorfolk.org](http://www.christthekingnorfolk.org)

### PARISH STAFF

#### Pastor

*Rev. Matthias Lusembo*

757-622-1120 (office), 804-497-0876 (cell)

757-627-1723 (rectory)

[frmatthias@christthekingnorfolk.org](mailto:frmatthias@christthekingnorfolk.org)

#### Deacon

*Rev. Mr. Michael Brown*

[michael.brown@christthekingnorfolk.org](mailto:michael.brown@christthekingnorfolk.org)

757-622-1120 – By Appointment

#### Coordinator of Faith Formation & Youth Ministry

*Janet Ficca*

757-622-1120, ext. 15

[faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org)

#### Minister of Music

*B. J. Atkinson*

[music@christthekingnorfolk.org](mailto:music@christthekingnorfolk.org)

#### Office

*Cindy Nettleton, Secretary*

*Ann Hart, Accountant*

757-622-1120

[office@christthekingnorfolk.org](mailto:office@christthekingnorfolk.org)

#### Parish Council Chair

*Sandra Butterfield*

[samiam1964@cox.net](mailto:samiam1964@cox.net)

#### Principal, CTK School and Extended Care

*Mrs. Kim V. Callahan, Ed.S*

757-625-4951

[kcallahan@ctkparish.org](mailto:kcallahan@ctkparish.org)

#### Columbarium Manager

*Linda Francis, 757-625-0548*

### PARISH OFFICE HOURS

Monday-Thursday, 9:00 a.m.-3:00 p.m.

Closed Friday

Closed daily for lunch: 12:00 noon-12:30 p.m.

Bulletin deadline Monday 10:00 a.m.

### PARISH REGISTRATION

Welcome to Christ the King Parish.

We register new parishioners after every Sunday Mass in the Commons.

Registering in the parish is the primary way we have of communicating with you, and is required for Sacramental purposes and for your children's participation in Christian Formation Programs.

Please contact the Parish Office for more information. If you are moving, notify the Parish Office.

### BAPTISM

Baptism of children under the age of 8 takes place at regular weekend Masses throughout the year except during Lent. Please contact our Faith Formation

Office at least three months prior to the desired date. All parents must attend a three-hour class.

### SACRAMENTAL PREPARATION

For Confirmation preparation of teenagers, please contact our Youth Minister.

For Baptism of older children and adults, all First Communion preparation and Confirmation of adults, please contact our director of Faith Formation. Adults who are considering becoming Catholic are invited to participate in our RCIA program.

### SACRAMENT OF MARRIAGE

Please call the office at least six months in advance to set dates, make arrangements for instruction and for planning the ceremony.

Marriage Preparation for the couple is a requirement.

### SACRAMENT OF RECONCILIATION

Scheduled on Saturdays, 3:30-5:00 p.m. in the church or by appointment

### ANOINTING OF THE SICK

This sacrament is administered on request to those who are ill at home, undergoing surgery, are in the hospital, or in a nursing home.

**Please consider your Parish Family and/or School in your last will and testament.**

### EUCHARIST IS CELEBRATED

#### WEEKENDS

Saturday – 5:30 p.m.

Sunday – 8:30, 11:00 a.m. and 5:00 p.m.

#### WEEKDAYS

According to Mass Schedule inside.

**CTK VISION:** To be a vibrant and growing family of God that welcomes and gives an opportunity to everyone to pray and to serve.

**CTK MISSION:** To seek to be disciples of Jesus Christ by faithfully celebrating the Liturgy, witnessing and proclaiming the gospel, nurturing family life and making the teachings of Jesus Christ central to our lives.

**CTK GOAL:** Our goal as a parish community is to bring the saving grace of Jesus Christ into all our environments.

## MASS INTENTIONS

**FOR THE WEEK OF MARCH 15<sup>th</sup> TO 21<sup>st</sup>**

Monday, 3/15	8:30 a.m.	
Tuesday, 3/16	8:30 a.m.	
Wednesday, 3/17 (CTK School Only)	8:30 a.m.	
Thursday, 3/18	8:30 a.m.	
Friday, 3/19		No Mass
Saturday, 3/20	8:30 a.m. 5:30 p.m.	
Sunday, 3/21	8:30 a.m. 11:00 a.m. (Livestream) 5:00 p.m.	Dolores Ficca (D) Ann & Jerry Dionne (D) Intentions of Parishioners

## NEXT SUNDAY'S READINGS

**5<sup>th</sup> Sunday of Lent**

**March 21<sup>st</sup>, 2021**

Ezekiel 37:12-14

Psalm 130:1-8

Romans 8:8-11

John 11:1-45

“For all those being called to the priesthood, diaconate and consecrated life, that they may deepen their faith in Christ who calls them to glorify God in a profoundly personal way through their vocations, we pray to the Lord.”

The **Office of Vocations** hosts discernment gatherings for young men who would like to discern the call to priesthood.

If you would like to attend, please email [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org) or call (804)-359-5661.

### **Informal Discernment gatherings**

are held the 1<sup>st</sup> Saturday of every month. They usually begin with Mass at 10:00 AM followed by a social event and lunch.



Please keep our sick & homebound parishioners in your prayers. If you know someone in need, please contact our office.

### **Register with CTK Parish:**

Please remember that it is necessary to register with the parish for the pastor to recommend you or a dear one for Sacraments or Scholarships. Otherwise, the Pastor will have no authority to recommend you. Also, the use of your offertory envelopes indicates to the Parish that you may be eligible for reduced tuition at CTK School.

### **Mass Intentions:**

Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10 for a daily Mass & \$20 for a Sunday Mass.

### **Flowers:**

If you would like to have flowers placed in the church in memory of a loved one, please contact Cassandra Goodwyn (757) 544-8915. Full arrangements range from \$75 to \$125 but other options include cut flowers and plants.

**The 11 a.m. Sunday Mass and all daily Masses** are live streamed on CTK's Facebook page:

<https://www.facebook.com/ctknorfolkva>



Our **Church Cleaning Teams** save the parish hundreds of dollars every month!

We have 3 teams that clean once a month. If you can spare 2 to 3 hours a month, please call **Germaine Wilson (853-6531)** as soon as possible.



CTK's *Legion of Mary*

meets on

**Saturdays at 1:30 PM**

in the Church Commons

For more details, contact Tess Rozelle [theroze0305@aol.com](mailto:theroze0305@aol.com)

New members are always welcome!



**Adoration during Lent**

Wednesdays

9:15 AM to 7:00 PM

Fridays

8:30 AM to 7:00 PM

Sign-Up Today!



## THIS WEEK AT CTK

Cleaning Team 1	3/15	6:30 AM	Church
First Communion Preparation	3/16	6:30 PM	Church
Virtual Rosary	3/16	7:00 PM	via phone (757-551-6414)
Bible Study - Hebrews	3/16	7:30 PM	Ashland House
Adoration & Vespers	3/17	9:30 AM – 7:00 PM	Church
Divorce Care	3/17	7:00 PM	via Zoom
Spirit of God Prayer Group	3/18	7:00 PM	Church Commons
Virtual Rosary	3/18	7:00 PM	via phone (757-551-6414)
Peace & Justice Committee	3/18	7:00 PM	via Zoom
Lauds, Adoration & Vespers	3/19	8:30 AM – 7:00 PM	Church
Stations of the Cross	3/19	7:00 PM	Church
Children's Church	3/21	10:45 AM	Ashland House



Join us on **Tuesdays & Thursdays** at **7 p.m.** in praying the **Rosary** virtually. Stephanie Brown will lead us. Please dial 757-551-6414. No PIN number required.

Many thanks to all who've supported the Annual Diocesan Appeal. We are about a third of the way to our goal with contributions from only 19 families so far!



<https://richmondcatholicfoundation.org/appeal>



This weekend, we celebrate the 2<sup>nd</sup> of the 3 scrutinies. The readings are taken from Cycle A.



### Q Who are the elect?

**A** The elect are those catechumens who have been called by the Church to celebrate the sacraments of initiation at the Easter Vigil. The elect have already been called by God and so the Church is declaring what God has already accomplished in the candidates' lives. The elect are also known as the *competentes*, or co-petitioners, and *illuminandi*, or those who will be enlightened. Figuratively speaking, they petition the Church to receive the sacraments of initiation, and at their Baptism they will be enlightened with faith.

Timothy A. Johnston. © 2017 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Art by Paula Wiggins.

### YOUR GIFTS TO GOD AND PARISH

Number of families contributing to operating income during the month of March: 61 out of 342

#### March 7, 2021

Weekly Budget Needed	\$	7,122.92
Actual Receipts Received		<u>6,050.91</u>
Weekly Budget Deficit	\$	<u>(1,072.01)</u>

Year-To-Date Budget Needed	\$	256,425.23
YTD Actual Receipts Received		<u>228,427.55</u>
YTD Budget Deficit	\$	<u>(27,997.68)</u>

Online Giving can be done directly at <https://www.osvonlinegiving.com/408>

**Did you know** that your budget offering is our only source of income? This year has been a struggle for all of us and we appreciate your continued support!





March 14, 2021 | Fourth Sunday of Lent

2 Chr 36:14-16, 19-23 | Eph 2:4-10 | Jn 3:14-21

Written by  
THE  
FAITHFUL  
DISCIPLE

**GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE**

We all have mementoes that we treasure - a handmade Mother's Day card, a delicate glass sculpture inherited from a relative, perhaps a fine piece of woodwork or beautifully woven quilt. We treasure them because they remind us of someone we love. Now, think about that we are God's "handiwork, created in Christ Jesus for the good works that God has prepared in advance"! Our God, rich in mercy, rich in love, treasures us so much that he created each of us in his image and gives each of us grace - a pure, free gift. As we look in the mirror, we may be tempted to see only our imperfections. But Paul reminds us that if we look at ourselves the way God does and accept the gift of his love and grace, and cooperate with it working in us, we can live in Christ in the here and now, by extending love and mercy to others, and in eternity, in God's loving embrace.

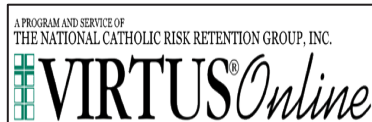
**GO EVANGELIZE**

**PRAYER, INVITATION, WITNESS, ACCOMPANIMENT**

Reading the news and social media, the phrase in today's Gospel that "people preferred darkness to light" seems as true now as it was in John's time. Sinfulness and evil still cause great harm in our societies. The good news is that it is also as true for us as it was then that God sent his only Son, "not ... to condemn the world, but that the world might be saved through him." Clearly, the world is a work in progress. We are a work in progress. Yet today's readings remind us that we can choose light over darkness by accepting the gift of faith and grace that our patient and merciful God bestows on us. It doesn't mean that we should turn off the news or hide from the world, but instead do our part to bring light to the situations we encounter. We know the kingdom of God won't be built in a day, or even a millennium, but we take a step toward building the Kingdom when we allow God's light to enter our hearts and then share that light with others through our witness, words, and prayer.

**GIVE** Choose light! Respond to a troubling event in your community or state by seeking a concrete way to help - donate to a local Catholic Charities or relief organization, or contact your parish about possibly organizing a donation effort.

Training is currently  
being held online!



As we prepare to resume in-person meetings, please remember that **ALL** adults who work with our children (including volunteers) must be VIRTUS certified. Contact Janet Ficca to register for the class.



**Spirit of God Prayer Group**

Thursdays @ 7 p.m. in the Church Commons  
All are welcome!

*St. Columba Ecumenical Ministries*

is a nonprofit organization dedicated to helping those who are homeless and low-income.

**Current Needs:**

Pine Sol, Travel Size Soap, Dental Floss, Bathroom Cleaner, Travel Size Hygiene Products, Disinfecting Cleaners / Sprays, Nonperishable Food Items, Winter Hats and Gloves

Please bring donations to the church. The collection box is inside the TV cabinet in the Church Commons.

For more information, please contact Alicia at 757-627-6748 or visit their website:  
[www.stcolumbaministries.com](http://www.stcolumbaministries.com)

**Ushers are Needed at All Daily & Weekend Masses!**

Our Ushers serve two very important functions at Mass - **hospitality & safety:**

- They are the first ones to greet you as you enter & to wish you a blessed day as you leave.
- They help direct traffic throughout the liturgy.
- They ensure that all safety precautions are taken before, during and after Mass.

If you would like to become a part of this very important ministry, please contact Ken Brink (757) 285-3178.

## Family Faith Formation for Grades 1 to 6

In-Person Classes - Sundays @ 9:30 a.m.

March 28<sup>th</sup> - Unit 4

April 25<sup>th</sup> - Unit 5

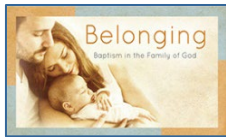
May 23<sup>rd</sup> - Year End Celebration

### NO MORE ZOOM MEETINGS!

If you can't meet face to face, contact Mrs. Ficca and your child's catechist will work with you and your child one on one. Here is the link to the

Loyola Press Family Resources:

<https://www.loyolapress.com/faith-formation/finding-god/finding-god-2013/parents-and-students/>



## Baptismal Preparation for Infants & Children up to age 7

Classes are being held online. Please contact Mrs. Ficca at least **3 weeks** before the desired date.



## Grades 6 to 12 Youth Group is Back! Sundays @ 6:15 p.m.

All middle & high school students are invited to participate in **Youth Group** on the **2<sup>nd</sup> Sunday** of the month.

**March 14<sup>th</sup> - Mini Retreat**

**April 11<sup>th</sup> - Divine Mercy Sunday**

**June 21-25 - Diocesan Work Camp**

**July 19-23 - CTK VBS**

## Employment Opportunity

Catholic High School has immediate openings for a **part time instructional aide** and a **full time athletic facilities groundskeeper**.

**CHS CATHOLIC  
HIGH SCHOOL**

4552 Princess Anne Road  
Virginia Beach, VA 23462  
757-467-2881  
[www.chsvb.org](http://www.chsvb.org)



## Preparation for First Communion

In Church - Parents & Children

**Tues, March 16<sup>th</sup> & April 20<sup>th</sup> @ 6:30 PM**

### Before the March meeting:

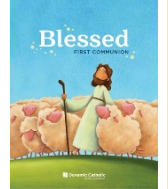
Parents - Watch **Presence** Episodes 1 & 2

Children - Do **Blessed** Sessions 1 & 2

**Presence** is on <https://formed.org>

**Blessed** videos can be found at

<https://www.dynamiccatholic.com/blessed.html>



**THE GREAT ADVENTURE**

# Hebrews

*The New and Eternal Covenant*

**Tuesdays @ 7:30 PM in Ashland House**

ANDREW SWAFFORD and JEFF CAVINS



As our regular programs start to return, Mrs. Ficca is no longer able to livestream all of the daily Masses. We are looking for at least one additional volunteer to be a part of our team. We especially need help on Saturday mornings and to serve as a backup. Training will be provided but a good understanding of the movements of the Mass is needed. If interested, contact Janet Ficca at [faith@christthekingnorfolk.org](mailto:faith@christthekingnorfolk.org).

Save the date!

VBS is coming to CTK: July 19<sup>th</sup> - 23<sup>rd</sup>





**Montagna's SHOES**  
 Comfort and Fashion Shoes for Men and Women  
**LUCIAN F. MONTAGNA, JR., C. Ped, O.S.T.**  
 Board Certified Pedorthist, Parishioner  
 752 Independence Boulevard • 490-2034  
 Pembroke Meadows Shopping Center (Across from Red Lobster)

**SUNSET GRILL**  
 Celebrating Life Daily  
 Fresh Seafood • Live Music • Microbrews  
 4027 Bowdens Ferry Rd, Norfolk VA  
**757-937-8158**

**THE DECKER LAW FIRM**  
 Decker, Cardon, Thomas, Weintraub, & Neskis, P.C.  
 109 East Main Street, Suite 200, Norfolk • 622-3317 • petedecker.com

**RE/MAX ALLIANCE**  
**ERIC J. HOVIK, Realtor® #CallEric**  
 4701 Columbus Street, Suite 200 Virginia Beach, VA 23462  
 757.277.8487  
 Eric@EricHovik.com

TO PLACE AN AD, CALL  
**DEE PRINTING AT**  
**1-800-292-9020.**

**Howard Hanna**  
**MICK SHAW**  
 Voted Norfolk's Best REALTOR® past 12 years  
 286-0800  
 1208 E. Little Creek Rd., Norfolk, VA  
 MickShaw@howardhanna.com • MickShaw.com

**MARIAN MANOR**  
 757-456-5018  
 marian-manor.com  
 5345 Marian Lane Virginia Beach, VA 23462  
 Sponsored by the Catholic Diocese of Richmond.

**CHAMPS**  
 SMALL ENGINE REPAIR  
 John W. Bonney  
 3008 Cromwell Rd, Norfolk, VA 23509  
**757-761-6660**

Honoring traditions, strengthening faith.  
**Rosewood - Kellum Funeral Home & Memorial Park**  
 601 N. Witchduck Road | Virginia Beach | 757-671-1717  
 www.kellumfuneralhome.com  
**Smith & Williams Funeral Home - Kempsville Chapel**  
 4889 Princess Anne Road | Virginia Beach | 757-490-1097  
 www.smithandwilliamskempsville.com  
**Woodlawn Funeral Home & Memorial Gardens**  
 6329 E. Virginia Beach Blvd. | Norfolk | 757-455-2838  
 www.woodlawnnorfolk.com  
**Princess Anne Memorial Park**  
 1110 N. Great Neck Road | Virginia Beach | 757-481-1097  
 www.princessannememorialpark.com  
**Dignity**  
 LIFE WELL CELEBRATED®

**COLONIALWEBB**  
 COMFORT USA COMPANY  
 • Service  
 • Construction  
 • Refrigeration Manufacturing/Fabrication  
 • Green Energy Solutions  
 Our values – Integrity, Commitment, Respect, Quality, Safety, Speed and Hard Work – reflect everything we do.  
 3719 E. Virginia Beach Blvd., Norfolk, VA  
 Main 757-855-3006 • Service 800-899-3006 • Fax 757-857-4952  
 www.colonialwebb.com

**Catholic Funeral & Cemetery Services**  
 Deacon Ed Handel  
 Director of Cemeteries  
 3686 Ironbound Road, Williamsburg, VA 23185  
 ehandel@cfcsmission.org  
**cfcs**  
 Living Our Mission (757) 255-5699

DISCOVER THE CATHOLIC DIFFERENCE  
 Rely on the Knights of Columbus to protect your family's future.  
**Raymond Selg Field Agent**  
 757-717-4348  
 2500 Alameda Ave., Suite 111 Norfolk, VA 23513 • selgofficemail@kofc.org  
 LIFE INSURANCE • DISABILITY INCOME INSURANCE • LONG-TERM CARE INSURANCE • RETIREMENT ANNUITIES

**Marian Shortt Schutts REALTOR®**  
 • Member HRRA Circle of Excellence  
 • Certified Military and Relocation Specialist  
 500 W 21st Street, Suite 250, Norfolk, VA 23517  
 757.679.2471 • Realtybiz123@cox.net

**NORTH SHORE PEDIATRICS**  
 Joseph Toland, M.D.  
 Maria Torrabá, M.D.  
 Melissa Estrada, F.N.P.C.  
 Oneica Barker, C.P.N.P.  
 924 W. Little Creek Road, Norfolk  
 northshorepediatricsva.com

**PROVINCE PLACE OF DEPAUL**  
 A Bon Secours Assisted Living  
 6403 Granby Street Norfolk, VA 23505  
**757-451-2400**  
 Sponsored by the Sisters of Bon Secours. Affiliated with Bon Secours Health Systems, Inc. Developed and managed by Life Care Services LLC.

**A-OK Mini Storage**  
**757-461-6090**  
 1132 Harmony Road  
 Affordable Self Storage

**GERLOFF**  
 Since 1904  
**CHARLES W. GERLOFF CO., INC.**  
 WELDING CONTRACTORS  
**JOSEPH "JOE" GERLOFF**  
**757-853-5232**  
 2622 Cromwell Road, Norfolk

**ALMEYER FUNERAL HOMES**  
 Your Funeral Home for Quality and Savings  
 James E. Altmeyer, Sr., James E. Altmeyer, Jr. – Owners & Directors  
 5033 Rouse Dri ve, Virginia Beach, VA 23462 • 422-4000  
 Chesapeake • Norfolk • Portsmouth • VA Beach

**CHS**  
 CATHOLIC HIGH SCHOOL  
 (757) 467-2881  
 WWW.CHSVB.ORG

**W.T. ANDERSON CORPORATION**  
 CLASS A CONTRACTOR  
**757-816-9203**  
 Specializing in roofing, siding & gutters!  
 wtandersoncorp.com  
 Parishioners

**H.D. OLIVER FUNERAL APARTMENTS**  
 CHESAPEAKE CHAPEL 548-2200  
 LASKIN ROAD CHAPEL 428-7880  
 NORFOLK CHAPEL 622-7353  
 Serving the Catholics of Tidewater since 1865  
 Martin V. Oliver, Owner

**Drs. Shivar & Peluso**  
 Orthodontics for Children & Adults  
 302 E. Little Creek Rd., Ste 300, Norfolk  
 Office: 757-583-2333 Fax: 757-420-4010  
**EasternVirginiaOrthodontics.com**

**Cookie's Cakes & More**  
 725 E. Little Creek Rd, Unit 509, Norfolk, VA  
**(757) 321-8432 • CookiescakesVA.com**  
 Order Pick up – Order Delivery

**WEDGEWOOD GARDEN CENTER**  
 7610 Sewells Point Road, Norfolk, VA  
 Landscape, Nurseries & Gardening  
**(757) 587-4481**

**yNot**  
 Pizza & Italian Cuisine  
 1517 Colley Ave., Norfolk

**WORLD'S GREATEST HAMBURGERS**  
 7750 Tidewater Dr., Suite 301, Norfolk, VA  
**757-227-5334**  
**\$5.00 OFF OF A \$25.00 PURCHASE**

**MI HOGAR MEXICAN RESTAURANT**  
**15% OFF ENTIRE LUNCH OR DINNER WITH THIS COUPON**  
 4201 Granby Street, Norfolk  
**757-640-7705**

**Naa's Baker**  
 Norfolk, VA  
**757-623-3858**  
 Cakes, Pies, Rolls, Cookies