

I AM

THE LIVING BREAD
THAT CAME
DOWN FROM

heaven

WHOEVER
EATS THIS BREAD
WILL LIVE

FOREVER

JOHN 6:51



THE MOST HOLY BODY AND
BLOOD OF CHRIST
JUNE 14, 2020

Weekly Scripture

Sunday, June 14

*Solemnity of the
Body and Blood of Christ*

Dt 8:2-3, 14B-16A

Psalm 147:12-13, 14-15, 19-20

1 Cor 10:16-17

Jn 6:51-58

Monday, June 15

Weekday

(Eleventh Week in Ordinary Time)

1 Kgs 21:1-16

Ps 5:2-3AB, 4B-6A, 6B-7

Mt 5:38-42

Tuesday, June 16

Weekday

1 Kgs 21:17-29

Ps 51:3-4, 5-6ab, 11 and 16

Mt 5:43-48

Wednesday, June 17

Weekday

2 Kgs 2:1, 6-14

Ps 31: 20, 21, 24

Mt 6:1-6, 16-18

Thursday, June 18

Weekday

Sir 48:1-14

Ps 97:1-2, 3-4, 5-6, 7

Mt 6:7-15

Friday, June 19

*Solemnity of the Most Sacred Heart
of Jesus*

Dt 7:6-11

Ps 103:1-2, 3-4, 6-7, 8, 10

1 Jn 4:7-16

Mt 11:25-30

Saturday, June 20

*Memorial of the Immaculate Heart
of the Blessed Virgin Mary*

2 Chr 24:17-25

Ps 89: 4-5, 29-30, 31-32, 33-34

Lk 2:41-51

Access *The New American Bible, Revised Edition*
(NABRE) online at
<http://cms.usccb.org/bible/index.cfm>

RECOGNIZE IN
THIS BREAD WHAT
HUNG ON THE CROSS,
AND IN THIS CHALICE
WHAT FLOWED
FROM HIS SIDE...

WHATEVER WAS IN
MANY AND VARIED
WAYS ANNOUNCED
BEFOREHAND IN
THE SACRIFICES OF
THE OLD TESTAMENT
PERTAINS TO THIS
ONE SACRIFICE WHICH
IS REVEALED IN
THE NEW TESTAMENT.

SAINT AUGUSTINE



The Eucharist is Our Living Memorial

Reflection by Pope John Paul II (2002)

Today is a solemn feast, a feast on which we relive the first Sacred Supper. With a public and solemn act, we glorify and adore the Bread and the Wine become the true Body and true Blood of the Redeemer. "Signs not things are all we see," the Sequence stresses, but "here beneath these signs lie hidden priceless things."

Today we are celebrating a solemn feast that expresses the awesome wonder of the People of God: a wonder filled with gratitude for the gift of the Eucharist. In the Sacrament of the Altar, Jesus wanted to perpetuate his living presence in our midst in the same form in which he gave himself to the Apostles in the Upper Room. He left to us what he did at the Last Supper and we faithfully renew his action.

Days, years and centuries go by, but this most holy act in which Jesus condensed his entire Gospel of love does not pass away. He never ceases to offer himself, the Lamb immolated and risen, for the salvation of the world. With this memorial the Church responds to the command of God's Word, which we heard in the First Reading: "Remember ... Do not forget" (Dt 8,2.14).

The Eucharist is our living Memorial. In the Eucharist, as the Council recalls, "is contained the whole spiritual good of the Church, namely Christ himself our Pasch and the living bread which gives life to men through his flesh - that flesh which is given life and gives life through the Holy Spirit. Thus men are invited and led to offer themselves, their works and all creation with Christ ..." (*Presbyterorum ordinis*, n. 5).

From the Eucharist, "the source and the summit of all preaching of the Gospel" (ibid.), even our Church of Rome must daily draw the strength and enthusiasm for her missionary action and for every form of Christian witness in the world.

Homily of John Paul II, 20 May 2002, http://www.vatican.va/content/francesco/en/angelus/2017/documents/papa-francesco_angelus_20170611.htm

MASS INTENTIONS

FOR THE WEEK OF JUNE 15 TO JUNE 21, 2020

Monday, 6/15	8:30 a.m.	
Tuesday, 6/16	8:30 a.m.	Matthew Mytych (L)
Wednesday, 6/17	8:30 a.m.	
Thursday, 6/18	8:30 a.m.	Zander Liotto (D)
Friday, 6/19		No Mass
Saturday, 6/20	8:30 a.m. 5:30 p.m.	
Sunday, 6/21 Father's Day	8:30 a.m. 11:00 a.m. (Livestream) 5:00 p.m.	Bob Monheim (L) William M. Sheehan (D) Intentions of Parishioners

NEXT SUNDAY'S READINGS

12th Sunday of Ordinary Time

June 21, 2020

Jeremiah 20:10-13

Psalms 69: 8-10, 17, 33-35

Romans 5: 12-15

Matthew 10: 26-33

"That Catholic fathers will foster vocation awareness among their children, knowing that they will be helping to reveal the Heavenly Father's love by their prayer, guidance and example, we pray to the Lord."

Are you being called to the priesthood or religious life?

Call Father Brian Capuano @ 804-359-5661
or e-mail: vocations@richmonddiocese.org

Register with CTK Parish: Please remember that it is necessary to register with the parish for the pastor to recommend you or a dear one for Sacraments or Scholarships. Otherwise, the Pastor will have no authority to recommend you. Also, the use of your offertory envelopes indicates to the Parish that you may be eligible for reduced tuition at CTK School.

Mass Intentions: Please contact the office if you wish to have a Mass said for yourself, a loved one or a special intention. The suggested stipend is \$10 for a daily Mass & \$20 for a Sunday Mass.

Please keep our sick & homebound
in your prayers.

If you know someone in need,
please contact our office.

Our Youth Group has gone digital!



Join us on **Zoom** on **Sunday** evenings
at **7 p.m.**

Meeting ID: 588-114-768

Password: CTKYouth



**Catholic High School is
accepting applications for
the 2020-21 school year!**

Through this crisis, we continue to teach new content in a Christ-filled, supportive community. Our faculty connects with students daily and faith is nurtured through our active CRU ministry. Find out more at chsvb.org, admissions@chsvb.org or 757-467-2881.

Our Knights of Columbus Council 367
are offering free shopping and delivery of food items for those over 65 who are unable to shop.
There is a \$100.00 maximum, with a limit of 20 food items. All food delivered must be paid for in full, with cash or check, at time of delivery.
Contact the Church Office for more information.

For the latest updates from the **Diocese of Richmond**, go to:

<https://richmonddiocese.org/coronavirus>

For the latest updates for **Christ the King Parish**, go to:

<https://www.facebook.com/ctknorfolkva>

The church office is open on Mondays & Tuesdays and Fr. Matthias or Mrs. Ficca is answering the office phone on Wednesdays & Thursdays from 9 a.m. to 3 p.m.:

757-622-1120

Father is available for emergencies and time-sensitive needs: 757-627-1723



Join us on **Tuesdays & Thursdays**
at **7 p.m.** in praying the **Rosary**.
Stephanie Brown will lead us.
Please dial
757-551-6414.
No PIN number required.

Our Legion of Mary also recites the Rosary
every **Saturday at 9:45 a.m.**
To join them, call (425) 436-6303.
The access code is: 499928#

SACRAMENTS

- **Reconciliation** is available on Saturday afternoons from 3:30 to 5 p.m. and by appointment.
- **Baptisms** can now take place during Sunday Mass or privately outside of Mass. However, all social distance guidelines must be followed. Please contact Mrs. Ficca for more information.
- **1st Communions** can now be scheduled. Please contact Mrs. Ficca if your child has finished with his / her preparation for 1st Communion. Rehearsals will be conducted individually or in small groups the week prior to each 1st Communion.
- **Funerals and Weddings** can now have more than 10 people present. Please contact Fr. Matthias for more information.
- **Confirmation** updates coming soon!

The **11 a.m. Sunday Mass** and **all daily Masses** are live streamed on CTK's Facebook page:
<https://www.facebook.com/ctknorfolkva>
Sunday's Mass is also viewable on our website.

Altar Server Coordinator Needed

While we don't need altar servers yet, we are in need of a new coordinator. Mrs. Kay Killian will continue to train new servers but she is no longer able to coordinate scheduling the servers. If you are interested in taking on this tremendously important ministry, please contact the Parish Office or Fr. Matthias.

Our VBS will be held virtually this year!

August 3rd – 16th

Your children will be able to participate from the comfort of your home on your schedule!

Rocky Railway VBS-At-Home

Register today @ vbspro.events/p/326148

Adult & Youth Parish Census We want to hear from you!

- Many thanks for the over 120 responses we've received so far. With over **700 active, registered adults** in our parish, we still have a long way to go! **All individual members 18+** are asked to complete the survey including college students and young adults who are living with their parents. You may complete the survey online at:
<https://www.surveymonkey.com/r/QL85L2P>
- Our **Youth Survey** is ready now! All **youth ages 8 to 18** are asked to complete this one:
<https://www.surveymonkey.com/r/GFY69X8>
Parents, please help your younger children answer the questions. Thank You!

If you need a paper copy mailed to you, please contact Mrs. Ficca or the Parish Office.

YOUR GIFTS TO GOD AND PARISH

Number of families contributing to operating income during the month of June: **63** out of 363
June 7, 2020

Weekly Budget Needed	\$ 7,019.00
Actual Receipts Received	<u>9,006.76</u>
Weekly Budget Overage	<u>\$ 1,987.76</u>
Year-To-Date Budget Needed	\$ 343,931.00
YTD Actual Receipts Received	<u>336,617.82</u>
YTD Budget Deficit	<u>\$ (7,313.18)</u>

Many thanks to those who have been so generous through weekly donations and one-time gifts!

Online Giving can be done directly at <https://www.osvonlinegiving.com/408>

Sequence | *Lauda Sion*

*Laud, O Zion, your salvation,
Laud with hymns of exultation,
Christ, your king and shepherd true:*

*Bring him all the praise you know,
He is more than you bestow.
Never can you reach his due.*

*Special theme for glad thanksgiving
Is the quick'ning and the living
Bread today before you set:*

*From his hands of old partaken,
As we know, by faith unshaken,
Where the Twelve at supper met.*

*Full and clear ring out your chanting,
Joy nor sweetest grace be wanting,
From your heart let praises burst:*

*For today the feast is holden,
When the institution olden
Of that supper was rehearsed.*

*Here the new law's new oblation,
By the new king's revelation,
Ends the form of ancient rite:*

*Now the new the old effaces,
Truth away the shadow chases,
Light dispels the gloom of night.*

*What he did at supper seated,
Christ ordained to be repeated,
His memorial ne'er to cease:*

*And his rule for guidance taking,
Bread and wine we hallow, making
Thus our sacrifice of peace.*

*This the truth each Christian learns,
Bread into his flesh he turns,
To his precious blood the wine:*

*Sight has fail'd, nor thought conceives,
But a dauntless faith believes,
Resting on a pow'r divine.*

*Here beneath these signs are hidden
Priceless things to sense forbidden;
Signs, not things are all we see:*

*Blood is poured and flesh is broken,
Yet in either wondrous token
Christ entire we know to be.*

*Whoso of this food partakes,
Does not rend the Lord nor breaks;
Christ is whole to all that taste:*

*Thousands are, as one, receivers,
One, as thousands of believers,
Eats of him who cannot waste.*

*Bad and good the feast are sharing,
Of what divers dooms preparing,
Endless death, or endless life.*

*Life to these, to those damnation,
See how like participation
Is with unlike issues rife.*

*When the sacrament is broken,
Doubt not, but believe 'tis spoken,
That each sever'd outward token
doth the very whole contain.*

*Nought the precious gift divides,
Breaking but the sign betides
Jesus still the same abides,
still unbroken does remain.*

*Lo! the angel's food is given
To the pilgrim who has striven;
see the children's bread from heaven,
which on dogs may not be spent.*

*Truth the ancient types fulfilling,
Isaac bound, a victim willing,
Paschal lamb, its lifeblood spilling,
manna to the fathers sent.*

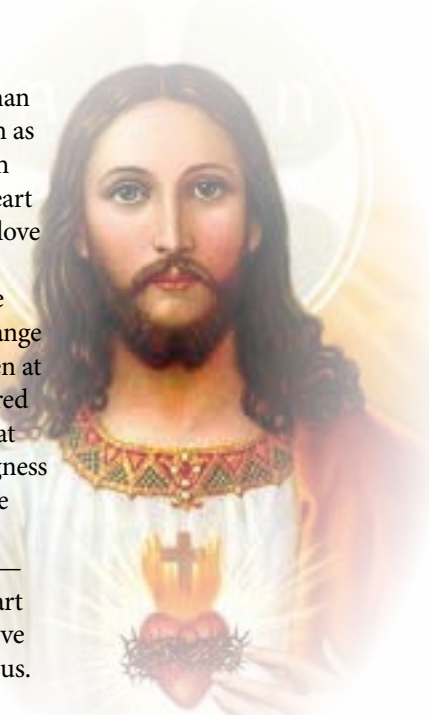
*Very bread, good shepherd, tend us,
Jesu, of your love befriend us,
You refresh us, you defend us,
Your eternal goodness send us
In the land of life to see.*

*You who all things can and know,
Who on earth such food bestow,
Grant us with your saints, though lowest,
Where the heav'nly feast you show,
Fellow heirs and guests to be.
Amen. Alleluia.*

Solemnity of the Body and Blood of Christ, Lectionary: 167, USCCB, <http://www.usccb.org/bible/readings/061420.cfm> (Accessed 04 Jun 2020)

Devotion to the Sacred Heart: *Why the Heart?*

The human heart has long been a symbol of love. At one time, it was viewed as the source of all human activity—intellectual and emotional. It has also metaphorically symbolized the center of things, such as the heart of a relationship or the heart of a city. It could also represent the character of a person, such as describing someone as having a good heart. The examples could go on. Speaking then of Jesus' heart carries many varied meanings—all pointing to his very human condition through which his divine love flows. Pope Pius XII, in his 1956 encyclical on devotion to the Sacred Heart, *Haurietis Aquas*, spoke of the love of God being expressed by Jesus through a frail and fragile body since “in Him dwells the fullness of the Godhead bodily.” The pope also spoke of the body of Jesus possessing the complete range of human feelings and powers, and a heart that beat until his death on the cross; a heart that was then at one with his glorified body risen from the tomb which is still full of love for us. Devotion to the Sacred Heart is devotion to Jesus and his love. It is a sign or a symbol of both the divine and human love that Jesus has for his Father and for us. It also symbolizes the interior life of Jesus which led to his willingness to lay down his life for us. It is a symbol based on our belief in the Incarnation—a firm belief that the second person of the Blessed Trinity became human with all the feelings, emotions, and desires we usually associate with the human heart. It is that human heart—directly united to the divine person—which expresses God's love in a human way perfectly and purely since Jesus is free from sin. The heart is an apt symbol, but there is something more than a symbol at work here. There is the very real love of Jesus for the world, a love that wells up from both the divine as well as the human natures of Jesus. Devotion to the Sacred Heart is grounded not just in symbol, but in real love.



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